

just do it!

Posted by Ybird - 02 Nov 2021 15:35

Hi everyone here on gye, this is yBird,

I want to post some of my struggle in my journey to 90 days clean, I'm in my low 20's with 2 children, in a Chasidic community in Brooklyn. Before my chasuna i B"H didn't know of any shmutz (WHAT?!) not erection, not p**n, only holiness ty"h, but I did sometimes have lust thoughts going through my mind like imagining how to have s*x and how it would look like after my Chasuna, also I used to have wet dreams once in a while.

I married a wonderful wife and we had a wonderful marriage, but not for too long. The first 6 months after marriage we had a wonderful love life with intimacy every single day, but it all came crashing down when she got pregnant, it went from 7 times a week to once in every 7 weeks or even less! it was very hard for me, really tough but i got thru it for some time, till i discovered that i could have pleasure without having my wife involved RCH"L, also i started to watch p* on my wife's phone when she didn't see, first it was very few and far inbetween, but it got more frequently, and i sometimes i even opted in for own pleasure instead of real s*x with my wife,

After first baby things didn't get any better from wife's side, she got totally disinterested in having s*x, after a year and change she got pregnant again and now she is after her 2nd baby, and I'm reaching out to hashem to save my s*xless marriage, and myself from avairesi started GYE right before Rosh Hashana, together with the 90 day calendar but I fell a few times,

please if someone could give me some advice or chizzuk i would appreciate it very much. If you read till now please forgive me for writing such a long post

thank you.

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Re: just do it!

Posted by ybird - 09 Dec 2024 15:55

[gefilte fish wrote on 09 Dec 2024 05:31:](#)

I had a strong taiva to masturbate now but was browsing the forums and read this thread.
Amazed how u have hit over 1000 clean days and have gotten right back up after a fall. Your a
tzadik!

You have given me the chizuk to just go to sleep and not fall!!

thank you!!

Wow, this is amazing!!

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Re: just do it!

Posted by ybird - 09 Dec 2024 16:10

[Ybird wrote on 08 Jan 2024 14:40:](#)

90



Here we are again!

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Re: just do it!

Posted by ybird - 08 Apr 2025 17:21

Hashem must be very proud of me, i am really not happy at my job, and i'm looking to leave for weeks already, as a lot of people know, the matzev now with jobs is not good, there are almost no jobs available, i got a golden offer, to work for a competition of my current boss, but instead of a reg worker i was able to be a manager over 8 people, make a lot of money (he told me 250k after a year or two, i make now less then 90k) but one issue, i would need to work closely almost all day with another Jewish woman, (mid-high 30's single) not shoimer shabbos, but speaking Yiddish

, and on the meeting she was a bit too friendly, making jokes Etc. i was debating for the last 2 weeks till i finally said no to the offer yesterday.

Warning: Spoiler!

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Re: just do it!

Posted by simchastorah - 08 Apr 2025 18:11

[ybird wrote on 08 Apr 2025 17:21:](#)

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Warning: Spoiler!

Hashem should shower you with bracha, what you did was not pashut at all, it would have been very easy to be moreh heiter and I'm sure many would have done so in your place

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Re: just do it!

Posted by frank.lee - 08 Apr 2025 19:46

Ybird, you're awesome!!! No question that was a great, smart, decision!!! You just saved your life.

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Re: just do it!

Posted by Muttel - 08 Apr 2025 20:21

[ybird wrote on 08 Apr 2025 17:21:](#)

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Warning: Spoiler!

Wow!!! Hats off to you - you should always have such clarity and sense of mission!

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Re: just do it!

Posted by iyh2023 - 09 Apr 2025 15:04

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Yiddish

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and on the meeting she was a bit too friendly, making jokes Etc. i was debating for the last 2 weeks till i finally said no to the offer yesterday.

Also, for dessert, I'm taking my long unfiltered device to Tag for a long overdue filter.

Wow wow wow! I am flabbergasted.

Hashem, look at you push*tta kinderlich, not taking a job which would pay a LOT more (and who cant use more money), just for your sake!

No less that the Yidden in America of yesteryear who got the pink slip every Friday.

I envy you, I too am very (read: extremely) unhappy at my job, bless me to have that strength if I ever find my self in that situation.

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Re: just do it!

Posted by iyh2023 - 09 Apr 2025 15:05

[ybird wrote on 08 Apr 2025 17:21:](#)

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