

Destination - 90 days, A human beings journey.

Posted by Human being - 05 Jan 2022 18:52

Here I go, this will be the spot for my journey to 90 days! I'm excited to finally start. Its my first time legitimately trying to stop masturbating and calling phone sex lines to listen to the recordings (and occasional porn when I have access).

Whatever my ETA is, 90 days is my destination.

I will hopefully post every day. Any feedback is appreciated.

I usually have a really hard time with phone sex lines when I'm in bed and going to sleep, which has always ended in masturbation. This is especially when I have a hard time falling asleep.

See you down the road- enjoy the ride!

#HashemWillHelpMe.#MyFatherMyKingMyLoveAndHeLovesMeToo

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Re: Destination - 90 days, A human beings journey.

Posted by frank.lee - 06 Jan 2023 02:03

Hi HB!!!!

Can you try turning on some music and dance? Get your heart pumping. Feel the energy. Go for a jog?

This scary part is also a precious stage in your journey. I hope you will succeed in calming and energizing yourself. Then in the future you should be much more confident in your ability to stay strong even when other bumps come along.

Hatzlacha!

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 11 Jan 2023 20:21

Day 2 out here. Love the fight. We are so lucky we have what to get up for in the morning. To fight away. Thank you Hashem for this fight.

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Re: Destination - 90 days, A human beings journey.
Posted by cordnoy - 11 Jan 2023 20:52

[Human being wrote on 11 Jan 2023 20:21:](#)

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Great to hear that you're feelin' positive.

We get up to live, not to fight.

?There may be fights every once in a while.

Fightin' ain't livin'.

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 11 Jan 2023 21:39

[cordnoy wrote on 11 Jan 2023 20:52:](#)

[Human being wrote on 11 Jan 2023 20:21:](#)

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But why we livin'?

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Re: Destination - 90 days, A human beings journey.
Posted by jackthejew - 11 Jan 2023 21:51

[Human being wrote on 11 Jan 2023 21:39:](#)

[cordnoy wrote on 11 Jan 2023 20:52:](#)

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To grow and to work, not to fight all the time

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Re: Destination - 90 days, A human beings journey.

Posted by Human being - 11 Jan 2023 21:54

[jackthejew wrote on 11 Jan 2023 21:51:](#)

[Human being wrote on 11 Jan 2023 21:39:](#)

[cordnoy wrote on 11 Jan 2023 20:52:](#)

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that's what I mean when I say the word fight, my dear factcheckers. To work and grow and struggle and move forward and persist and be strong in the face of adversity and to not back down from our convictions. Omg. please

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Re: Destination - 90 days, A human beings journey.
Posted by yitzy148 - 11 Jan 2023 22:16

seems right to me....

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 15 Jan 2023 10:33

Just figured how to get past the next filter.... ;-(

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 15 Jan 2023 14:08

I'm feeling=ng so low now. I gatta get up and put it together.

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Re: Destination - 90 days, A human beings journey.
Posted by Eerie - 15 Jan 2023 22:51

Hold in there, my friend! You are Hashem's precious child, He's waiting for you to get up and fight your way to Him! Get yourself a new filter, and stop testing them. Or get web chaver. Keep trucking, and let us know how you are doing!

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 27 Jan 2023 12:20

porn porn porn.....~~rabbit hole~~ — blue whale valley....is more like it

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Re: Destination - 90 days, A human beings journey.
Posted by Geshmak! - 27 Jan 2023 18:17

Hey the guy full of love and hugs is back! I missed you !! Now here's a big
geshmakah **HUG** from me!! Hope you get yourself back on track and stop the watching and
continue giving us all the inspiration you always give!!

gut shabbos!!

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 06 Feb 2023 10:33

porn masturbation, confusion, loneliness and more confusion. #day 1.

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 20 Feb 2023 09:53
love ya!

day -19028

?I'm crying and I'm falling apart emotionally. This complex trauma journey feels like a tunnel

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