

just do it!

Posted by Ybird - 02 Nov 2021 15:35

Hi everyone here on gye, this is yBird,

I want to post some of my struggle in my journey to 90 days clean, I'm in my low 20's with 2 children, in a Chasidic community in brooklyn, Before my chasuna i B"H didn't know of any shmutz (WHAT?!) not erection, not p**n, only holiness ty"h, but I did sometimes have lust thoughts going through my mind like imagining how to have s*x and how it would look like after my Chasuna, also I used to have wet dreams once in a while.

I married a wonderful wife and we had a wonderful marriage, but not for too long. The first 6 months after marriage we had a wonderful love life with intimacy every single day, but it all came crashing down when she got pregnant, it went from 7 times a week to once in every 7 weeks or even less! it was very hard for me, really tough but i got thru it for some time, till i discovered that i could have pleasure without having my wife involved RCH"L, also i started to watch p* on my wife's phone when she didn't see, first it was very few and far inbetween, but it got more frequently, and i sometimes i even opted in for own pleasure instead of real s*x with my wife,

After first baby things didn't get any better from wife's side, she got totally disinterested in having s*x, after a year and change she got pregnant again and now she is after her 2nd baby, and I'm reaching out to hashem to save my s*xless marriage, and myself from avairesi started GYE right before Rosh Hashana, together with the 90 day calendar but I fell a few times,

please if someone could give me some advice or chizzuk i would appreciate it very much. If you read till now please forgive me for writing such a long post

thank you.

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Re: just do it!

Posted by Ybird - 23 Feb 2022 15:35

MAZEL TOV I'm at 100 days,

also 2 weeks off twitter, YouTube, and some other sites which wasn't good for me!

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Re: just do it!

Posted by DavidT - 23 Feb 2022 17:14

[Ybird wrote on 23 Feb 2022 15:35:](#)

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Re: just do it!

Posted by Ybird - 24 Oct 2022 16:18

WOW I totally forgot that this thread is mines, long time wasn't here

in short, I am now at 343 days clean, reaching a full year in 3 weeks on Nov. 15

I am also very strict on the street and haven't looked on any woman for close to 4 months!!!

on the screen I had some ups and downs but in the past 2-3 months I was only nichshel with slightly immodest pictures about 5 or 6 times total

besides that I switched jobs because the old one didn't have a filter, and i found a nice offer with twenty five thousand dollars more per year with lots of growing potentials all in zchus of wanting to guard my eyes

all the best,

see you tomorrow, ODAAT

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Re: just do it!

Posted by Vehkam - 24 Oct 2022 17:25

[Ybird wrote on 24 Oct 2022 16:18:](#)

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amazing update! thanks for checking in. seems we started around the same time. i am celebrating one year since the beginning of my journey at the end of this week iyh.

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Re: just do it!

Posted by Ybird - 24 Oct 2022 18:21

dear [Vehkam](#)

i found out from GYE exactly 4 days before Rosh Hashana 5782

it took me about two months till i got to this current streak that i have now of 343 days

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Re: just do it!

Posted by Ybird - 01 Nov 2022 15:17

351 days guys,

another 14 days for a full 365

one day at a time

se you tomorrow

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Re: just do it!

Posted by DavidT - 01 Nov 2022 16:31

[Ybird wrote on 01 Nov 2022 15:17:](#)

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Dear Ybird, if GYE only had you as a member, it was worth all the effort!

You are a role model for me and many others. Keep on inspiring us.

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Re: just do it!

Posted by Teshuvahguy - 01 Nov 2022 17:36

[DavidT wrote on 01 Nov 2022 16:31:](#)

[Ybird wrote on 01 Nov 2022 15:17:](#)

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Dear Ybird, if GYE only had you as a member, it was worth all the effort!

You are a role model for me and many others. Keep on inspiring us.

Keep going YBird. You are an inspiration!!!

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Re: just do it!

Posted by Ybird - 08 Nov 2022 16:48

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credit : www.gimatria.co.il/

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Re: just do it!

Posted by Ybird - 08 Nov 2022 16:57

LAST ONE IS MY FAVORITE

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Re: just do it!

Posted by Geshmak! - 08 Nov 2022 17:21

[Ybird wrote on 08 Nov 2022 16:57:](#)

LAST ONE IS MY FAVORITE

What does it mean?!? I love hsimcha and moshiyach cause that's what u get when your clean for 358 days!!

but if the last thing means(I'm not sure it's even close I'm just trying to figure it out) what the Muslims say before they blow them selfs up...then I don't get what you like abt that... unless it a joke:wink:

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Re: just do it!

Posted by Ybird - 08 Nov 2022 18:07

[Geshmak! wrote on 08 Nov 2022 17:21:](#)

[Ybird wrote on 08 Nov 2022 16:57:](#)

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YES ITS A JOKE

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Re: just do it!

Posted by Geshmak! - 09 Nov 2022 00:32

[Ybird wrote on 08 Nov 2022 18:07:](#)

[Geshmak! wrote on 08 Nov 2022 17:21:](#)

[Ybird wrote on 08 Nov 2022 16:57:](#)

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YES ITS A JOKE

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Re: I was getting nervous
Re: Just do it

Posted by Ybird - 16 Nov 2022 18:51

its been officially a full year!!!!!!



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