I don't know how I did it... Posted by BPositive - 05 Sep 2021 02:26

I made it to 4 days. Shabbos helped because I am constantly around people. I find that not being able to escape to privacy is a good thing. Here's to hoping this trend will continue through out the High Holidays.

If I fall, it's ok. The effort not to will not be in vain.

Re: I don't know how I did it... Posted by DavidT - 05 Sep 2021 14:59

Great attitude!

You must never forget that Hashem loves you despite your sins. No matter how badly you fall, Hashem still cares about you. He never gets angry with you, no matter how badly you sin.

By realizing Hashem's unconditional love for us, we can experience the most comforting feeling in existence. Regardless of how far we have fallen, Hashem still loves us and cares about us. We must admit that Hashem still cares about us and will continue to care no matter what we do. He loves us and values us unconditionally because we are His creations.

Re: I don't know how I did it... Posted by retrych - 17 Sep 2021 13:26

Sounds like you have a goalfocused view of this, keep going!

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