

Holy In Jerusalem

Posted by stopsurvivingstartliving - 24 Jul 2024 20:58

As a single bochur in Yerushalayim I hope to go for 90 days M-Free. Bh regarding porn I am by day 47 but because M is my main struggle right now I want to have this thread just for M.

Today if I bez"h pass it will be day one I still have to withstand an hour or 2 including a shower. I ask hashem to give me help through this challenge and through this i can grow in totah avoda and yiras shamayim.

I wish to STOP SURVING & START LIVING.

PS special shout out to HHM who it turns out months ago when I reached out to GYE and they hooked me up with a pro and maiven to talk to it was him, and he's been supporting me since. Keep it up HHM, keep helping klal yisroel.

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Re: Holy In Jerusalem

Posted by amevakesh - 01 Dec 2024 23:53

[stopsurvivingstartliving wrote on 01 Dec 2024 23:39:](#)

To sum up the last 30 hours: a lot of wasted time, a couple of falls, and a couple of stupid things done.

No I do not feel good now, I feel horrible. I don't want my life to look like this moving forward. I want a happy productive life. The way I am living it now, it's unproductive and depressing. No I am not depressed but you get the point.

Plan of action you ask, it's a good question. I had a plan but it fell through because I was laid back about it. A new plan is pending and I hope with gods help it will work out.

What will I my report be tomorrow night? I can't know, but what I can say is, if I get past the urges to filter poke and I do something productive, I should be good. So I hope that happens.

*Ein Hadavar Tuluy Eli **Bi!***

Have a wonderful night,

Signing off, SSSL, from a **trying, fighting, bloodied and bruised, but not giving up, and hopeful** dark soul in the Holy Land.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 02 Dec 2024 00:01

[amevakesh wrote on 01 Dec 2024 23:53:](#)

[stopsurvivingstartliving wrote on 01 Dec 2024 23:39:](#)

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*Ein Hadavar Tuluy Eli **Bi!***

Have a wonderful night,

Signing off, SSSL, from a **trying, fighting, bloodied and bruised, but not giving up, and hopeful** ~~dark~~ soul in the Holy Land.

Your the best! You put a big smile on my face, ear to ear.

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Re: Holy In Jerusalem

Posted by chancy - 02 Dec 2024 20:40

Did you ever have a webchever? that helps tremendously with filter poking. Because you know that someone will see everything.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 02 Dec 2024 23:12

[chancy wrote on 02 Dec 2024 20:40:](#)

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I never tried it. But I thought about it. The problem is I am not comfortable doing it with anyone who doesn't know I struggle. Giving access to someone here won't help because I anyway post it on the forum.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 03 Dec 2024 00:15

[stopsurvivingstartliving wrote on 01 Dec 2024 23:39:](#)

What will I my report be tomorrow night? I can't know, but what I can say is, if I get past the urges to filter poke and I do something productive, I should be good. So I hope that happens.

Thank God today was a good day.

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Re: Holy In Jerusalem

Posted by proudyungerman - 03 Dec 2024 02:06

[stopsurvivingstartliving wrote on 02 Dec 2024 23:12:](#)

[chancy wrote on 02 Dec 2024 20:40:](#)

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Are you sure that it's the same?

Accountability with a real person (who maybe you even met in person) can be a much stronger deterrent than posting on some forum for pajama-clad, basement dwelling (ex)porn watchers...

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Re: Holy In Jerusalem

Posted by chosemyshem - 03 Dec 2024 20:23

[stopsurvivingstartliving wrote on 02 Dec 2024 23:12:](#)

[chancy wrote on 02 Dec 2024 20:40:](#)

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I never tried it. But I thought about it. The problem is I am not comfortable doing it with anyone who doesn't know I struggle. Giving access to someone here won't help because I anyway post it on the forum.

I just want to throw another vote in for accountability software. I was very reluctant to add any accountability software for a multitude of reasons (privacy, shame, not wanting to constrict my freedom, cost, laziness etc. etc. etc.). But they were all excuses.

Having a buddy from here get notifications of allowed sites from Techloq (which is totally free and easy to set up) cut down my filter poking by like 75%. And that was something I seriously struggled with. Yes, the guy anyway knows I struggle. But that tiny drop of yiras basar v'dam is very helpful.

I agree it's probably a bad idea to have someone who isn't familiar with the struggle be the chaver. But maybe one of the guys you're in touch with would agree to do it. And I think you'll find it's more helpful than you imagine.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 03 Dec 2024 20:58

[chosemyschem wrote on 03 Dec 2024 20:23:](#)

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Re: Holy In Jerusalem

Posted by BenHashemBH - 03 Dec 2024 21:01

I 4th the motion (if you are considering it).

Having a real-time notification can be much more present than post-facto accountability.

Kol Tov Brother

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Re: Holy In Jerusalem

Posted by chosemyschem - 03 Dec 2024 21:03

[stopsurvivingstartliving wrote on 03 Dec 2024 20:58:](#)

[chosemyshem wrote on 03 Dec 2024 20:23:](#)

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That is an option for Techloq. You can add an admin who has to approve requests.

But what I did was add a second email to receive notifications when sites are approved. Both Techloq and Gentech can add that for free.

Btw thanks to Redfaced or Eerie for the idea. I think it was one of them who suggested this to me awhile back.

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Re: Holy In Jerusalem
Posted by redfaced - 04 Dec 2024 00:28

[chosemyschem wrote on 03 Dec 2024 21:03:](#)

[stopsurvivingstartliving wrote on 03 Dec 2024 20:58:](#)

[chosemyschem wrote on 03 Dec 2024 20:23:](#)

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Btw thanks to Redfaced or Eerie for the idea. I think it was one of them who suggested this to me awhile back.

I very happily gave you a thank you for remembering it was me. Unfortunately I also needed to take away a karma for mistakenly thinking it was Eerie. Luckily you have 41 other karmas you

can use to feed your kids.

You know what they say about karma. She can be a....

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Re: Holy In Jerusalem

Posted by chosemyshe - 04 Dec 2024 00:44

[redfaced wrote on 04 Dec 2024 00:28:](#)

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I very happily gave you a thank you for remembering it was me. Unfortunately I also needed to take away a karma for mistakenly thinking it was Eerie. Luckily you have 41 other karmas you can use to feed your kids.

You know what they say about karma. She can be a....

Wow I knew you were just in it for the fame and glory. Here I was thinking you were a nice guy. Silly mistake to make.

Eerie told me about the techloq admin feature.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 04 Dec 2024 00:49

Thank you to @chancy, @proudyungerman, @chosemyshe and @BenHashemBH for pushing me to add someone to get my filter notification. It is in the works.

A special thanks to @redfaced for being the one who originally told @chosemyshe.

Not to forget, the one who will be getting the emails, Thank You.

Regarding my day, can't say I was too productive but I can gladly say it's been a clean one!

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Re: Holy In Jerusalem

Posted by redfaced - 04 Dec 2024 01:17

[chosemyshe wrote on 04 Dec 2024 00:44:](#)

[redfaced wrote on 04 Dec 2024 00:28:](#)

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I very happily gave you a thank you for remembering it was me. Unfortunately I also needed to take away a karma for mistakenly thinking it was Eerie. Luckily you have 41 other karmas you

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You know what they say about karma. She can be a....

Wow I knew you were just in it for the fame and glory. Here I was thinking you were a nice guy.
Silly mistake to make.

Eerie told me about the techloq admin feature.

Looked back and confirmed it was you though

WOW. He saw the errors of his ways and ran to fix it.

You'll go far m'boy!

(And I'll give you back the karma and even one up you)

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