

Chevra! I BH made it to 90 days!

Posted by Trying The Best - 12 May 2023 06:34

Lechayim my dear GYE brothers and family!

Today is day my 90th day of being clean from P&M! Thank you hashem for giving me the strength and power to get to this Big day!

It wasn't as easy, there were bumps on the road and Bh with the help of my dear GYE friend and chizuk I got from these posts here on GYE I got to this special day.

??? ????? ?? ??? today is ?? ?????, so I thought to myself that ?? is ????? ?????? ?????? ?????? !!
What do you say to this? Isn't it a special gift message from hashem? I am humbled and so excited.

What worked for me first of all was that, my filter needed to be better and even when I fixed it I didn't trust myself and took a GYE shomer which knows what I am opening up and if it's a blocked site I would need his permission to open it. Chevra, I must tell you, doing this was the best thing ever! I feel so clean!

Next, As i had mentioned on my thread, I started using the opportunity to daven to Hashem when I turn away from looking at inappropriate women and it kept me fresh thinking the whole time "hey, grab another opportunity, and another one, daven daven as much as you can...."

We're going to say this Shabbos ??? ??? ??????. Hashem should help me and all of you to be ??? in this holy battle and I wish you all the best and a wonderful beautiful Shabbos!

Btw, for the special day, I treated myself and changed my profile picture to beautiful

keep on davining for me Trying the best Ben GYE!

Enjoy,

Trying the best,

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Re: Chevra! I BH made it to 90 days!
Posted by taherlibeinu - 12 May 2023 08:55

Mazeltov on your 90 days. A wonderful achievement. Have a very special shabbos.

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Re: Chevra! I BH made it to 90 days!
Posted by Grant400 - 12 May 2023 12:16

Mazal tov on your achievement!

The 90 days is great, and the fact that you clearly grew so much during this period is much more important and amazing! You seem to be doing it the correct way.

Please stick around and continue to be an inspiration and role model to me and others!

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Re: Chevra! I BH made it to 90 days!
Posted by StingRay - 12 May 2023 13:16

Good for you!

I'm at 86 days! But it's getting tough on the final stretch...

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Re: Chevra! I BH made it to 90 days!
Posted by Trying The Best - 12 May 2023 13:47

[StingRay wrote on 12 May 2023 13:16:](#)

Good for you!

I'm at 86 days! But it's getting tough on the final stretch...

Thanks for the support!

I can relate to what you say, since I also felt lately that it's getting tough, but I kept on having this pressure of thinking *'hey, what will your gye friends say if you fall after climbing so high'* also *'at the end of the day if I'll give in again it might feel good at the first moment, but the regrets are so painful afterwards, so it doesn't pay...!'*

Feel free to reach out to me in private.

thanks,

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Re: Chevra! I BH made it to 90 days!
Posted by Trying The Best - 12 May 2023 13:51

[Grant400 wrote on 12 May 2023 12:16:](#)

Mazal tov on your achievement!

The 90 days is great, and the fact that you clearly grew so much during this period is much more important and amazing! You seem to be doing it the correct way.

Please stick around and continue to be an inspiration and role model to me and others!

Thanks Reb Grant!

a lot of my achievements are your credit! I have saved a lot of your posts in my archives.

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Re: Chevra! I BH made it to 90 days!
Posted by EccentricComposer - 12 May 2023 14:06

Mazel tov, mazel tov! You should have many, many more successes!

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Re: Chevra! I BH made it to 90 days!
Posted by 8thday and standing - 12 May 2023 19:08

chizik People like you give me and the whole chevra

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Re: Chevra! I BH made it to 90 days!
Posted by Horizon - 12 May 2023 23:11

so nice to hear:)

wishing you continued hatzlacha

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Re: Chevra! I BH made it to 90 days!
Posted by Eerie - 14 May 2023 07:14

Huge Mazal Tov!!!

My friend, I hope you took the time to really read Grant's message. It is something we should all remember, all the time.

Keep trucking, and please keep sharing with us all!

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Re: Chevra! I BH made it to 90 days!
Posted by monseyid41 - 14 May 2023 14:34

Hey, I just wanted to add my Mazel Tov as well. This is a real inspiration and I hope to get there soon as well. Thank you for sharing what worked for you and helped you make it. We are looking forward to 180! All the best and keep posting.

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Re: Chevra! I BH made it to 90 days!
Posted by Trying The Best - 15 May 2023 03:52

Thank you all fro your chizuk and support! It gives me a good boost! I bumped into a beautiful *shtark vort* i saw from the Rachmistrivka Rabbi Shlita. I'll attach it here (sorry, it's hard for me to translate, anyone welcome to do so)

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Re: Chevra! I BH made it to 90 days!
Posted by Hashem Help Me - 15 May 2023 10:53

Mazel Tov and thank you for the vort!

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Re: Chevra! I BH made it to 90 days!
Posted by Heeling - 16 May 2023 14:40

Wow Wow Mazel Tov Mazel Tov! So happy for you! I am looking forward to hitting 90 days.

Love your post, so much enthusiasm, I feel the energy popping out of my screen.

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Re: Chevra! I BH made it to 90 days!
Posted by StingRay - 17 May 2023 21:12

I made it to 90

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