

?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 15 Jan 2023 05:24

HardButPossibleLetsgoNachamul! JourneyCount..Day1

So I, emesayid, failed. Today was a completion of a long streak (3months roughly) sadly, It bothers me to express but am awaking a new journey. I need the oilam's help again, please help with the chizuk, I am still down, but I know posting will help and I will get back a new within some time. I love you hashem and I will shtiegh and pass through this hard nisayon, although it's a very hard time for me now, tomorrow I will hopefully look back and see the heligha kiroyvim here and help, with my tefilos which can bring help from you. I will do this bzas hashem 90days bzchus one to have children, I will be more involved to shtigh! Hashem you are here with me and I can give people chizuk, to give myself is hard but am trying my best. To the chasuvey oilam, I am sorry I thought I was a gibor but realized today I am not, I am down and it hurts I know I am temporarily going through this darkness, but this nisayon will pass through soon!

Hatzlacha to me - emesayid, you will look back and pat yourself at the end of this all bzh! Keep making Tati Proud He is watching down at you!

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Yeshayahu 41:6 - 30 Mar 2023 01:16

Emes-a-yid, you are the pride of our family!

You should know after a few days of falling last week, I was mekabel to bln get to shavuos clean. Watching you press on day after day was a big factor in inspiring me to shoot for that.

Thank you

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 30 Mar 2023 05:34

[Yeshayahu 41:6 wrote on 30 Mar 2023 01:16:](#)

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Thank you

Day 36. That's about 5 weeks and a day

B"H. Yeshayahu- thanks for those sweet words, it means a lot, and I hope to continue Bzh! Like I say in my signature, it's Hard but possible, and eventually we can all do it!

Recently, someone posted here- something very inspiring to me, saying- for all those culminating days clean and vs those not... your basically on a 98% Win. It's tough because we aren't MAKIR our achievements and yet only or mainly stress on the loses... that's how we get to the depression state and fall... Always got to remember to uplift yourself, mechazek and Push through, know the reasons of value of what it has to offer by staying clean.. and only then WOAHA!! you will see... WE WILL ALL SEE BzH!

Bhatzlacha Yid Yehoshayahu!

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 02 Apr 2023 10:42

39 days

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 04 Apr 2023 05:03

41 Days almost a year...to 365 lol.. you never know beh. Start slow and work up by day in and day out! Hatzlacha

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 05 Apr 2023 02:30

42 days in bh, so 323 days left for a year, or 140 left till half a year! Sounds ez!!

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 09 Apr 2023 04:47

46 days in of 90 thats over half, Hatzlacha me!

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 10 Apr 2023 01:33

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Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 10 Apr 2023 01:36

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 14 Apr 2023 05:21

51, bzh looking great.. 90 doesn't seem too far.. can and bzh will reach there

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 14 Apr 2023 22:30

[Emes-a-Yid wrote on 14 Apr 2023 05:21:](#)

51, bzh looking great.. 90 doesn't seem too far.. can and bzh will reach there

I have 2 convos, yet funny as it is because of the yt convo it has helped me get to where I am,
with the oilam

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 16 Apr 2023 05:33

53 days wow!

Soo how many weeks is that

7 weeks is 49 days! Nice

let's get 90.. bh by Shavuot?! I think

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Horizon - 16 Apr 2023 17:36

emesayid!!

kol hakovod on your commitment and hard work!

very smart how you keep on updating the chevra and keep yourself in check

please continue inspiring us, and hatzlacha on the shovuos challenge:)

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 19 Apr 2023 23:45

56 days BH - Going strong BzH.

One day at a Time is the motto.

With Davening and commitment in my challenge, I know I can succeed!

Hatzlachah Rabah!!

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