

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 08 Dec 2022 15:59

[Hakolhevel wrote on 08 Dec 2022 15:54:](#)

[OivedElokim wrote on 08 Dec 2022 03:54:](#)

[Hakolhevel wrote on 08 Dec 2022 02:44:](#)

Hey, I know I'm late to the party, haven't been on much the last two weeks. I saw a lot of replies, I knew something exciting must have happened. Just how exciting I did not know.

I see everyone here treading somewhat lightly, as should be expected, it's a forum after all. Please do be upset at me though, if I am not as kind.

So my dear Oived, with no judgement at all, I have a question (and it seems to be a theme for me). Aside from your therapist, have you spoken to anyone in real life about this?

What I mean is, aside from searching the internet, and watching lectures, did you speak to some of your friends and or teachers in person or over the phone regarding this issue? Did you discuss it in a clear and direct manner?

Hey buddy, when I saw that you posted on my forum I was actually expecting a much harsher response than what I actually got, so no worries. I guess your reaction to life is all about your expectations. Ok enough philosophizing...

In answer to your question-yes. I have spoken to two mentor figures in my life, a sibling and a friend about this. The mentors were not particularly helpful (one said that all of my issues are really emotional in nature-I honestly think he doesn't have the tools to help me grapple with my issues on an intellectual level, although that may just be my own youthful arrogance talking-regardless it didn't resonate with me, and the other one just said I should keep monitoring my internal state-not sure what that'll do for me...), and as for the sibling and friend-I wasn't looking for answers from them, just empathy. I still plan to seek out more advice and help on this issue from my "real life" support system, but the GYE community is quite a good supplement to that. Thank you again for weighing in and showing-in your unique way-that you truly care. Your friendship is very valuable to me.

Wishing you all the best,

OivedElokim

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You will get some info posting here, and it is good to post here so we are all updated, but most ~~important~~ useful would be to talk to people. Text has very severe limitations.

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What bugged me most, was this relative reached out to groups that help people leave the religion, but never opened up to actual friends that they had for years!.

In other words, often times people have issues, and instead of talking to those whom they are close with, they are already looking at what the other side has to say, and jump ship, without giving their own friends and family a real chance.

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In short, I would tell you the same thing I believe about my relative. I don't fault anyone for having any type of issues. I don't fault myself either for having porn and masturbation issues.

What I do fault myself for, is not really trying to properly deal with it.

There are things I know I can do that I'm not doing or trying.

Same thing I would say in your case. Your world is caving in, it's not a good situation. But there are uncomfortable things that you will have to do to resolve it, one way or the other (and I truly mean it, one way or the other).

The choice though is up to you. What are you willing to do.

To briefly respond to your main point-No, I have no intention of leaving Yiddishkeit before turning over heaven and earth to try and make it work for me. I have several people in mind I will definitely try to speak to on this matter, in addition to doing my own research and reading.

Thank you again for weighing in and for always being a sobering voice,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Markz - 08 Dec 2022 18:31

[OivedElokim wrote on 08 Dec 2022 15:59:](#)

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OivedElokim

Procedure for Abandoning Ship

blob:https://guard
youreyes.com/08a39eca-8635-4188-9a66-a4da163b2038by [lan Fortey](#) Updated on October 15,
2021. In [nauticalknowhow](#)

Boat Safe is a community supported site. We may earn commission from links on this page, but we have confidence in all recommended products.

The decision to abandon ship can have grave consequences and should never be taken lightly. For that reason, it's important to keep a clear head and remain calm. The very first step you need to take when you are debating when and how to abandon ship is to consider if it's truly necessary.

This may sound strange, but it is critical. More than one boater has abandoned ship only to make the situation worse. This is because there are times when a boat is simply disabled. Or it begins to sink but only partially submerges. In those cases, it is likely safer to remain on the boat. Your survival ability on a life raft can decrease significantly. You have fewer resources and are harder to spot on a life raft. A disabled vessel may be able to handle rough seas and weather better than a life raft as well.

For this reason, abandoning ship should only be done when you are certain your vessel is going to sink. If you are confident that you and your crew are in danger if you remain, it's time to leave.

This is when keeping a clear head is so important. Your pulse will be racing. If you have passengers on board they may be panicking. Stay calm and organized. You will need to move quickly but safely.

These are the initial steps you want to take before you even look at your life raft.

- Put on all available waterproof clothing, including gloves, headgear, and [life jacket](#). Make sure every person on board has a proper life jacket and they are wearing it.
- Collect your survival kit. If possible get extra blankets or clothing. It's good to have these in a dry bag for emergencies.. Your survival kit should contain some flares, food and water, a [handheld VHF radio](#) and something like an [EPIRB](#). This will help rescuers find you as soon as possible. It's also good to have a search and rescue transponder (SART) as well.
- Note your present position. This will help rescuers narrow down where to search. Your EPIRB and GPS are important, but be thorough. Confirm your location as you are preparing to abandon ship.
- Send out MAYDAY message.

How to Send a MAYDAY

A MAYDAY is sent in emergencies only. There are other distress calls, like a Pan Pan, which request assistance but are less immediate. MAYDAY means you are in immediate, life-threatening danger.

REMEMBER: These are taken very seriously by the Coast Guard. A false MAYDAY is a criminal offense. You can get fined for making one as a joke or when they don't apply.

If you are abandoning ship, the Coast Guard and rescue teams need to know. Here's an example of a MAYDAY you can send.

- Make sure your VHF radio is on channel 16. This is the channel reserved for emergency communications
- You should have a DSC enabled radio. Press the DISTRESS button. The radio should beep. This will transmit all of your boat's information to the Coast Guard.
- Press the transmit button and repeated MAYDAY MAYDAYMAYDAY
- State the name of your vessel and your boat ID number
- State your position
- Now you can detail the nature of the emergency. Let the coast Guard and rescuers know what has happened. Also explain how many people are on board. Finally, explain the assistance you require. For example, you might say "Our engine caught fire. There are four of us on board. We are abandoning ship and need immediate rescue."
- Alert rescuers if there are any injuries that have occurred. This can affect the nature of how they rescue you, so it's important. If someone has had a heart attack, for instance. Rescuers need to know.
- Include any additional, relevant info that may help rescue. This could include the type of boat you have. You may also mention the size or color. Anything that can help rescuers find you faster.
- Provide the rescuers with a timeline if at all possible. If your boat is sinking, let them know approximately how much time you think you have. If the boat will be submerged before help can arrive, they need to know. Otherwise they'll be looking for something that's not there.
- Wait for a response for as long as you safely can. This is a crucial step. If no one heard your MAYDAY then it won't do you much good. Of course, you may only have a short amount of time. But repeat your message for as long as you safely can. If your emergency and position are not confirmed by the Coast Guard, rescuers will likely not be coming.
- Once you have a response, make sure they can repeat your location back to you. Confirm that it is correct. Then you can proceed with your emergency abandoning of the ship
- If you are unable to get a reply, you may need to abandon ship anyway and try your best with a handheld radio in the life raft. Always prioritize your life and the lives of your passengers.

Abandoning Ship

Now that you have alerted rescuers, you will need to evacuate the vessel. Again, there are several steps to take to ensure your safety.

- Launch life raft attached to ship. Make sure it's secured to your vessel on launch. Attach the painter to something like a cleat. The painter is the rope attached to your life raft. If possible, launch your life raft downwind.

- The painter could be upwards of 50 feet long. For most rafts, you'll need to pull this line taut. When it's ready, one final tug will release the CO2 canister and inflate the raft. You should be familiar with your particular raft and its operation ahead of time.
- Launch dinghy attached to life raft.
- Activate your EPIRB (emergency position indicator radio beacon).
- Try to enter the life raft directly from the boat (if impossible, use minimal swimming effort to get on board). You don't want to get in the water if you can avoid it.
- Make sure all passengers and crew are accounted for.
- Cut your life raft free from the vessel. Do this as close to the vessel as possible. This ensures you have as much rope as possible. Get a safe distance from the sinking vessel.
- Collect all available flotsam. The most unlikely articles can be adapted for use under survival conditions.
- Keep warm by huddling bodies together. Keep dry, especially your feet. If your model of raft has any ability to keep you sheltered and dry, deploy it as soon as possible.
- Your raft should have bailing scoops and sponges included. Use them to keep the raft dry now if necessary.
- Stream a sea anchor. SOLAS approved rafts do this automatically.
- Use your handheld VHF radio to make emergency calls. If you have not confirmed location with the Coast Guard, you should continue to do so now.
- The EPIRB can be secured with its line to the raft so that it can float in the water.
- Distribute sea sickness pills. Treat any injuries with your first aid kit.
- Arrange lookout watches. With an active EPIRB broadcasting your signal, help should be on the way. Keep watch for the Coast Guard or any other vessels. You may need to flag down a passing ship.
- Use flares only on skipper's orders when there is a real chance of them being seen. These are best reserved for when you have visual contact with other vessels.
- Alert Coast Guard of any injuries if applicable. Keep them apprised of your situation so they can best prepare. Early communication is important.
- Try to avoid eating or drinking for the first 24 hours if possible. You will need to ration your food if rescue does not come right away, so be prepared.
- Arrange for collecting rainwater. Ration water to maximum one-half quart per person per

day, issued in small increments. Do not drink seawater or urine. If water is in short supply, eat only sweets from survival rations.

Act Like a Captain

As we have said, keeping calm is key. If you have family and friends on board, they will likely be scared. The captain needs to keep everyone calm and organized. It's okay if you're scared as well. But you need to project confidence. If not for yourself, for everyone else. It's a tall order, but this is an emergency, right? You're being forced to step up for the safety of everyone.

If the captain projects a calm and confident attitude, the crew will be reassured and since an anxious crew means poor judgment and performance, a captain should do all he or she can to keep the crew calm. The idea here is not to lie to your crew, and certainly not to fake a fearless, macho manner, going down with the ship is a pretty dumb plan. The idea is that, by maintaining a calm, deliberate attitude in the face of a dire situation, you can help your crew remain effective and perhaps help save lives. If you need to fake that attitude to some degree, so be it.

Emergency Communications

When trouble strikes, there are many ways to communicate your distress and seek help. Use your VHF or single-sideband radio and follow the procedures for distress.

There are three levels of priority communications: distress, urgent, and safety, identified by MAYDAY, PAN-PAN, and SECURITE. Understand the differences by reviewing the tip on radio procedures . Panicked radio communications can confuse a rescue effort. Learn the proper procedures. Try to stay calm. Use the acceptable distress signals as outlined in the Navigation Rules. Flares are fast and effective — red for distress.

The Bottom Line

Abandoning a ship is going to be a stressful and frightening situation. Rescue could be an hour away or days away. No matter what happens, keeping your head is important. Being prepared is key for a quick and efficient rescue. You must have a VHF radio and an EPIRB. Consider including a SAT phone as well. Have an [abandon ship bag](#) at the ready. Communication is the most important tool for survival in this situation. VHF radios don't always have the range necessary to keep you seen and heard. Maybe sure you have at least one backup, and ideally more.

Be familiar with your emergency devices. The EPIRB, the SART, the life raft and flares. Know how to use them and make sure your crew does as well. Keep others calm as you keep yourself calm. Trust in your training and knowledge to help you through.

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 08 Dec 2022 21:32

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Anyways an update:

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Anyways that's the story.

Thanks for reading,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by willdoit - 08 Dec 2022 23:00

[Hakolhevel wrote on 08 Dec 2022 15:54:](#)

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The choice though is up to you. What are you willing to do.

You've hit the nail on the head.

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Re: OivedElokim-I'll never give up
Posted by frank.lee - 08 Dec 2022 23:24

In the right time, try to let your friend know about this site, and that there is this forum on it!

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Re: OivedElokim-I'll never give up
Posted by Hashem Help Me - 09 Dec 2022 17:59

[OivedElokim wrote on 08 Dec 2022 21:32:](#)

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Anyways that's the story.

Thanks for reading,

OivedElokim

To my chaver OivedElokim,

Maybe some will sledgehammer me for saying this, but maybe, just maybe, not seeing pornography for a few days is part of the cause of you feeling more hopeful reconciling yourself with Judaism. One could explain such a reaction from either a psychological angle, or from a ruchniyus angle, or both.

That being said, i feel for the pain and turmoil you are experiencing and pray for you to have simchas hachaim and menuchas hanefesh.

Your buddy, HHM (i believe you know my real name as well)

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 25 Dec 2022 23:17

Hey there. It's been awhile. Just checking in to say that I've been through a lot over the past week and a half, and I am proud to say that I overcame a very big Nisayon. More on that later. Maybe...

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Re: OivedElokim-I'll never give up
Posted by Hashem Help Me - 26 Dec 2022 22:18

Hey there. It's been awhile. Just checking in to say that I've been through a lot over the past week and a half, and I am proud to say that I overcame a very big Nisayon. More on that later. Maybe...Nu.... You made us curious. Plus, let's get some positive feedback that you were omeid b'nisayon...

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Re: OivedElokim-I'll never give up
Posted by YeshivaGuy - 28 Dec 2022 05:09

I can be ???? that Oived Elokim is ???? ???? ??? for the sake of Kedusha and the ultimate life he seeks to live.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 03 Jan 2023 07:08

I'm upset cause I wrote up a whole post and it just got lost.

To catch y'all up on everything-the big nisayon was and internet "girlfriend" that I became very emotionally attached to. The relationship sorta happened out of the blue and I never meant for it to turn into what it did. That being said I have learned to exercise more caution in the future. Like I said-I overcame it, meaning I broke off the relationship. It was gut wrenching in the moment but in hindsight I'm very happy I did it and have largely moved past it. Anyways I learned many lessons and among other things-it gave me a real sense of motivation to do what I need to do to get into Shidduchim and find a woman I can connect to and share my life with. Hopefully the emotional satisfaction I will get from that will be worth all the pain I went through to get there... (Que for everyone to start pilling onto me for my warped, goyishe view of love and relationships...)

In other news I borrowed a laptop from ~~nobody~~[redacted] in because my personal one wasn't working and I needed a computer for work. The said laptop is unfiltered and I have used it to view porn multiple times this week. My own laptop is once again working but now I don't know who to give this other laptop to, being as I borrowed it from ~~nobody~~ [redacted]. I will do my best to get it out of my hands ASAP but I'm not sure I can till next week. Wish me luck in figuring something else out till then.

As far as my emunah issues-I am doing my best to speak to Rabbis and sort things out. Wish me luck in that as well. I'll need it. A lot of it...

Thank you for reading,

OivedElokim

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Re: OivedElokim-I'll never give up

Posted by DavidT - 03 Jan 2023 18:35

Wishing you lot's of luck and loads of Siyata Dishmaya on your laptop & emunah issues and

anything that you need!

Keep on internalizing your TRUE identity! **OivedElokim**

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Re: OivedElokim-I'll never give up

Posted by Hashem Help Me - 03 Jan 2023 19:49

You have a big tzibbur of chevra here that care, waiting for your updates buddy. May Hashem give you the opportunity to share good news.

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Re: OivedElokim-I'll never give up

Posted by Hakolhevel - 04 Jan 2023 00:41

I dont know what you think we think marriage is about?

But the jewish view isn't that that wife is just a baby machine.

When we say Vehayu Lebasar Echad we also mean emotionally, so yes, finding a wife, is finding someone who you can share your life with and be very emotionally connected.

In fact, one can say, the relationship we learn from porn and those who push that worldview is the warped world, where there is no emotional attachment, just sex.

unrelated point - I dont know if you've seen it, but YYJ has a long series called the emunah series, and no I haven't listened to all of it, just the first two which were interesting.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 04 Jan 2023 20:09

This is so frustrating, the second time this happened to me this week. I wrote up a whole post, pressed submit and it didn't go through...

Emunah update: Yesterday I called up an old Rebbi of mine to discuss my doubts regarding the veracity of Yiddishkeit. He's a brilliant man, a big Talmid Chochom and well versed in secular knowledge and literature as well. He gave me a "Shiur Hakdamah" to the sugya of Emunah and helped better understand what my challenge is and the possible approaches to addressing it. It was very helpful although we haven't gotten into specifics yet. It gave me hope that I will eventually sort all of this out successfully and go on to live a happy and fulfilled life as a frum Jew. He told me it will be a long journey and I'm sure he's correct, but I have begun to perceive the light at the end of this dark tunnel I'm in.

Kedusha update: Not doing well, watching porn daily now. I don't have the headspace to deal with it right now, in addition to the fact that I don't have any easy fixes in the cards. I have an easy fix but it'll only be fixable in the middle of next week. I can't work on everything at once so I'm just gonna cut myself some slack in this regard (Pile on que).

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