

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by redfaced - 13 Mar 2024 16:18

[OivedElokim wrote on 13 Mar 2024 10:37:](#)

I'm struggling to get myself to call my filter company to reinstall my filter.

wish me luck,

OivedElokim

If and when you're ready for the filter, any chance you'll let me have the z'chus of paying for it?

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 14 Mar 2024 02:54

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Re: OivedElokim-I'll never give up
Posted by redfaced - 14 Mar 2024 12:24

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Well I cant pay for a subscription thats gathering dust on your shelf, But once its protecting you and your device, Im all in

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Re: OivedElokim-I'll never give up
Posted by youknowwho - 14 Mar 2024 15:42

[OivedElokim wrote on 13 Mar 2024 10:37:](#)

Hey guys. Went to get my hug from HHM, which obviously led to a discussion about my porn usage. I promised him that I'd come up with a game plan this week but I haven't really done anything about it since...

I'm struggling to get myself to call my filter company to reinstall my filter. Additionally I have a substantial "stash" of pornographic images saved to my phone that I have amassed over time. Some of it has strong sentimental value to me for various reasons, it's a big nisayon for me to just get rid of all of it. I need to find the strength within myself to do what I know is right.

wish me luck,

OivedElokim

Hi Oived,

My take on the filter issue may be a bit different than what you are used to hearing in these here parts and may not be overly popular, but that's fine.

In my humble view, based on the information I know about you from your thread, struggling with yourself about putting on a filter may not be the healthiest endeavor. If there are *negative* associations with filters, based on a negative religious experience, you may find that it will end up backfiring. You may resent it and then it will bite your rear in the long run.

What may feel more doable right now is try to cultivate a *mindset*, a *perspective*.

Exploring the deepest thoughts within ourselves...**why** do I watch porn?

Why do I feel like I should stop?

And perhaps exploring the negative effects porn has on the brain. The negative effects it has on our emotional health.

When you gain peaceful, calm, compassionate clarity on where you want to go, than perhaps a

filter can help you achieve that goal. It won't need to be a struggle with yourself. You will be at perfect peace (at least in general, not to say there won't be weak moments) knowing that you made a choice, and yes...*you actually wanted* that choice.

I am only sharing this based on my own experiences. Its unconventional, but it did work for me. I hope this helps you.

Rooting for you, as we all are, -YKW

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Re: OivedElokim-I'll never give up
Posted by m111 - 09 Apr 2024 07:05

I just saw your posts now. (I haven't been on for a while)

I've been thinking about you ever since you have not been on GYE, and I'm relieved and happy that you are back.

I also haven't been here for a while and now the time has come to meet up (virtually) again.

The feelings of old friends are beating in my heart...

We're in this together, and we will prevail!

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Re: OivedElokim-I'll never give up
Posted by oivedelokim - 14 May 2024 05:01

Hey guys.

Thank you all for your thoughtful responses. I have been putting off reinstalling my filter. I am hoping to start dating again within the next few weeks and I am beginning to feel an urgent need to overcome this habit that could wreak so much havoc on my future relationship. I am committing to all of you that I will be installing my filter tomorrow and getting rid of any

inappropriate apps and pictures on my phone.

To be honest I am not going to give up masturbation or non-visual triggering content at this point as I don't think it's as important or realistic, though I hope some day I will graduate from that as well.

Please keep me accountable, whether online or offline (if you have my number).

good night

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Re: OivedElokim-I'll never give up
Posted by Hashem Help Me - 14 May 2024 11:18

Let us know when the filter is installed.

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Re: OivedElokim-I'll never give up
Posted by redfaced - 14 May 2024 12:13

Dont forget im paying for it

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Re: OivedElokim-I'll never give up
Posted by oivedelokim - 15 May 2024 05:40

Hey guys, an update:

I had been meaning to install it tonight but I didn't get a chance since I didn't realize what time Gentech support closes. I will make sure to do it in the morning before work. I will also get rid of whatever access I have to inappropriate imagery via apps and the like. I will decide what to do with my unfiltered iPad-I'll probably just give it away or make a whitelist on it.

Like I said-audio/textual stimulation will still be an issue for now but I can't tackle everything at once.

good night

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by eerie - 16 May 2024 17:49

[OivedElokim wrote on 22 May 2023 00:45:](#)

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I guess we'll see about that. Till then, farewell! I love you guys....

OivedElokim

Dear Oived,

I don't know how I missed your return! Looking over your posts, seeing the beautiful you, I

Friend, it's wonderful to have you back!

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Re: OivedElokim-I'll never give up
Posted by oivedelokim - 03 Jun 2024 03:55

Hi everyone, hope you are well.

remembered what you had written, quoted above. I guess we have seen

A quick personal update:

I am starting to seriously move into the realm of Shidduchim, and that brought on a renewed sense of urgency to overcome my struggles with lust or at least begin to try.

That being the case, today, after weeks of procrastination and dithering, I finally called up my filter company and reinstalled my iPhone filter. I am very proud of myself, and it's not lost on me that the first night I will not be surfing the underbelly of the internet is the sefira of ???
??????....

That being said, I still have other things I need to patch up as far as visual stimulation goes. I hope to clear all that up within the next day or two, IYH.

At this point in my life, being completely free of lust seems like an impossible goal. I have spent so long giving into my every sexual whim that the idea of simply suppressing those thoughts

and impulses instead of giving in to them seems so unrealistic.

But then again, I'm posting here. I am participating in a community of people in this fight, many of whom seem to have been as (or more) "addicted" then I am. So who knows...

All the best,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by oivedelokim - 03 Jun 2024 03:57

On a completely different note:

I am super frustrated with the 90 day tracker thing. When I went to update it they asked me for the last time I fell, which was today of course. So they gave me 400+ cumulative days clean simply because I haven't updated my streak in that many days. Does anyone know how to fix this?

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Re: OivedElokim-I'll never give up
Posted by redfaced - 03 Jun 2024 12:31

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But then again, I'm posting here. I am participating in a community of people in this fight, many of whom seem to have been as (or more) "addicted" then I am. So who knows...

All the best,

OivedElokim

Good for you seems like I owe you some Moola.....

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Re: OivedElokim-I'll never give up
Posted by chosemyschem - 03 Jun 2024 13:20

[oivedelokim wrote on 03 Jun 2024 03:57:](#)

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You can reset the whole thing. Otherwise as far as I know you have to click the "had a fall" button and select a date for each fall individually.

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