

my inner farm

Posted by farmer k. - 02 Sep 2021 02:56

hello everyone I'm starting my gye journey now. i will try to post often but I don't have a constant internet access since I'm in yeshiva but I'm home about once or twice a week and will try to post then

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Re: my inner farm

Posted by Hashem Help Me - 06 Oct 2021 04:53

Where is the farmer?

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Re: my inner farm

Posted by farmer k. - 06 Oct 2021 15:06

I'm still around,

but if I cant be found,

means I am busy as can be ,

on this bain ha'z'

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Re: my inner farm

Posted by farmer k. - 07 Oct 2021 03:38

and we start again

and yes full power cuz if i want this could be it

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Re: my inner farm

Posted by farmer k. - 07 Oct 2021 03:42

and i start again

yes i know again

again brings with all his friends called bad feelings from last time,

so here goes i am starting my 90 day journey **right now**

Warning: Spoiler!

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Re: my inner farm

Posted by farmer k. - 07 Oct 2021 03:42

and i start again

yes i know again

again brings with all his friends called bad feelings from last time,

so here goes i am starting my 90 day journey **right now**

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Re: my inner farm

Posted by Ish MiGrodno - 07 Oct 2021 05:55

we've got your back

as you get on track

?so give your best

and pass each test

IMG

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Re: my inner farm

Posted by dovidfg - 07 Oct 2021 14:32

If you dont already know

and find it hard to believe

weve all been to this show

so you can feel relieved

it says ki hadam eitz hassadeh so learning to cultivat ea farm can be used to cultivate onself

Welcome and much hatzlacha

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Re: my inner farm

Posted by withgdthereshope - 08 Oct 2021 02:04

I wanted to respond, but I can't rhyme, so I'm just too intimidated

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Re: my inner farm

Posted by Hashem Help Me - 08 Oct 2021 11:26

A "moo" was heard from the farmer's cow,

but really he meant to say "Wow!"

His master started 90 days,

of walking in Hashem's ways.

The goats bleat back showing they too are content,

yes, Master will now receive bracha, Heaven sent,

The farm fowl excitedly chirp, singing sweet,

Yep, Farmer's on track, and can't be beat.

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Re: my inner farm

Posted by farmer k. - 17 Oct 2021 22:39

day 1 again

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Re: my inner farm

Posted by Avrohom - 18 Oct 2021 02:28

I don't know whether this is your first day one since the last you posted, or whether there have been several - either way you can take Chizuk in the fact that you've made to this point - a 10 day streak is something to be proud of, and getting back after several falls is certainly something that can be very challenging. Either way, keep posting so we can cheer you on!

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Re: my inner farm

Posted by farmer k. - 22 Oct 2021 04:32

day 6

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Re: my inner farm

Posted by Rebuild613 - 22 Oct 2021 11:37

[farmer k. wrote on 22 Oct 2021 04:32:](#)

day 6

Re: day 6

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Re: my inner farm

Posted by farmer k. - 24 Oct 2021 04:15

"ha what a funny joke" about a half hour after I posted "day 6" I went and fell. after that I fell a few times that night, but b"h pulled myself out of the rut on eruv Shabbos, worked on myself a bit on Shabbos by telling myself that even though I fell now, this time could still be it. one thing that actually helped me a lot, was I visualizes thinking to myself or telling someone in a few years from now, how the time I finally broke free was a pretty low moment for me and I thought I'd be stuck in this rut my whole life. what helped me wasn't the fact that I visualized it, what helped me was that I realized that even now I really have the ????? to stop for good.

whatever thanks for reading my ramblings

(p.s. idk a thing about grammar and I'd love to learn if anyone knows a good book on it please lmk)

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