

A Day a Post-On the way to Ninety

Posted by Yaakov5782 - 29 Dec 2021 15:17

Hi Guys,

I'm here like everyone and want to be clean. I have two months of clean eyes under my belt but a few times of actually m****ing. Cumulative I have three months of clean eyes!

I really love the idea of getting to 90; I hope you'll support me on the way.

fyi, I've had a difficult past related to abuse in my family, please refrain from explicit posts as they trigger me.

Kol Tov!!

Yaakov

=====

Re: A Day a Post-On the way to Ninety

Posted by DavidT - 29 Dec 2021 19:18

Hi Yaakov,

Nobody deserves to be abused, especially by people who are supposed to love and protect us. My heart goes out to you and I hope you can find healing.

We are here to support you to your goal of 90 and way beyond that as well!

=====

Re: A Day a Post-On the way to Ninety

Posted by Yaakov5782 - 30 Dec 2021 03:44

Hi David,

Thanks for your heartfelt words. I feel great having contact with the network vis-a-vis this site.

Yaakov

=====

Re: A Day a Post-On the way to Ninety
Posted by Hashem Help Me - 30 Dec 2021 12:11

Welcome. It should be with hatzlocha! You have already Bh accomplished a lot!

=====

Re: A Day a Post-On the way to Ninety
Posted by omoH - 30 Dec 2021 13:40

hey welcome just wanted to tell you how awesome you are for being clean for 2 months already
good for you and hopefully this site will help you continue to grow

=====

Re: A Day a Post-On the way to Ninety
Posted by Captain - 30 Dec 2021 14:11

Welcome! Please check out these great free resources:

ebook- The Battle of the Generation

Audio series- The Fight

See below in my signature for the links.

?Hatzlocha!

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 31 Dec 2021 00:13

Thank you for your Chizzuk and kind heartfelt words omoH. What's your story??

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 31 Dec 2021 00:14

Thank you for your Chizzuk and kind words. I feel a new sense of connection and support through this forum. Thank you Hashem Help Me!!

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 31 Dec 2021 00:15

Thank you for your support and resource links!! I like learning more about the neuroscience of ninety days!! What's your story??

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 31 Dec 2021 00:16

Thank you everyone B"H for your heart felt support. I'm keeping it in the big picture and viewing things cumulatively. I feel great about three months basically eyes clean!! Now I want to do three more!!

Everyday the beauty of life can outshine the false idols of lust and s*x

Yaakov

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 03 Jan 2022 03:14

When I reply in here I feel connected and accountable! Thanks for all your support and solidarity and community!!

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by omoH - 03 Jan 2022 03:37

just a good guy struggling with some basic issues not easy but i am holding by 43 days clean!!

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 03 Jan 2022 20:19

Awesome! Let's be companions on here!

=====

=====

Re: A Day a Post-On the way to Ninety
Posted by Yaakov5782 - 03 Jan 2022 20:22

I'm starting a new job this week! I'm psyched! Let's be there for and share each others'

accomplishments!!

=====

=====

Re: A Day a Post-On the way to Ninety

Posted by omoH - 04 Jan 2022 13:57

[Yaakov5782 wrote on 03 Jan 2022 20:22:](#)

I'm starting a new job this week! I'm psyched! Let's be there for and share each others' accomplishments!!

hey good luck! i hope everything goes smoothly at your new job. much hatzlachah

=====

=====