

What happened

Posted by Medly1234 - 16 Dec 2021 16:22

I was clean for 20 Days B”H then my schedule got messed up and I fell then fell again and again the past 3 days. I was doing so good I don’t know what happened. Also I found a loophole in my filter that I need to fix asap. Please share some chizzuk to getting back into to it. I keep telling myself since I just fell I might as well fall again and start again tom. It’s a vicious cycle!

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Re: What happened

Posted by DavidT - 16 Dec 2021 20:31

[Medly1234 wrote on 16 Dec 2021 16:22:](#)

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First you need to celebrate the 20 clean days which are yours to keep forever.

It's very common that when a person falls he feels that now he is in "falling mode" so he might as well take advantage of it and fall some more. The best thing is to draw a red line and say: "the past is gone, I'm starting now a fresh page - one day at a time".

We are eagerly waiting to start celebrating more clean hours and days with you... Please keep the good news coming.

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Re: What happened

Posted by committed_togrowth - 16 Dec 2021 21:06

I heard a great idea from a shiur by Rabbi Moshe Weinberger. He asks why we it is that we call Yosef "Yosef Hatzadik." When we compare Yosef with Yaakov Avinu, we see that Yaakov was completely perfect in the area of kedushas habris. Yosef, according to some opinions, actually

had a fall according to his level (although that's hard for us to understand). According to this opinion, when the Torah says that Yosef came to the house of Potiphar to do his work, he actually was coming to be with eishes Potiphar. He had decided he couldn't take her attacks anymore, and he came to be with her when she was alone. Rabbi Weinberger explains that on some level there was a pgam here. So, wouldn't it make sense to Yaakov "Yaakov Hatzadik" instead of Yosef since he was the one who was perfect?

One way to answer this question is that Yosef *became* Yosef Hatzadik through the way that he responded to his slip. When Yosef tried to flee from eishes Potiphar she grabbed him by his clothes. We see the root of the word for garment (???) shares a root with the word for shame. We can read it as she tried to grab Yosef by his shame. "You already came here to see me anyway, clearly you're a low life, you should just go though with what you came here to do." Yosef doesn't let her grip him by his shame. He leaves behind his ??? and flees. He doesn't let eishes Potiphar convince him that he is a low life. Yes he made a mistake (on his level), but he is still Yosef. In this way he becomes Yosef Hatzadik. We all have an eishes Potiphar in our life. We're all incited to just give up our mission as a Jew. The key is in those moments is to say I'm still a Jew and to get out of there, not to be caught by your ???. Yes I slipped up, but I still have my mission ahead of me and I'm committed to it. That's the nature of Yosef Hatzadik, and that's why we call him by that title. You can do this! ?????? ??????? ??????? ??????

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Re: What happened
Posted by Vehkam - 16 Dec 2021 21:57

Thanks. Beautiful Vort.

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Re: What happened
Posted by Medly1234 - 19 Dec 2021 13:39

Thank you for the vort! It's very true

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Re: What happened
Posted by Medly1234 - 19 Dec 2021 13:40

Thanks for the feedback! B”H I’m on my fourth day right now!

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