

Shouting from the rooftops

Posted by #makelifegreatagain - 05 Jan 2022 19:38

Hi everyone! Thanks for taking the time to read this. You won't regret it. Because what I'm about to tell you has a lot to do with me, but in time can also have a lot to do with you too. I have a way out of most if not all of your terrible situations. No joke! It's possible that you may have heard of it: it's called the Easypeasy method. Please please please don't stop reading now. This method completely changed my life and everything I ever thought I knew about my problem, and now I'm forever free. What were my problems? For more than half my life I struggled to stop mb and I constantly looked at inappropriate photos and other stuff. I was in a constant cycle of stopping and starting, hoping that finally I would get to 90 days and then things would finally be over. But it never ended that way. Sadly, getting to 90 days didn't feel any more different than being at 60 days or 40 or 30 etc. It was a wonderful achievement, but after awhile it didn't do anything for me. Soon enough I was back to feeling powerful urges and then I was back in the cycle. Shouldn't getting to your goal make you stronger?? Shouldn't it mean that getting there means it's over and you never have to worry about it anymore?? I hate to say it, but using the methods that GYE uses (and don't get me wrong, they have great intentions) will make you have to fight your problem forever. Sure, it'll get easier as you go, but it'll always be there waiting for you to have that one bad day and then all that hard work is gone. I hate to sound like a commercial, but with the Easypeasy method you can get rid of it and never have to worry about it for the rest of your lives. It even explains why using willpower methods (like the ones GYE uses) don't work so well, though of course there are exceptions. I'm attaching a link to the Easypeasy method online booklet here (easypeasymethod.org/). Please, please, please... If you're struggling with any type of porn/mb addiction, no matter how severe or how minor, please, I'm begging you, give it a read. You won't regret it. Remember : the worst that can happen is that it will do nothing for you. But the best that can happen is that you'll be completely free to enjoy life the way you've always wanted to enjoy it. There really is no risk. Take the chance! What are you waiting for?!?

thanks for reading. See you out on the forums!!

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Re: Shouting from the rooftops

Posted by bego - 06 Jan 2022 12:48

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your problem forever. Sure, it'll get easier as you go, but it'll always be there waiting for you to have that one bad day and then all that hard work is gone.

1) Says who that it should get easier?

2) Says who that one mistake means it is all gone? Whose religion is that?

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Re: Shouting from the rooftops

Posted by #makelifegreatagain - 06 Jan 2022 14:11

1) Says Easypeasy it can get easier :-)

2) You're right! In Judaism the effort you put in never goes away. Sorry, I wasn't clear. I meant that in your own head 1 mistake can make it feel like a big streak was all for nothing. Thanks for pointing that out!

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Re: Shouting from the rooftops

Posted by #makelifegreatagain - 06 Jan 2022 14:11

1) Says Easypeasy it can get easier

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Re: Shouting from the rooftops

Posted by #makelifegreatagain - 06 Jan 2022 14:12

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