

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

=====

Re: OivedElokim-I'll never give up

Posted by oivedelokim - 16 Jul 2024 00:10

Day #30

Very grateful to have made it this far, and hope I continue to go from strength to strength.

Today was the first time since the beginning of this streak that I had an urge that lasted longer than a fleeting second. I realized I didn't mamash have a plan for it, but I just distracted myself. Perhaps next time I'll call one of my GYE buddies-we'll see.

The chavrusa this morning was amazing, and we are continuing tomorrow, so I'm gonna hit the sack early.

Wishing you all a great night!

OivedElokim

=====
=====

Re: OivedElokim-I'll never give up
Posted by redfaced - 16 Jul 2024 02:49

[oivedelokim wrote on 16 Jul 2024 00:10:](#)

Day #30

Very grateful to have made it this far, and hope I continue to go from strength to strength.

Today was the first time since the beginning of this streak that I had an urge that lasted longer than a fleeting second. I realized I didn't mamash have a plan for it, but I just distracted myself. Perhaps next time I'll call one of my GYE buddies-we'll see.

The chavrusa this morning was amazing, and we are continuing tomorrow, so I'm gonna hit the sack early.

OivedElokim

KOMT!!!!

=====

=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 16 Jul 2024 17:07

Good morning, dear friends.

Feeling thankful to Hashem today for the gift of Torah. I would like to share a vort on Birchas Ha'Torah from one of the Chabad Rebbe's:

There are two kinds of laws:

- Man-made, arbitrary laws that are created for pragmatic purposes.
- Laws of nature, laws that define reality.

Torah is called ??? ???. This means that Torah is comprised of laws that govern not just the conduct of our lives, but the very nature of reality. Torah gives us life and the tools to navigate it.

???? ??? ?"?? ?? ????? ?? ?? ?? ?? ?? ?? ?? ?? ?? ?? ?? ??

Have a wonderful day,

OivedElokim

P.S. here's the original Yiddish version (printed in the yearly calendar of sayings that the Lubavitcher Rebbe printed soon after coming to America, culled from the teachings and letters of his father-in-law and his predecessors. This is the entry of 22 Shevat):

?? ?????? ?? ?????????? ??????: ?) ? ?????? ????????? ????? ?????? ?) ? ?????? ????????? ??????
????????? ??? ??????. ?????????? ?????????? ?????????? ?????????? ??? ??????, ?????????? ?????????? ??? ??? ??????
????? ??????????, ????? ?? ?????? ??? ??????. ??????', ??? ??? ?-????????? ?????? ?????????? ????? ? ??????.
????? ?' ??? ????? ???, ?? ?????? ??? ??? ??? ?????? ??? ??? ??? ?????????? ??????, ????? ??? ??????.

=====
=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 17 Jul 2024 00:52

Been thinking a lot about this posuk in Mishlei:

"??? ????? ????? ?????? ????? ??? ????? ?"

Enough said. Good night,

OivedElokim

=====
=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 17 Jul 2024 12:34

To clarify-nothing bad happened, BH.

I was simply calming my own anxieties by reflecting on the fact that whatever Hashem wants will ultimately happen, and there's nothing I can really do to circumvent that.

If you have issues with customer service, the manager is the guy you need to talk to. Don't fight with the waitress or the janitor...

Have a great day!

OivedElokim

=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 17 Jul 2024 15:27

Hope everyone is having a good day.

Just had some free time so I figured I'd check in. I literally have nothing else to say.

On to day #32...

All the best,

OivedElokim

=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 18 Jul 2024 00:47

Day #32:

Today I hit 32 days of freedom from the filth of internet pornography and the shame of masturbation.

32 is special, as it is the gematria of Lev (Heart). I will share the following personal prayer, based on chapter 51 of Tehillim:

?? ????? ??? ?? ??????, ????? ????? ??? ??????

Hashem, please help me to transform myself into the sort of man who would never consider engaging in this abhorrent and destructive behaviors.

?? ?????????? ??? ?????, ?????? ??? ?? ???????

Do not let me become complacent. May I spot the warning signs, the subtle urges and nip the tsunami of temptation in the bud before it chas veshalom consumes me.

????? ?? ????? ?????, ????? ?????? ???????

Allow me to rejoice in your Torah and Mitzvos, in deep and meaningful connection to my fellow Jews on this site and offline, and in being a positive force in the world.

????? ??????? ?????? ??????? ?????? ??????

May I have the zechus to help others in their journey towards purity, as I continue to progress on my own.

????? ??????? ?? ?????, ????? ?????? ????????

Strengthen Jews around the world, especially those in Eretz Yisroel. Protect and guard them. Return our captives and comfort our mourners and wounded. Heal our broken hearts and sound the great Shofar of Moshiach, heralding a bright future spent basking in your luminous presence. Bring us home and let us serve you and sing to you forever.

Thank you Hashem for everything. I love you!

Sincerely

OivedElokim

=====

Re: OivedElokim-I'll never give up
Posted by amevakesh - 18 Jul 2024 03:45

The beauty of this "????? ????? ?"?? is stunning, and speaks volumes of its author! ????, ??
???. It should give you the ?? to continue growing and inspiring all of us to reach greater highs
then we ever thought were possible.

=====

=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 19 Jul 2024 19:02

Day #33

Had a very nice and busy day, BH.

Feeling grateful for all of G-d's blessings and praying for more.

Been thinking a lot about this posuk today:

?? ?????? ?????? ?????????? ?????????? ?????? ?????? ?? ?????? ?????? ?????? ?? ?????? ??? ??????
?" (????? '??:?)"

Have a great Shaboos!

OivedElokim

=====

=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 22 Jul 2024 12:22

Day #36

Deeply grateful to Hashem for all the blessings in my life, not the least of which is being pure and clean from the filth of pornography for yet another splendid day.

"Many happy days are coming now, so won't you please listen to me. We will be singing, dancing, laughing everybody, just you wait and see! Miracles, amazing wonders, like no one's ever seen before, finally the magic moment we have all been waiting for..." (MBD song, check it out if you don't know it. It's called "Happy Days", it's on his English collection album),

Until then, I hope you all have a wonderful, blessed and productive day. May Hashem shower you with abundance and may you have many opportunities to share that abundance with everyone around you!

OivedElokim

=====
=====

Re: OivedElokim-I'll never give up
Posted by Muttel - 22 Jul 2024 13:09

Given I'm (relatively) new here, I see I haven't had the opportunity to add my "?????" to thread so full of golden nuggets!

Sweet and precious ????, how invigorating it is to see someone who refuses to give up, give in, or otherwise be cowed by our damned foe, the ??? ???!

May the ????? engendered by this courageous thread serve as a ???? for you to see ?? ???? ????? in all facets of your life, ????? ??? !!

With much love and admiration,

Muttel

=====
=====

Re: OivedElokim-I'll never give up
Posted by oivedelokim - 22 Jul 2024 21:00

Thank you so much for the kind words, Reb Muttel. It was an honor to speak with you today!

In general, I cannot convey how much it means to me to get feedback on my posts. It's most probably coming from a place of insecurity, but till I fix all of my problems it really helps when people share that they find me helpful or insightful.

So if you ever read a post on here that gives you new perspective or helps you in some way, I'd really appreciate if you let me know, either by posting here or via PM.

My day is going great, though I'm a bit behind on work, hopefully will catch up tonight, bez"h.

Wishing you all a day full of blessings,

OivedElokim

=====

Re: OivedElokim-I'll never give up
Posted by Muttel - 23 Jul 2024 00:40

Twas a pleasure speaking with you today as well. I just hope next time it'll be for longer!

Hatzlacha with all and KOMT!!

Muttel

=====

=====

Re: OivedElokim-I'll never give up

Posted by amevakesh - 23 Jul 2024 02:23

[oivedelokim wrote on 22 Jul 2024 21:00:](#)

In general, I cannot convey how much it means to me to get feedback on my posts. It's most probably coming from a place of insecurity, but till I fix all of my problems it really helps when people share that they find me helpful or insightful.

I think we all have the same need and insecurity. Everyone appreciates feedback. I'm one of the many that gets inspired by your insightful posts, especially when you reference the undisputed King of Jewish music's songs.

=====

=====