

The challenge

Posted by j12 - 09 Jan 2024 01:05

Hi this is my first post here and I wanted to say that I have been struggling with pornography for quite some time now, and I have tried basically everything. But I will keep trying and use every tool on this website and everything I learned from the past to achieve 90 days. I also wanted to ask if I have a wife for everyone, why doesn't he just give it to the person when he is suitable age, why does a person have to look and go through the trouble of finding a spouse. And also why is it important to stop this addiction before marriage?

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Re: The challenge

Posted by ainshumyeiush - 09 Jan 2024 01:14

Welcome!!!

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Re: The challenge

Posted by Heeling - 09 Jan 2024 03:17

Dear Brother,

Welcome to GYE and kudos to you for that commitment to work through this challenge.

I don't have an answer to your first Q, nor will I answer your second Q directly...who has ever told its more important to stop this addiction before or after marriage? I never heard someone saying that, all I can tell you is that marriage doesn't solve the problem so we gotta start working on yourselves NOW! Married or not.

Stick around brother, there's a lot to learn.

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Re: The challenge

Posted by redfaced - 09 Jan 2024 03:43

Having this issue while married has lots of potential for ruining a marriage .

Most addictions can ruin a marriage .

This one probably more so, being of such a sensitive nature.

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Re: The challenge

Posted by yiftach - 09 Jan 2024 08:09

Welcome!

I can only share from my experience... Although I've been struggling for years prior to marriage, once I got married my struggle became amplified greatly. I started comparing notes to those around me, what I was missing in my marriage that others had etc. Ridding yourself of it before marriage can help you build a healthy genuine relationship, not one with a separation of your mind and heart.

Keep sharing and learning!

Great to have you with us!

- Little Yiftach'l

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Re: The challenge

Posted by Hashem Help Me - 09 Jan 2024 12:21

WEIcome. Keep posting and stick around. Hatzlocha buddy.

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Re: The challenge

Posted by true_self - 09 Jan 2024 12:52

Hi and Welcome!

I'm sorry to hear that you are having a hard time dating. I feel for you and wish you a yeshua bekarov!

What will be when you reach 90 days? meaning 90 days is not a **goal** rather a **means** to an end, You might want to focus more on discovering what pornography does to you and why you want to quit.... Sorry that I can't elaborate now my time is limited but just wanted to give you some food for thought.

Hatzlacha!

True self

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