

GYE - Guard Your Eyes

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Keep posting your experiences, they mean the world
Posted by Reachstars - 12 Apr 2021 19:26

I have had a complicated journey (like most people here), but I've achieved 180 days clean. An accomplishment I never thought I'd achieve. During that time, what kept me going was being active on GYE. I've fallen into a terrible pattern of falling weekly on a consistent basis for a while now, and I haven't logged into GYE since last July. I don't know why but i randomly logged in yesterday and stumbled upon some random posts, but then I read Lizhensk's story. Many elements of his story resonated really deeply within me. I can't recall the last time I've read anything that has riveted and moved me. Please keep up the good work, you're truly an inspiration to me, and many others. IYH this will be the week I break the cycle. Today marks a week since my last fall. Thank you Lizhensk, and all the great members of this community who bare their soul, and have a profound impact on the rest of us struggling out here. We should all be zoche to beat the yetzer.

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Re: Keep posting your experiences, they mean the world
Posted by DavidT - 12 Apr 2021 19:57

Thank you so much for posting. Stories have an amazing power of being able to relate to people's situations and help with recovery.

Please keep on posting and keep us inspired with your wins.

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Re: Keep posting your experiences, they mean the world
Posted by Reachstars - 13 Apr 2021 17:48

Part of my challenge has been a loophole in my phone filter that I discovered about 8 months ago. I just closed that loophole! Real change is coming. I can sense it. It's a powerful thing when you make a small change in your life that you know will have a big impact. IYH I will stay active and reach for 30 days at least! Havent done more than a week in almost a year...

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