

Here we go. 90 days start now

Posted by Finallydone - 02 Mar 2022 02:04

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I've tried a few times to quit on here over the years. But I always fail because of lack of accountability. No more. Im SO done. Im now recently married and my wife and future children iyH deserve better.

I fell today, but tomorrow will iyH be my day #1. I will post here to stay accountable. Thank you all for keeping me in check.

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Re: Here we go. 90 days start now

Posted by wilnevergiveup - 02 Mar 2022 05:34

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Welcome to the forum!

I'd just like to comment on one thing that you said. In my humble opinion, no one falls because of lack of accountability. We fall because we fall, sometimes accountability saves us, but lack of it is never the "cause" of our falling.

The first question I would ask myself at this stage is, why? Why are you doing this, why are you here?

Feel free to ignore me.

Wilnevergiveup

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Re: Here we go. 90 days start now

Posted by Bilaam Harasha to Yosef Hatzaddik - 02 Mar 2022 13:27

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Great to hear, welcome to the GYE family. Here's just 2 things you should look into to help you on your journey to 90 days:

Getting a partner in this struggle to give you support, you can do this with people you already know like your rabbi or a friend or you can sign up to the Partner Program here to get a mentor and/or partner from GYE. This may give you the accountability you're looking for and it for sure will help you when you're in need of support.

Getting a good filter, if you haven't already, so you put distance between you and unfiltered internet, you can do this by looking at a few free filters I listed in my signature or on Venishmartem.com. Venishmartem is a little outdated though so there are many filter services that aren't listed, there's one that I myself haven't listed in my signature and that's Google Family Link. Check that out also, it's another free filter service. And if accountability is what you're looking for I really recommend getting webchaver for free through venishmartem (the link is in my signature). Anytime they catch any explicit material with the screenshots they take, you will be charged a certain amount of money that you set. The stuff is reviewed by real people but you'll be anonymous to them.

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