

Just Starting

Posted by humanbeing - 04 Jan 2010 17:34

Hello fellow brothers,

I can't begin to describe my feelings of love and gratitude to all you kind Yidden. Kal Yisrael Araivim etc. and now I can truly see I'm not alone...

A little about me - I'm 32 years old with 4 B"H beautiful children and a very wise wife whom I truly love and cherish.

I have been struggling with remaining clean since I'm 15/16 years old...I fall once or twice a week since then.

When I got married (8 years ago) I was able to control myself for quite some time. However, the pressures of Parnossoh and the pitfalls of the high speed internet. R"L... Due to technical difficulties (I marked 1/1/2009 instead of 1/1/2010 as my first day) mistakenly my wall of honor post shows a previous streak of 364. I am now clean for 4 days since the Goyishe New Year and I hope to make that 364 days clean (and beyond) a reality.

I hope to find a sponsor or at very least a partner to whom I can entrust my internet filter/Accountability software. I will need that person to spend time in the beginning to tweak the settings since I have to use the internet extensively as part of my job. Unfortunately, I spend many hours alone in my office...I pray that this accountability and sense of community will help me attain a daily victory over my Yetzer Horah and desires for many years.

I also hope to find a Phone Group that would work with my schedule...I'm in the West Coast

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Re: Just Starting

Posted by humanbeing - 31 Aug 2010 02:21

Glad you liked it.

Got to get over a real bad cold. See you all soon.

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Re: Just Starting

Posted by humanbeing - 31 Aug 2010 21:24

One Day at a Time...

Every day we have to Davven 3 x - To get ourselves back on track and to recognize the only Truth is Hashem and he controls not me...It's his will that has to be done not mine. Every day 3 or 4 times for the rest of our lives.

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Re: Just Starting

Posted by Ineedhelp!! - 02 Sep 2010 14:39

A heilige recovered GYE yid once asked me how many times a day I daven. I told him "3???" He said "thats it??? I daven about 50 times a day!" The point is that if you want to be in recovery, you cant just do what the norm is. We arent normal people. We need that extra 47 times a day (atleast :D) to connect to Hashem to stay in recovery.

Hatzlocha!

-Yiddle

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Re: Just Starting

Posted by humanbeing - 02 Sep 2010 23:54

[Yiddle2 wrote on 02 Sep 2010 14:39:](#)

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Hatzlocha!

-Yiddle

That was a real smart Jew...

You see however that even normal non-addicted people have to Davven 3 times a day every day to remain ehrlich. Add all the brochos, bentching, ashe yatzar's, krias sheman al hamitah, etc. etc.

yeeah just realized everybody gotta davven about 50 at least. :D ;D

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Re: Just Starting

Posted by humanbeing - 03 Sep 2010 18:54

Chapt Arain - It's the last Shabbos of the year - And what a year it's been for this Lust Addict. Baruch hashem we have tasted from the tree of life.

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Re: Just Starting

Posted by humanbeing - 05 Sep 2010 17:38

Licha Hashem Hatzadakah V'lanu Boshes Hapanaim....Macai Umasei toward the end of Slichus had much meaning for me this year about how a smart father doesn't punish a child for his sins rather....he shows him Ahavah etc.

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Re: Just Starting

Posted by humanbeing - 12 Sep 2010 20:37

What a tough and beautiful Rosh Hashanah, actually being present and acknowledging the terrible and also the the great things about myself, as I'm judged by my father and king.

Thank you Hashem for bringing me to a place where I can start getting to know you. There is no greater pleasure in the world.

A Gemar Chasimah Tovah.

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Re: Just Starting

Posted by Gabe - 14 Sep 2010 13:46

Hello my good friend HB,

So glad to hear you're doing well and taking such big steps in your recovery. I always find your posts to be inspirational and full of wisdom. All the very best for the coming year.

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Re: Just Starting

Posted by humanbeing - 14 Sep 2010 16:51

Hey, so nice to hear from you...How's your recovery going?

Myself I have had to put this sobriety front and center in my life - I've been attending SA meetings twice a week and just started working Step #1 again - slowly....Working one day at a time. I'm truly a real addict and with hashem's (and his messengers) help I'm getting more and more into recovery and knowing more peace and serenity. Avinu malkainu...Our father our king blesses us and does kindness to each and every one of us in way of pure Tzedakah and kindness - Ki ain banu Maasim.

A Gemar Chasimah Tovah to you my friend.

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Re: Just Starting

Posted by humanbeing - 15 Sep 2010 17:50

I feel far from Hashem today...Dirshu Hashem B'himatzo Krauhu B'hiyoso **karov!!!**

My feelings are my feelings... They are not the reality!

V'hashem Yaasfaini!

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Re: Just Starting

Posted by Yosef Hatzadik - 15 Sep 2010 18:20

Dirshu Hashem B'himatzo Krauhu B'hiyoso karov!!!

Even now, we **MUST** look for Him; we **MUST** call out to Him.

He is **VERY** near to us! He waiting to hear from us!

Try it!

TALK to Him!

Nu,

Try it already!

Talk to Him!

Now!!!

Over here!!!!

No need to wait until you are in Shul!!!!

He is right over here with you!!!!

He is also reading Yosef Hatzadik's post (?).

PS. ~~Send him my warm regards.~~ forget it. I will just talk to him myself!

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Re: Just Starting

Posted by humanbeing - 16 Sep 2010 18:14

Reb Yosef,

How true.

A gemar Chasimah Tovah!

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Re: Just Starting

Posted by Yosef Hatzadik - 16 Sep 2010 18:40

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Re: Just Starting

Posted by humanbeing - 16 Sep 2010 21:47

[Yosef Hatzadik wrote on 16 Sep 2010 18:40:](#)

True!

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It is easy to post chizuk for others, I wish I would remember that myself..... :
