

Kollel Guy's 90 Days

Posted by Kollel Guy - 21 Dec 2009 18:57

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## DAY ONE

OK, I feel like I should have done this on my 1st day, but I didn't. So here I am a few weeks in. I got over my fantasy of "Now that I'm part of GYE I'll never fall again" with a rather harsh way of being awakened. It's time to start down the path of real work, and real responsibility, and real kabolos ol.

So..... even though on my chart I'm at day 12 today, that's only according to the letter of the law. Meaning I didn't do anything which I wasn't allowed to do according to the rules. But in reality - it starts HERE. I know that today I really did mess up. I looked for it. Baruch H-shem for my filter (2 days old) - I didn't find it. But I looked for it, and that does count in shomayim.

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Re: Kollel Guy's 90 Days

Posted by Kollel Guy - 26 Dec 2009 23:05

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## DAY 6

Shabbos Kodesh, BH got up on time, but bateled the whole day... Motzei wasted time watching movies again.

Most important of all.... didn't fall, so BH we're one day closer.

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Re: Kollel Guy's 90 Days

Posted by the.guard - 26 Dec 2009 23:08

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[Kollel Guy wrote on 26 Dec 2009 23:05:](#)

## DAY 6

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Most important of all.... didn't fall, so BH we're one day closer.

Movies are a no-no for any Jew serious about guarding his eyes, especially an addict. [Click here](#) for an article on movies by the famous Arutz 7 blogger, Tzvi Fishman. (If after reading this article, you still insist that you can't give up movies, [click here](#) for a prayer to recite before watching a movie).

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Re: Kollel Guy's 90 Days

Posted by habaletaheer - 27 Dec 2009 05:13

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Dear KG,

I would love to see you first post the positive things you've done before you beat yourself up for batala. Trust me, we all agree with you that it is not good, but there is a serious intensity in your self deprecation that is painful for me to read and I'm sure for you to experience. It's like there is a very strong midas hadin character in your head, and you could probably use some more chessed to balance it out!!

Keep fighting and recognize how much Ha-shem loved every second you fight for him!!!

A Gutte Voch,

Haba

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Re: Kollel Guy's 90 Days

Posted by Kollel Guy - 27 Dec 2009 05:36

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Thanks for the links guard, the tefillah one was pretty funny, where did you get it?

Actually it wasn't those type of movies, i was just speaking generally. The only things I would see are documentary films, and maybe a cartoon here and there. The main problem with them is not triggers and filth, they're pretty much 100% trigger & filth free. The issue is bitul torah. I have time on motzei shabbos to catch up on material I need to, and are behind in, and I'm just immature about it and sit around doing nothing.

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Re: Kollel Guy's 90 Days  
Posted by Momo - 27 Dec 2009 08:20

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**YOU ARE SOMEBODY SPECIAL!!!**

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Re: Kollel Guy's 90 Days  
Posted by Ano Nymous - 27 Dec 2009 09:10

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Please READ and VOTE on this new poll I just created over here: [rehab-my-site.com/guardureyes/forum/index.php?topic=1427.0](http://rehab-my-site.com/guardureyes/forum/index.php?topic=1427.0)

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Re: Kollel Guy's 90 Days  
Posted by imtrying25 - 27 Dec 2009 14:13

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Re: Kollel Guy's 90 Days  
Posted by think good - 27 Dec 2009 14:46

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Last Thursday evening I was visiting relatives with a TV and cable. It was Nittelnacht when we don't learn, so I could not resist the temptation of seeing what movies were playing. Obviously I avoided anything that might have women, I looked at a few "action" movies. The bad stuff was not women, but violence and bad language.

Many years ago I read a front page article in Scientific American describing a study of two groups of children. One group were shown violent movies like "TOM & GERRY", the second group did not see these movies.

The study found the group watching the "TOM & GERRY" movies become more conditioned to accepting violence!!! and that's from children's carton movies!!

**Think what today's movies are doing to a generation of children!!** not to mention the adults.

I turned the TV off as the time to learn had arrived, and tried to focus on learning before going to sleep.

The bottom line is there is probably nothing that can be watched either on TV or a movie. We have no choice, but to stay away. There is no middle ground.

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Re: Kollel Guy's 90 Days

Posted by Kollel Guy - 27 Dec 2009 15:12

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[Think Good wrote on 27 Dec 2009 14:46:](#)

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Your probably right.

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Re: Kollel Guy's 90 Days

Posted by Kollel Guy - 27 Dec 2009 15:23

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[imtrying25 wrote on 27 Dec 2009 14:13:](#)

:D

That's actually what I'm doing right now. Relaxing. I haven't leant a normal day of sedorim in about 2 weeks, I daven by myself at home right before chatzos, A decent percent of the torah I learn throughout the day is what I see quoted here on the posts. Life is very relaxing these days. I havent accomplished a g-----m thing recently, but relax - yes, that I did. Thanks for the tip though.

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Re: Kollel Guy's 90 Days

Posted by the.guard - 27 Dec 2009 16:23

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[Kollel Guy wrote on 27 Dec 2009 15:23:](#)

[imtrying25 wrote on 27 Dec 2009 14:13:](#)

:D

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**That** was funny! ;D

KG, what do you think might be causing this apathy? is this something recent since finding GYE?

KG. Relax. It will do you some good.

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Re: Kollel Guy's 90 Days

Posted by Kollel Guy - 27 Dec 2009 17:17

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Well I have been spending a good deal of my time on GYE recently, but I don't think that has anything to do with it.

And I don't think I'm apathetic, I'm actually very concerned about the fact that I'm doing nothing. I just can't seem to get myself out of this rut and back into a normal schedule. I'm hoping it will just pass with time.

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Re: Kollel Guy's 90 Days

Posted by battleworn - 27 Dec 2009 18:45

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R' Tzadok is talking to you! When it gets really "dark", your job is ONLY to stay clean! But R' Tzadok also explains in many places (as do many other seforim as far back as the Zohar Hakodosh) that the darkness is a preparation for a greater light. (see for ex: ????? ?????? ??"?)

SO- SHTARK ZICH AND HANG IN THERE. Believe me I have a lot of experience with this. The y'h loves dressing up as a Talmid Chochom and getting you all down. He's scared that you'll survive the night, and be zocheh to become the bigger and better person that you're destined to be. So he'll do anything to stop you.

If I might make a suggestion, take a few minutes every night before you go to sleep to thank Hashem for saving you today from the monster of lust. Thank him also for some of the mitzvohs that you were zocheh to do that day. The Gr"a says that the WHOLE CREATION is worth it for

one single "Shma Yisroel". Just the fact that a person in this world of sheker can proclaim the truth of Shma Yisroel is a bombastic accomplishment. Let's learn to appreciate what we have!!!

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Re: Kollel Guy's 90 Days

Posted by 7yipol - 27 Dec 2009 19:08

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I am soooo glad R' Battle-on is back!

I really gain so much from his posts

Like this one.

thanks!

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