

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 10 Sep 2021 22:44

Slipped up a bit today, looking at borderline pictures on a shopping app. I should really delete it, but then I won't be able to order stuff... It's tough keeping this yetzer hara under control. You have to make sacrifices that you would otherwise not want to make. I made many of them already- very restricted internet (white list filter), no YouTube- but there are some I still haven't

made- this shopping app and apple podcasts. I'll stop rambling as it's almost Shabbos.
Wishing you all a ??? ?????? and the strength to stay clean.

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Re: OivedElokim-I'll never give up
Posted by Markz - 12 Sep 2021 01:04

[OivedElokim wrote on 10 Sep 2021 22:44:](#)

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BPD....

Borderline Picture Dispensation

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Re: OivedElokim-I'll never give up
Posted by Markz - 12 Sep 2021 01:17

[OivedElokim wrote on 10 Sep 2021 22:44:](#)

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but then I won't be able to order stuff... It's tough keeping this yetzer hara under control. You have to make sacrifices that you would otherwise not want to make. I made many of them already- very restricted internet (white list filter), no YouTube- but there are some I still haven't made- this shopping app and apple podcasts. I'll stop rambling as it's almost Shabbos. Wishing you all a ??? ????? and the strength to stay clean.

Shabbos is over.

Rant part II please!

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 02:11

Having a major tayva to go somewhere where I can watch porn. Gonna go out to eat instead to celebrate a week clean. Hope that puts my ??? ??? to sleep.

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Re: OivedElokim-I'll never give up
Posted by bitachon22 - 12 Sep 2021 04:36

I'm really enjoying this forum. It's extremely encouraging and empowering. I fell tonight but I'm super excited to get up and finally get into it and break free once and for all!

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 04:37

I really want to masturbate now. I'm full of tayva.

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 20:45

After I posted last night I fell while texting with a GYE friend. I took a very drastic step to prevent future falls, one that I was very reluctant to take but I did it nonetheless. I may elaborate on this in a future post.

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 20:45

Fell again today

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 20:46

I really don't believe I'll make it to 90 days, even 30 days anytime soon. Very disappointed and discouraged.

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 12 Sep 2021 20:51

Feel like giving up. Gotta change the title of this thread...

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 13 Sep 2021 01:25

Warning: In this post I will discuss a seemingly benign app that has been a big ????? for me. Don't want to give anybody any ideas, so proceed to open the spoiler at your own risk ?? ??

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Warning: Spoiler!

(Thanks @wngu for the format idea

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Re: OivedElokim-I'll never give up
Posted by YeshivaGuy - 13 Sep 2021 02:07

I am profoundly impressed by you.

I as well listen to podcasts as an outlet and can imagine how hard it must be to cut it all out.

One possible eitzah is to get specific apps for the podcasts u listen to.

Idk about the Jewish ones but political ones like Daily Wire (Ben Shapiro etc) etc are available.

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Re: OivedElokim-I'll never give up
Posted by i-man - 13 Sep 2021 03:01

That is a hard move - shows your commitment

theres an app called yidpod has only Jewish podcasts, I'm not sure how good it is but definitely worth checking out .

Also Torah anytime just released their new and improved App , I found it to be way more enjoyable to use. (when is Gye gonna do that ?)

hatzlacha!

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 14 Sep 2021 16:39

Haven't been having a great ???? ??? ????? in any regard. Sleeping in a lot, not learning much. Falling a lot.

I took another step today and deleted an app I use to buy books on that i used to get borderline pictures and caused many falls. I now have no way of ordering books to read which was going to be my replacement outlet after podcasts. I hope that'll help me stay clean and give me some ?????? going into ??? ??????...

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