

Destination - 90 days, A human beings journey.

Posted by Human being - 05 Jan 2022 18:52

Here I go, this will be the spot for my journey to 90 days! I'm excited to finally start. Its my first time legitimately trying to stop masturbating and calling phone sex lines to listen to the recordings (and occasional porn when I have access).

Whatever my ETA is, 90 days is my destination.

I will hopefully post every day. Any feedback is appreciated.

I usually have a really hard time with phone sex lines when I'm in bed and going to sleep, which has always ended in masturbation. This is especially when I have a hard time falling asleep.

See you down the road- enjoy the ride!

#HashemWillHelpMe.#MyFatherMyKingMyLoveAndHeLovesMeToo

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Re: Destination - 90 days, A human beings journey.

Posted by Geshmak! - 21 Nov 2022 19:50

[Human being wrote on 21 Nov 2022 05:27:](#)

So bh im going to be at 90 in 3 days. Once again i spent a lot of time today researching things that were not so "tznus".

I was also on a website that had a very big mix of pictures including nude ones. I didn't fall per se' and what i mean by that is, I didn't do any sexualized browsing for the point of sexual browsing. And therefor Bh i didn't masturbate either. At the same time i have to be honest to myself that these forays into sexual topics or topics that i would need to be on websites that have other inappropriate material on there besides or the material I want, is not a good idea until after marriage (bh one day) when my wife is available.

Because even though i didn't do any browsing to get myself turned on, i never the less was around porn material for a few hours which automatically makes it 10 times harder to avoid falling. because just being in the vicinity even though I'm not clicking on the website links, turns on the challenging thoughts of my mind of "Just do it out of curiosity not lust", etc.

So I'm understanding as i write this, that even if i didn't do anything wrong per se' (I did slip a couple times and could've avoided it, so I was wrong) but avoiding wrong or right on the "smaller" issues, I still have to keep in mind that i cant give myself tests like this. Yes I'm going to pass the test on the "bigger issues" and I'm not going to watch porn or masturbate, but no, i cannot put myself into a situation where I'm making it that much more of a challenge, until beezras Hashem one day when I'm married when i have "a way out" of immediate sexual tension. (and even then i shouldn't)

Amazing stuff! Hope you find your basherter really fast and easy...

but I can't understand-Why don't you have a filter?!?! Like isn't that basics for a good Jew like you...

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Re: Destination - 90 days, A human beings journey.
Posted by Human being - 22 Nov 2022 05:15

Thanks for asking! I actually don't have any computer at all. I use public computers because when i have my own screens i automatically watch porn.

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Re: Destination - 90 days, A human beings journey.
Posted by Geshmak! - 22 Nov 2022 05:19

[Human being wrote on 22 Nov 2022 05:15:](#)

Thanks for asking! I actually don't have any computer at all. I use public computers because when i have my own screens i automatically watch porn.

Aha, I hear ya!

But even if your own computer would be filtered? Just asking not judging...

like today bh you can get amazing non brake able filters.. I'm not sure what you need your computer for but there are many different types that can work for everyone

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Re: Destination - 90 days, A human beings journey.

Posted by Human being - 22 Nov 2022 05:32

When i get "paralyzed" I'm unable to function without sexual content. i am just frozen and paralyzed. I do whatever it takes to get content. I am filter proof. There are no filters that work for someone who **needs** sexual content.

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Re: Destination - 90 days, A human beings journey.

Posted by Geshmak! - 22 Nov 2022 05:35

[Human being wrote on 22 Nov 2022 05:32:](#)

When i get "paralyzed" I'm unable to function without sexual content. i am just frozen and paralyzed. I do whatever it takes to get content. I am filter proof. There are no filters that work for someone who **needs** sexual content.

I get it! It's amazing that you understand your challenge and you don't have your own computer. You inspire me(us)!!

Btw I can't wait for your 90 days party... were you making it? Can I please come?

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Re: Destination - 90 days, A human beings journey.

Posted by Human being - 22 Nov 2022 05:37

Omg i really should make a party.

were do the oilern think i should make it?

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Re: Destination - 90 days, A human beings journey.

Posted by Geshmak! - 22 Nov 2022 05:38

I would seriously come if Hhm gives me permission... which he won't (hope he doesn't kill me for this) he's a big fan of me staying away from people that I don't know like he keeps reminding me to say the least that someone should finger out who I really am.. I guess he knows what he's talking abt so I guess I'll just follow the he's rules but I do think it would be nice to party over someone's accomplishment of controlling himself for 90 days! But ooh well that's life don't always get what u want...

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Re: Destination - 90 days, A human beings journey.

Posted by Human being - 22 Nov 2022 05:43

Makes sence "-) heres a hug and good night!

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Re: Destination - 90 days, A human beings journey.

Posted by Geshmak! - 22 Nov 2022 05:49

[Human being wrote on 22 Nov 2022 05:43:](#)

Makes sence "-) heres a hug and good night!

Good night sleep tight!

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Re: Destination - 90 days, A human beings journey.

Posted by Human being - 22 Nov 2022 15:34

heres a real hug :-)

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I want a REAL HUG!!

Re: Destination - 90 days, A human beings journey.

Posted by Human being - 22 Nov 2022 15:46

88 my dears. 2 more out. Recently I've been paralyzed in my trauma, what we call an **emotional flashback**. life hasnt been so pleasant. I also like being pleasant around others so its double uncomfortable to me to be the unpleasant guy stuck in his emotions

In other news I've been losing karmas! I hope love comes flowing back my way:relaxed:

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Re: Destination - 90 days, A human beings journey.

Posted by Geshmak! - 23 Nov 2022 04:09

[Human being wrote on 22 Nov 2022 15:34:](#)

heres a real hug :-)

I didn't feel a real hug but at least you did... Btw it's so exciting that your getting to day 90 !! I seriously hope your planning a nice party or treating yourself with something nice... besides you deserve it also show H' your happy that you got here and asking for help further... just like by a siyem...

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Re: Destination - 90 days, A human beings journey.
Posted by ILAHC FM - 23 Nov 2022 09:09

I really relate to this. No filter will work for someone who **needs** sexual content. I would not recommend you getting your own device. From personal experience, when in an emotional flashback I will do anything I can to break through a filter, so now I have a device without a filter and i have something similar to a [Taphsic](#) in place so that I don't access sexual stuff/porn, except when I'm in a [emotional flashback](#)

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Re: Destination - 90 days, A human beings journey.
Posted by ILAHC FM - 23 Nov 2022 09:10

I really relate to this. No filter will work for someone who **needs** sexual content. I would not recommend you getting your own device. From personal experience, when in an emotional flashback I will do anything I can to break through a filter, so now I have a device without a filter and i have something similar to a [Taphsic](#) in place so that I don't access sexual stuff/porn, except when I'm in a [emotional flashback](#). I wish I could be device free.

@Human being, you're amazing that you have the strength not to have your own device. I think you're not a human being, you're an Angel.

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