

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by Hashem Help Me - 24 Mar 2023 11:21

Your resilience is the stuff of heroes. You are inspiring the many guys who had constant falls and couldn't seem to buck the trend. Keep it up b'ezras Hashem!

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 24 Mar 2023 21:37

Day #8

Thank you all for your kind messages, it really means a lot to know that I have a whole team of people to be accountable to and that are rooting for my success.

Pretty average Friday, nothing unique to report.

Looking forward to a clean Shabbos,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Emes-a-Yid - 24 Mar 2023 22:05

[OivedElokim wrote on 24 Mar 2023 21:37:](#)

Day #8

Thank you all for your kind messages, it really means a lot to know that I have a whole team of people to be accountable to and that are rooting for my success.

Pretty average Friday, nothing unique to report.

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OivedElokim

Locking in day 8 clean and Bh still at it is an amazing thing!! Credit yourself and keep going and growing!

Hatzlacha OE

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 26 Mar 2023 00:04

Day #9

Gut voch!

More fantasies Friday night, but I weathered the storm.

Onwards and upwards,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Emes-a-Yid - 26 Mar 2023 03:31

[OivedElokim wrote on 26 Mar 2023 00:04:](#)

Day #9

Gut voch!

More fantasies Friday night, but I weathered the storm.

Onwards and upwards,

OivedElokim

Awesome!! Love that! Keep that up whatever it is and tap yourself on the back for me, very proud for you

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 26 Mar 2023 17:36

Day #10

Clean, BH. Came close to masturbating last night in the shower, but I told myself that I didn't make it this far just to fall. Although avoiding masturbation isn't officially part of my 30 day goal, I still find that being free from that behavior over the last ten days has made me feel much better about myself, and I don't want to trade my heightened self esteem for 15 seconds of intense pleasure (no, I'm not one of those people who try to downplay how strong sexual pleasure can be, my attitude is that it's fleeting nature makes it not worth it in the long run).

Can't wait till Pesach break, counting the days. Also, I started a new Amud Yomi program (Oraysa) on Thursday (they just started Arvei Pesachim. Perfect timing...) and am looking

forward to using the structure and schedule of that program to make Limud HaTorah a more consistent part of my life, and to grow in my knowledge of and love for Torah. Wish me luck!

Thank you for following my journey,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by excellence - 26 Mar 2023 18:55

Wow what a true genuine OivedElokim!!
Warning: Spoiler!

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 26 Mar 2023 18:58

[excellence wrote on 26 Mar 2023 18:55:](#)

Wow what a true genuine OivedElokim!!

Warning: Spoiler!

Thank you, Reb Excellence! It's good to see you around again!

Warning: Spoiler!

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Re: OivedElokim-I'll never give up
Posted by ??? ????? ????? ??? - 27 Mar 2023 12:50

I've been struggling the last week. Your progress has inspired me today. Thanks, OivedElokim.

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Re: OivedElokim-I'll never give up
Posted by Emes-a-Yid - 27 Mar 2023 13:23

Hey OviedE, your a source of Ohr (light)! Amazing moves, 10 complete days!!

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 27 Mar 2023 13:59

[??? ????? ????? ??? wrote on 27 Mar 2023 12:50:](#)

I've been struggling the last week. Your progress has inspired me today. Thanks, OivedElokim.

Thank you so much, I really appreciate that you shared that. It helps make my journey feel meaningful and worth it.

I wish you much success in your own struggles. May Hashem grant you clarity and motivation to pursue the goals that really matter, and may he allow you to enjoy the ride.

All the best,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Emes-a-Yid - 27 Mar 2023 18:27

[OivedElokim wrote on 27 Mar 2023 13:59:](#)

[??? ???? ???? ??? wrote on 27 Mar 2023 12:50:](#)

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All the best,

OivedElokim

Love watching your journey as I said earlier, but now I sense a true dedication of the journey for yourself, by you validating and encouraging others, I think that it's very chashuv and you are aware of pitfalls and what may be necessary to surpass the stages and drive, soon we will all get there. Hatzlacha

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 27 Mar 2023 22:46

Day #11

Over the past few days, I've been struggling with fantasies and urges to masturbate every night in bed, plus sometimes during the day. But I'm holding up pretty well, don't engage in any risky or borderline behavior (like edging, ????? ????? ?" - pun intended...) I have a specific person that I consistently fantasize about. I won't get into details but it's gonna be real difficult to get her out of my mind. But I'm determined to get through this, through hell and high water.

I have several motivations for wanting to kick these habits. There's the impact such habits could have on a future marriage, and there's a strong element of religious guilt and shame. That's why I started this journey 11 days ago. Then there's the knasos that I'd like to avoid and the incentives I'd like to earn.

But what's really been keeping me going lately is **the good feeling of being clean**, of being free of self destructive and immoral behaviors. I do not fully understand it, and I certainly cannot explain it to you, my dear friend, comrade-in-arms and reader. But it's a hell of a drug and it's really propelling me forward. I hope I can maintain my momentum and go on to live a life free of lust and full of love to God, my fellow man and most importantly (at least to me, right now) my future beautiful, kind and gracious wife.

Wishing you all success. Also, I really appreciate those of you who take the time to click "thank you", up my karma (yes, I'm that insecure...) and most of all-post on my thread. It really helps me feel like I'm making progress and that other people have a stake in my success. Thank you so much, I sincerely and deeply appreciate it, please keep it up,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Eerie - 27 Mar 2023 23:03

[OivedElokim wrote on 27 Mar 2023 22:46:](#)

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Powerful! So beautiful, thank you for sharing!

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