

?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 15 Jan 2023 05:24

HardButPossibleLetsgoNachamul! JourneyCount..Day1

So I, emesayid, failed. Today was a completion of a long streak (3months roughly) sadly, It bothers me to express but am awaking a new journey. I need the oilam's help again, please help with the chizuk, I am still down, but I know posting will help and I will get back a new within some time. I love you hashem and I will shtiegh and pass through this hard nisayon, although it's a very hard time for me now, tomorrow I will hopefully look back and see the heligha kiroyvim here and help, with my tefilos which can bring help from you. I will do this bzas hashem 90days bzchus one to have children, I will be more involved to shtigh! Hashem you are here with me and I can give people chizuk, to give myself is hard but am trying my best. To the chasuvey oilam, I am sorry I thought I was a gibor but realized today I am not, I am down and it hurts I know I am temporarily going through this darkness, but this nisayon will pass through soon!

Hatzlacha to me - emesayid, you will look back and pat yourself at the end of this all bzh! Keep making Tati Proud He is watching down at you!

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 21 Mar 2023 05:49

Day 27.. almost 4 weeks! Close to a month beh and still going strong.

I restricted myself to not use yt Baruch HaShem unless with someone or really quick/necessary. It has helped me tons as hhm said in an earlier post. BeH only striving for more gadlus

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 23 Mar 2023 05:20

day 29, like I said earlier yt was a big struggle, it was the main issue to most nisyonos to fail, but BH getting head way towards a clearer derech, one day at a time!!

Soon it may be 60 then 90 days...

I am happy with my progress, I report more frequently which helps a lot, just at times I don't see the speed of the days going higher as fast, so I lose chizuk a bit. Working on a mehalech always to progress,

BH a chaver pm me with a challenge, don't know if he wants to be mentioned, basically it's a challenge not to use YT in short with some conditions what that means, and kenas of some money to the other guy, and if 2 people lose it gets reset. BH we both did really good, he had way much more to respond of his productivity, I would wish he says it over, but as for me. I had a much better time and awareness of thoughts and grip on myself, my surroundings, I appreciated myself more, I got to work on myself more direct, and not as superficial. BH, enough with my blabbing, I just want to thank GYE and the oilam helping putting this together, always helping any person anonymously at both fronts, and it is actually working! Kol HaKavod!!, want for all of us to be matzliach till the very end BzH!

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 24 Mar 2023 22:08

Okay so Hit Day 30 BH..

I like how everyone is here helping everyone else out!

Very warm when needed these things thanks

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Re: ?When Chizuk is Needed.. failed once more.
Posted by OivedElokim - 26 Mar 2023 00:18

Keep it up!

How are you celebrating?

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 26 Mar 2023 03:33

[OivedElokim wrote on 26 Mar 2023 00:18:](#)

Keep it up!

How are you celebrating?

Lol, I tell you to celebrate just a second ago, and see this post!

not sure but onwards for a full week of a challenge again!!

Any ideas for me?

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Re: ?When Chizuk is Needed.. failed once more.
Posted by OivedElokim - 26 Mar 2023 03:39

Idk, what do you like? Treat yourself to some takeout if that's your thing, buy yourself a new book or sefer or toy or whatever. Reward yourself with something you like so that your brain gets the message that all of this sacrifice pays off in some tangible way. It's very helpful for me, I suggest you try it out...

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Horizon - 26 Mar 2023 06:27

hi emesayid

i just read through your whole thread and it was very inspiring to follow along your (recent) journey. your impressive clean streaks, and (equally as important?) the way you jump up right after you fall and give yourself and others much needed useful chizuk. kol hakavod!

please continue your avoida and the great progress you're making, and always continue inspiring.

with much thanks and a bracha to continued hatzlacha,

horizon

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 26 Mar 2023 12:13

[Horizon wrote on 26 Mar 2023 06:27:](#)

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horizon

Thanks horizon much appreciated,

what did you mean equally important in () I didn't get that

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 27 Mar 2023 13:17

Day 33, it gets harder, but must keep grounded.

Bhatzlacha!

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Re: ?When Chizuk is Needed.. failed once more.
Posted by eraygrand - 27 Mar 2023 16:38

Still 5 days behind you:stuck_out_tongue_winking_eye: (and hope that will always be true) but
as Horizon noted, 33 days is only a small portion of your overall ongoing success.

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 27 Mar 2023 18:21

(and hope that will always be true)

Thanks for keeping an eye lol

but as Horizon noted, 33 days is only a small portion of your overall ongoing success.

What do you mean.. small portion of my overall success.. what's your message not entirely sure.

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 27 Mar 2023 18:24

[Horizon wrote on 26 Mar 2023 06:27:](#)

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Hey it takes one to recognize one, that helps michazek others by caring..

And V'chen Lmor Horizon on the continued hatzlacha, BH- many the bochurim on here may be

silent at times but when they speak out, they come to shoot for the stars, just a matter of time.

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Re: ?When Chizuk is Needed.. failed once more.
Posted by eraygrand - 27 Mar 2023 23:56

What do you mean.. small portion of my overall success.. what's your message not entirely sure.

You had an almost 3 month streak then a one-day break followed by another 33 day streak. That is a 99%+ success rate over the last 4 months which you don't have to like math to know is AWESOME! Can you imagine how impressed you would be if someone told you that they had a 99%+ success rate at shmiras haloshon over a 4 month period?

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Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 29 Mar 2023 11:37

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