

my inner farm

Posted by farmer k. - 02 Sep 2021 02:56

hello everyone I'm starting my gye journey now. i will try to post often but I don't have a constant internet access since I'm in yeshiva but I'm home about once or twice a week and will try to post then

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Re: my inner farm

Posted by farmer k. - 31 Oct 2021 06:00

9 days, and doing great b"h

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Re: my inner farm

Posted by farmer k. - 12 Nov 2021 01:45

at day 4 again

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Re: my inner farm

Posted by Avrohom - 12 Nov 2021 03:48

Good to see you back at it!

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Re: my inner farm

Posted by farmer k. - 14 Nov 2021 05:31

I fell on Friday. I was having a stressful day but managed to fight my desire to let off steam but later in the day after stuff calmed down I fell

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Re: my inner farm
Posted by farmer k. - 17 Dec 2021 03:57

hey what's up

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Re: my inner farm
Posted by farmer k. - 29 Dec 2021 00:24

hi fell again still trying:neutral_face:

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Re: my inner farm
Posted by Human being - 09 Jan 2022 21:09

Hay farmer k. How are you managing?

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Re: my inner farm
Posted by farmer k. - 10 Jan 2022 04:22

thanks for asking, at an 8 day streak.

just had a hard Shabbos, was by a married friends house, b"h was able to be sh"e but just the emotions that go through me when I see a married couple interacting with each other.

whatever rambling again:stuck_out_tongue_winking_eye: but thanx for asking it does help

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Re: my inner farm

Posted by 5Uu80*cdwB#^ - 10 Jan 2022 13:09

I think it's incredible that you were able to be shomer eiyneim. It really is such a tremendous challenge to be at table with ????. And what you said about your emotions resonates very much with me. I remember countless times feeling very similarly over the past several years.

My recommendation based on my own experiences and falls in this area is, to whatever extent is possible, really, really avoid going out to Shabbos seudos with mixed attendance, **ESPECIALLY on Friday nights**, when the women are dressed to their best. It will just save you so much agony. Keep fighting! I am cheering for you!

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Re: my inner farm

Posted by Markz - 16 Jan 2022 15:29

[farmer k. wrote on 24 Dec 2021 03:29:](#)

hi... every morning I wake up with an erection no mater how I sleep, if anyone has advice for this it will be really appreciated

I believe it's similar to wet dreams.

Both these things can strangely disappear after you hit 90 days.

So don't stress over the small things.

Get yourself a Gye Chaver and hit the road!!

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Re: my inner farm

Posted by farmer k. - 17 Jan 2022 03:53

raaaaaaaaaaaaaaaaaaaaaah fell after a good 14 day streak

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Re: my inner farm
Posted by omekhadavar - 17 Jan 2022 04:43

It's not a fall, it's another road stop on the way to recovery.

Have you tried the Flight to Freedom program?

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Re: my inner farm
Posted by Human being - 17 Jan 2022 10:12

That's got to be frustrating.

Remember that your 14 days of cleanliness will never ever go away. Your amazing!

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Re: my inner farm
Posted by Markz - 17 Jan 2022 20:59

[farmer k. wrote on 14 Nov 2021 05:31:](#)

I fell on Friday. I was having a stressful day but managed to fight my desire to let off steam but later in the day after stuff calmed down I fell

Sing with me

"I fell on a Monday on a MAC cos I was too stressed,

I fell on Friday on a MAC cos I was too chilled,

With a Click Click here and a Mouse Mouse there,

My old MAC had a Dirty Farm e i è ï ô”

Now, how are we gonna clean up this mess?

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