

GYE - Guard Your Eyes

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No more time to lose

Posted by Rt234 - 25 Jun 2021 18:06

Im not very good at this but I'm going to try (bli neder) to post all my falls and struggles as I'm restarting my 90 day journey.

just so you know... it's extremely hard for me because there is totally open internet in my house and nothing I can do about it.

I've managed to get almost 8 clean mounths through corona at home.

So I i now it can be done again!

just need a little push and this may be it.Fell free to post back and PM me.

thank you everyone and wish me luck!

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Re: No more time to lose

Posted by HappyYid - 27 Jun 2021 02:27

Yes keep us posted.

Looking forward to reading them!

Good luck!

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Re: No more time to lose

Posted by Rt234 - 27 Jun 2021 05:33

Ok... About a couple days in doing great!

had some very stressful minutes and some urges just kept strong!

I know motzei shobbos is extra hard for me so I was proactive and made a Taphsic neder...

Also one of my big mistakes from the past was not filling in all the excitement that goes missing. So I'm keeping on top of that as well with learning.also I try getting myself outside when things get intense.

Still a lot more to go but I'd say it's a good start!

Thank you all for the help and support!

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Re: No more time to lose
Posted by Rt234 - 28 Jun 2021 06:45

About 3 days Clean. Couldn't ask myself for better on all ends.

btw try the TaphTaphsic method the vrightvwsy how it fits you it's special!really works wonders,no jjokes you can read up about it on this website.

but BH doing amazing so far ba"h!

Thanks for all the help and support!!!

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Re: No more time to lose
Posted by Rt234 - 01 Jul 2021 06:26

Fell pretty bad last night after 4 clean days then fell again this morning.

had to fulfill the condition of the Taphsic neder 2 times (really wasn't fun). I may have to make a bit of a stronger condition...

But I'm back to almost a day again. I'm ready to go!!

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Re: No more time to lose
Posted by YeshivaGuy - 01 Jul 2021 13:15

I understand the situation you're in at home.

Hatzlocha and keep fighting

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Re: No more time to lose
Posted by Rt234 - 01 Jul 2021 17:43

Thank you!!! Utoo!!!

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Re: No more time to lose
Posted by Rt234 - 02 Jul 2021 07:32

Over a day clean bh!!!

Things are hard right now but gotta keep on fighting!!!

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Re: No more time to lose
Posted by YeshivaGuy - 11 Jul 2021 12:43

Hows it goin buddy?

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