

GYE - Guard Your Eyes

Generated: 4 April, 2025, 13:42

Lonely but trying (trying but lonely)

Posted by odyossefchai - 09 Sep 2024 21:55

Ok here goes.

I'm starting a new 90 day journey.

I don't know why 90 days. Maybe because I saw that other people started a 90 day trial and it worked so let's give it a shot.

I'll give my story over the next posts as I'm new here and not all together comfortable sharing my life story.

I'm already up to day 8 so I have a little wind in my sails.

IYH we'll add in the days, one by one.

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Re: Lonely but trying (trying but lonely)

Posted by odyossefchai - 04 Dec 2024 16:31

[wantingbetter wrote on 04 Dec 2024 03:33:](#)

[odyossefchai wrote on 03 Dec 2024 14:49:](#)

[redfaced wrote on 03 Dec 2024 14:30:](#)

[odyossefchai wrote on 03 Dec 2024 13:53:](#)

[redfaced wrote on 03 Dec 2024 13:31:](#)

[odyossefchai wrote on 03 Dec 2024 11:11:](#)

Today's flex.

Met the holy one and only Reb Akiva.

For those wondering, his username matches him very accurately.

Shvache flex . Lets see you meet me....

I'll pay your tolls if you come meet me. Unless you are coming from California! Or Burma

it'll cost you a bit more than that. I insist on the same breakfast that eerie got me

Ok we are finally on some topics that I love discussing.

So for the best breakfast special in the world, it's Eli's Bagels in Monsey. That includes a side of delicious greasy potatoes.

For the best bagels in the entire universe, it's Ami's hot bagels in Waterbury. Toasted salt bagels with butter. Ask for extra butter.

2 bagels with a coffee.

Mamish olam habah.

I agree on the best breakfast special....! Absolutely amazing!

Di bist ah Monsey yid?

Finally someone that isn't from Lakewood or Burma!

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 05 Dec 2024 11:17

[redfaced wrote on 03 Dec 2024 13:31:](#)

[odyossefchai wrote on 03 Dec 2024 11:11:](#)

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Shvache flex . Lets see you meet me....

Yesterday I met HHM. Is that a enough of a flex for you?

And I got the sledgehammer. And an actual slap.

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Re: Lonely but trying (trying but lonely)
Posted by redfaced - 05 Dec 2024 14:18

[odyossefchai wrote on 05 Dec 2024 11:17:](#)

[redfaced wrote on 03 Dec 2024 13:31:](#)

[odyossefchai wrote on 03 Dec 2024 11:11:](#)

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A slap ??! LOL!!!

Come back with a HUG

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 09 Dec 2024 11:17

Good morning rabbosai.

Today is 100. So is it possible? Yes.

Was it when I started? A BIG FAT NO!

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 19 Dec 2024 13:59

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 19 Dec 2024 14:16

Today we are at 111 days. That's some sick progress as the kids would say.

Haven't posted much on my own story because life has settled into somewhat of a more normal routine. Still trying to figure out the new way of doing things without lusting after them. It's a new process and will take years of work. (As master Red-faced told me, it took 20+ years of filth to get to where I was a few months ago, so it will take a while to learn the new way, Rome wasn't built in a day yada yada)

Marriage is way healthier than it was. Even though it's far from perfect. It's a thousand times better than it used to be. Intimacy has plateaued recently. It's something we have to work on. We both know we want it but we still have to learn to communicate our love to each other other. In the right way.

BH still 111 days free of P&M which was something I did not possibly contemplate as even remotely possible so BH I'm way ahead of what I was several months ago. We will be having a long niddah period coming up IYH soon so I'm happy I've learned the 'not needing sex' skills and that will help me

Warning: Spoiler!

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Thank you to all my GYE friends who are always there for me (sounds like an Oscar speech)

on those 6-8 weeks (hopefully not longer

Everyone have a great day.

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Posted by odyossefchai - 19 Dec 2024 14:18

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Re: Lonely but trying (trying but lonely)
Posted by redfaced - 19 Dec 2024 14:50

Oscar speech? Dont'cha mean Order Of Merlin (first class)? You most certainly are one of the nominees for the O.O.M. when the full Wizengamot convenes next.

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 19 Dec 2024 17:31

I have no clue what you mean. I'll just assume that most things you say, are a Harry Potter reference.

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 19 Dec 2024 17:32

Happens to be, of all the garbage that I ingested over the last 25 years, Harry Potter is probably the only one that I missed.

For whatever reason, it never spoke to me (maybe if he was a real magician, he could actually talk to me)

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Re: Lonely but trying (trying but lonely)
Posted by redfaced - 19 Dec 2024 17:39

[odyossefchai wrote on 19 Dec 2024 17:32:](#)

Happens to be, of all the garbage that I ingested over the last 25 years, Harry Potter is probably the only one that I missed.

For whatever reason, it never spoke to me (maybe if he was a real magician, he could actually talk to me)

Its the cleanest bit of garbage I have ingested

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 29 Dec 2024 12:57

Good morning tzadikim and beloved friends on this holy website GYE.

I am now over 120 days since I got cleaned up and ~~decided to change my life~~ got the help I needed to clean up.

No, I am not some holy tzadik who figured out that I will end up in hell if I don't clean up.

I hit rock bottom and the only way was UP.

I got into this website and met some of the most warm, kind, understanding and loving people who gave me their time, energy, love, care and a shoulder to sigh on (I would say shoulder to cry on but I was long past the stage of crying)

My advice to the newer people who are struggling, reach out to these amazing people. They faced an insurmountable challenge. Yes, the same one you are feeling. The yish, the total despair, the feeling that Hashem hates them and they are filthy corrupt humans, and they turned themselves around. They went through all the emotions you are going through, and they decided enough was enough, it's time to clean up.

Are they so different from you? Only in the fact that they went and reached out to people who were clean, people who went through what they went through, and learned how to clean up.

So why haven't you done that yet!!!

Get on the phone. Call HHM, call others and learn how you, yes YOU can truly clean yourself up completely and become the great person that you can be without being held back by this horrible monster hanging over your head 24/7.

Wishing you all Hatzlacha in your journey to true freedom.

And wishing all my dear chavirim ah warm (if you aren't in Australia) and geshmake Chanukah.

With true love

Od Yossef Chai

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Re: Lonely but trying (trying but lonely)
Posted by livingagain - 29 Dec 2024 15:04

[odyossefchai wrote on 29 Dec 2024 12:57:](#)

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With true love

Od Yossef Chai

Happy to read you have been helped. Would be helpful to read what worked for you

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 02 Jan 2025 22:58

I heard this vort today and I loved it so I'm sharing it with you (agav the Rambam writes that just like if someone goes to a new sushi store and loves it, he will tell his friends about it, so too with

Ahavas Hashem, if someone loves Hashem, he'll want to share it with others)

(I can't say where I heard it because that may give away my identity, so I can't be Omer Davar Besheim Omro)

Ok here goes.

In today's daf we have a Machlokes between Reish Lakish and Rebbe Yochanan.

According to Reb Yochanan, if a wild animal that has not killed someone is pralling around, one may kill it because he holds that a wild animal cannot be tamed. Reish Lakish on the other hand holds that a wild beast can be tamed and therefore should not be killed unless it poses a danger.

So here's the GADLUS.

We know that Reish Lakish was a wild beast.

A highway robber. And yet, through the power of Torah, he was able to teach himself how to be a gadol, to be in charge over himself. To take hold of the beast and train it to be a holy tzadik. It's mamish Reish Lakish Lesheetaso!!!!

We CAN change!

We absolutely CAN!!!!

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