

Just Starting

Posted by humanbeing - 04 Jan 2010 17:34

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Hello fellow brothers,

I can't begin to describe my feelings of love and gratitude to all you kind Yidden. Kal Yisrael Araivim etc. and now I can truly see I'm not alone...

A little about me - I'm 32 years old with 4 B"H beautiful children and a very wise wife whom I truly love and cherish.

I have been struggling with remaining clean since I'm 15/16 years old...I fall once or twice a week since then.

When I got married (8 years ago) I was able to control myself for quite some time. However, the pressures of Parnossoh and the pitfalls of the high speed internet. R"L... Due to technical difficulties (I marked 1/1/2009 instead of 1/1/2010 as my first day) mistakenly my wall of honor post shows a previous streak of 364. I am now clean for 4 days since the Goyishe New Year and I hope to make that 364 days clean (and beyond) a reality.

I hope to find a sponsor or at very least a partner to whom I can entrust my internet filter/Accountability software. I will need that person to spend time in the beginning to tweak the settings since I have to use the internet extensively as part of my job. Unfortunately, I spend many hours alone in my office...I pray that this accountability and sense of community will help me attain a daily victory over my Yetzer Horah and desires for many years.

I also hope to find a Phone Group that would work with my schedule...I'm in the West Coast

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Re: Just Starting

Posted by jewinpain - 02 Nov 2010 11:39

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Hey HB, u have very clear both routes I see & u choose the better one, that's a wise decision

but hard, but the other one is way to bad, so we have no other choice, u r doing fine just keep up ur DC call ur posts are much better nowadays, I remember u from elementary in group # 7, b"h we both trucked outta there

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Re: Just Starting

Posted by frumfiend - 02 Nov 2010 11:42

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i think living in recovery has its rough patches but mostly its very gratifying and fulfilling .

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Re: Just Starting

Posted by humanbeing - 02 Nov 2010 17:10

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[dov wrote on 02 Nov 2010 02:26:](#)

Like Yosseleh the tzadik'I said - you are *not* alone, sweet human being!!

What is true and what I think don't neccesarly match, unless I ask our loving Father in Heaven to get me into reality. He only seems to help when i work together with loving brothers trying to stay sane with me. Thanks for being there Dovele.

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Re: Just Starting

Posted by humanbeing - 02 Nov 2010 17:11

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[jewinpain wrote on 02 Nov 2010 11:39:](#)

Hey HB, u have very clear both routes I see & u choose the better one, that's a wise decision but hard, but the other one is way to bad, so we have no other choice, u r doing fine just keep up ur DC call ur posts are much better nowadays, I remember u from elementary in group # 7, b"h we both trucked outta there

I'm just only Starting....every day...I'm still so scared to face my life this morning so many fears...hashem I know you will help me get through this day.

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Re: Just Starting

Posted by humanbeing - 02 Nov 2010 17:15

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[Frumfiend The star wrote on 02 Nov 2010 11:42:](#)

i think living in recovery has its rough patches but mostly its very gratifying and fulfilling .

The alternative is one long farshtukene rough patch....It invovles a complete arrogance and thinking just about me.

I am and was a nacissist. I was a sweet, charismatic, nice and smiley but really just an a\*\*hole looking out for myself and trying to control everything and everyone around me with my charm etc. Now I have a few good patches here and there where I am starting to act like a normal Human Being. Progress not perfection for today.

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Re: Just Starting

Posted by humanbeing - 02 Nov 2010 17:17

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[Yosef Hatzadik wrote on 02 Nov 2010 01:12:](#)

Hey there,

can I please borrow your head, they say "Two heads are better than one."

The scary parts in my head are selfish and only want to stay by me they couldn't care less about you. Same for the one's in your head....However the beautiful and holy parts in my head sure do care about you so it's two against one when we get together with someone else.

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Re: Just Starting

Posted by Yosef Hatzadik - 02 Nov 2010 18:19

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OK, so when & where can they meet?

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Re: Just Starting

Posted by humanbeing - 12 Nov 2010 17:18

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kayal taarog al afikei mayim kain nafshi saarog aleicha elokim...

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Re: Just Starting

Posted by humanbeing - 15 Nov 2010 23:44

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I need to remember, One day at a time. YEstherday I did not live in recovery has no bearing on my living today in serenity and closeness to hashem.

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Re: Just Starting

Posted by Dov - 15 Nov 2010 23:50

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Amen, v'amen! Every scrap of emess, is still precious and indispensable.

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Re: Just Starting

Posted by frumfiend - 16 Nov 2010 00:01

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Heelloo

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Re: Just Starting

Posted by humanbeing - 25 Nov 2010 00:59

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[Frumfiend The star wrote on 16 Nov 2010 00:01:](#)

Heelloo

Well hello there...How are you doing?

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Re: Just Starting

Posted by Yosef Hatzadik - 14 Dec 2010 01:19

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Since November 24 we didn't get any posts from the **Humanbeing**. Is there a good reason why? Should we worry about him? Did he zoom ahead & leave us behind in a cloud of dust?

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Re: Just Starting

Posted by humanbeing - 21 Dec 2010 00:25

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I was depressed and acting out every few day. I've gotten a proper sponsor and I'm working the Steps again. I'm in middle of Step 2 - Been sober and healthy since Friday (10 Teves) with Hashem's blessing and care. Thanks for asking Tzadik.

I believe that Hasehm wil help me by taking away my desire to lust when I ask him and in general to take away my compulsion to want to escape from reality every time I face something emotionally painful. He will do this every time I ask him to.

Step # 2

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