

I need a support group

Posted by Joe770 - 07 Oct 2021 06:12

---

Hi guys,

I'm your average bochur in yeshiva for the most part except in one area... I have tried multiple times to stay away from anything not tznius, and I'm talking like 5 years, most of the time I was in yeshiva and didn't have access but that didn't stop me when i would get home. Throughout the years i had my ups and downs, and some times i really stayed strong and looking back im proud of those time's, but recently it became the worst its ever been yet, so i decided to give gye a try and do the 90 day program, but even that i failed multiple times.

So here i am writing this hoping that writing and having people's support will help.

- feeling i tried everything to quit this addiction

=====

Re: I need a support group

Posted by Joe770 - 29 Nov 2021 11:08

---

Made it to day 8

but restarting now, any tips to get further my record is only 30?

=====

Re: I need a support group

Posted by Hashem Help Me - 29 Nov 2021 12:23

---

[Joe770 wrote on 29 Nov 2021 11:08:](#)

Made it to day 8

but restarting now, any tips to get further my record is only 30?

Speak with people on a consistent basis and choose an accountability partner.

=====

=====