

looking good on my way

Posted by look Good - 02 Nov 2023 15:26

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Hi everyone,

am struggling with MB since 12 a friend introduced it to me, was on and off as bucher tried to shtieg

got married thought will be better but just got worse (could blame my wife for not being interested in s-x but the blame game won't do anything its just something people use to justify themselves, and situation changed she is more interested is better for a long time already)

then came the internet when got out of kollel and it turned my life in a living hell constantly wanting something that doesn't exists searching for the maybe I'll find something interesting, from chatting with guys to pictures to erotic reading material keep on stopping and starting again.

getting around filters as nothing is secured for me anymore its only my strong will that will do it

so starting today day 1

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Re: looking good on my way

Posted by tun - 05 Nov 2023 00:02

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Welcome

keep posting

we're here for you

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Re: looking good on my way

Posted by Captain - 05 Nov 2023 03:41

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Welcome!

Please check out these great resources:

1) The Battle of the Generation: a sensational free ebook that seriously gets you excited to fight and win this fight.

2) The Fight: an incredible audio series from Rabbi Shafier.

Links are below in my signature. Wishing you much success!

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Re: looking good on my way

Posted by chaimoigen - 05 Nov 2023 04:01

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Welcome! Hope lives here.

Many have been in the darkest of places and have found a path to freedom - you can too!

There are wonderful, experienced people here who can encourage and guide you. Folks who understand. The road isn't as difficult when you're no longer walking alone.

Stay in touch! Here's a warm hand,

Chaim Oigen

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Re: looking good on my way

Posted by frank.lee - 05 Nov 2023 23:35

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Welcome! Very well written!!

About filters, maybe you can work with them to see if together you can make it a little safer? Do they have good quality customer service?

Hatzlacha!

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Re: looking good on my way  
Posted by bright - 06 Nov 2023 01:08

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[look Good wrote on 02 Nov 2023 15:26:](#)

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Amazing of you to come on and work. Its work, but you can and IYH will succeed. Maybe try calling Hashem Help Me. Also the F2F program is very helpful. We are all here for you!

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Re: looking good on my way  
Posted by Hashem Help Me - 06 Nov 2023 05:06

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Welcome. Does your wife know about the issue?

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Re: looking good on my way  
Posted by look Good - 06 Nov 2023 17:31

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thanks for all the chizuk

am up to day 4

trying to keep myself busy so shouldn't fall

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Re: looking good on my way  
Posted by look Good - 06 Nov 2023 17:32

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yes and no

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Re: looking good on my way  
Posted by look Good - 06 Nov 2023 17:34

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[Hashem Help Me wrote on 06 Nov 2023 05:06:](#)

Welcome. Does your wife know about the issue?

yes and no

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Re: looking good on my way

Posted by redfaced - 06 Nov 2023 17:47

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[look Good wrote on 06 Nov 2023 17:34:](#)

[Hashem Help Me wrote on 06 Nov 2023 05:06:](#)

Welcome. Does your wife know about the issue?

yes and no

For your sake I hope the no is bigger than the yes

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Re: looking good on my way

Posted by look Good - 06 Nov 2023 17:50

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[redfaced wrote on 06 Nov 2023 17:47:](#)

[look Good wrote on 06 Nov 2023 17:34:](#)

[Hashem Help Me wrote on 06 Nov 2023 05:06:](#)

Welcome. Does your wife know about the issue?

yes and no

For your sake I hope the know is bigger than the yes

yes the no is bigger

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Re: looking good on my way

Posted by Hashem Help Me - 06 Nov 2023 21:46

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Which part does she know?

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Re: looking good on my way

Posted by look Good - 07 Nov 2023 17:22

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[Hashem Help Me wrote on 06 Nov 2023 21:46:](#)

Which part does she know?

saw once some texts but dosen't know what i'm struggling with

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Re: looking good on my way

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Posted by tp1 - 07 Nov 2023 17:29

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[look Good wrote on 07 Nov 2023 17:22:](#)

[Hashem Help Me wrote on 06 Nov 2023 21:46:](#)

Which part does she know?

saw once some texts but dosen't know what i'm struggling with

And how did she react?

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