

my journey

Posted by omoH - 23 Nov 2021 14:14

i am starting my 90 days and will try to post about it as often as i can although i bh don't have regular access to the internet. i joined the 90 days last week and have since fell i was up late at night all alone and was fighting and distracting my self for a good hour or so but then i lost

Warning: Spoiler!

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Re: my journey

Posted by omoH - 26 Dec 2021 12:29

day 35 its been a little easy the past few days because i was down with the flu or something i am now feeling better and ready for a nother round of fighting. i still cannot believe i made it this far I've only done a round 20 days before i would fall but this time it feels real

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Re: my journey

Posted by omoH - 26 Dec 2021 12:30

yup i shall! but praying alone hasn't helped me till now

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Re: my journey

Posted by omoH - 29 Dec 2021 13:04

hey its day 38 pretty crazy I've made it this far i never thought i would and i feel like my fight is far from over but a step in the right direction

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Re: my journey

Posted by DavidT - 29 Dec 2021 19:23

Congratulations on such an amazing streak!

Please don't become complacent; "I'm already in a good place I don't need to be vigilant anymore". If we're complacent, it's just a matter of time before we get caught off guard.

As we keep on repeating, keep on taking the journey one day at a time.

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Re: my journey

Posted by omoH - 30 Dec 2021 13:42

day 39! any ideas on how to stay on top of my game and continue my fight?

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Re: my journey

Posted by DavidT - 31 Dec 2021 14:37

[omoH wrote on 30 Dec 2021 13:42:](#)

day 39! any ideas on how to stay on top of my game and continue my fight?

Accountability.

Being in touch, open & honest with a person in real life work wonders!

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Re: my journey

Posted by omoH - 03 Jan 2022 03:34

i hear but thats not so easy for me hopefully one day ill get there

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Re: my journey

Posted by omoH - 03 Jan 2022 03:35

day 43 and i am still going this is legit crazy

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Re: my journey

Posted by BT Again - 04 Jan 2022 01:07

Keep going, we're all rooting for you!

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Re: my journey

Posted by omoH - 10 Jan 2022 04:04

WOW cannot believe i am here at day 50 seems to becoming along nicely and i think reading easypeasy really helped me check it out your self easypeasymethod.org/easypeasy.pdf

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Re: my journey

Posted by Human being - 10 Jan 2022 08:56

Wow! omoH You are really inspiring! Its really amazing you got to 50! Good for you. Any tips? How did you get to 50?

L'chaim!

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Re: my journey

Posted by omoH - 18 Feb 2022 12:31

well here i am at day 89!!!! PRITTY CRAZY!!!!!!!!!!!!

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Re: my journey

Posted by omoH - 18 Feb 2022 12:33

Not liking the GYE email at day 70 that i just sacrificed 70 days i was like huh? what did i give up something terrible that was ruining my life why is that called a sacrifice??

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Re: my journey

Posted by DavidT - 18 Feb 2022 15:42

[omoH wrote on 18 Feb 2022 12:33:](#)

Not liking the GYE email at day 70 that i just sacrificed 70 days i was like huh? what did i give up something terrible that was ruining my life why is that called a sacrifice??

Maybe the email can be reworded a bit, but the point is not that you sacrificed a good thing but that you brought a sacrifice to Hashem!

The Medrash *Yalkut Shemoni* (click [here](#)) brings Chazal's words: Who ever turns himself away from *aveira* (sin), then even if he is a Israelite, he is worthy of bringing a sacrifice on the alter like the *Kohen Gadol*"... "And who ever makes himself lazy from sin and doesn't sin, merits to enjoy the shine of the *Shechina* like the ministering angels".

We're looking forward to celebrating 90 with you (remotely) at the shabbos kiddush (Kiddush Hashem!)

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