

My journey begins

Posted by Muttel - 13 May 2024 13:03

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GM chevra

so I joined last week when things came to a head and I realized I need communal support to beat this demon.

the support I'm receiving is amazing and I love turning to GYE for content instead of.....

im now at day 4 and have actually not had much struggle in this. Im hoping that by posting my journey to 90 days (though having been clean for 12 years I know this doesn't end until we get our little 2x2 apartment in pine wood) I'll glean from everyone here and get the strength needed to win!!

have a great day everyone

Muttel

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Re: My journey begins

Posted by guardyouriz - 13 May 2024 13:49

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[Muttel wrote on 13 May 2024 13:03:](#)

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2x2?! is that a one size fits all thingy? im claustrophobic!

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Re: My journey begins

Posted by vehkam - 13 May 2024 14:20

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[guardyouriz wrote on 13 May 2024 13:49:](#)

[Muttel wrote on 13 May 2024 13:03:](#)

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Don't worry. It's just the body that goes in the box. You (your neshama) will have all the room it needs.....

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Re: My journey begins  
Posted by guardyouriz - 13 May 2024 15:55

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[vehkam wrote on 13 May 2024 14:20:](#)

[guardyouriz wrote on 13 May 2024 13:49:](#)

[Muttel wrote on 13 May 2024 13:03:](#)

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and plenty of free heat!

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Re: My journey begins

Posted by amevakesh - 13 May 2024 16:05

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[Muttel wrote on 13 May 2024 13:03:](#)

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Welcome!!! You have come to a place of people that understand you. Here you will find compassion, understanding, and companionship. Most importantly, there are the most amazing people you can connect with. The struggle becomes so much easier when shared with others that give Chizuk, cheer on your wins, and empathize with you in your struggles. Hatzlacha on your journey!

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Re: My journey begins

Posted by Muttel - 13 May 2024 16:25

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Re: My journey begins

Posted by Muttel - 13 May 2024 16:27

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[amevakesh wrote on 13 May 2024 16:05:](#)

[Muttel wrote on 13 May 2024 13:03:](#)

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Thank you! Yes, the warmth here is amazing and really gets me to stay focused on victory during times of struggle - with like minded people who understand me....

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