

Keeping Accountability

Posted by HappyYid - 19 Feb 2021 14:15

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Hi guys,

I've been here for a few years, but was part of the thousands that just reads but doesn't post or click thank you. (If you think about it, there's on average 5-10 people that say thank you on a post but there's thousands on the site and even looking at the post- you could see it says 'views'. Just saying...)

First of all I want to say thank you to GYE for being who they are and to everyone here especially those that post, it gives tons of chizuk even though many of us don't reply or click thank you, you should know the posts are great and very inspirational.

Just wanted to start a thread to keep accountability. My main struggle right now is ms, I don't have access to porn bh. I have a very hard time with lusting about my sisters in law; two single ones in shidduchim age. They are both attractive and although my wife is very pretty too the yh makes me think that they are prettier. I really think about them often. And they are each a little clueless in their own way and they do things which don't help the situation, nothing bad just isn't great for me they are very friendly etc. It's especially hard when I go for Shabbos, many times I look forward to going so that I could 'enjoy' them more directly. I'm going for Shabbos this week and I want to come back here and say that I was (at least) 97% clean in terms of lusting them.

I'll try to post here as much as I could to keep me stable and for accountability.

. I love you guys.

Happy Yid

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Re: Keeping Accountability

Posted by HappyYid - 10 May 2021 13:37

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My wife found out that I'm active on here, she wanted to know why, she thought that I don't have the problem anymore (of masturbating; she doesn't know anything about porn)...

I had to explain to her that it's never over...

She said she doesn't want me to be here because 'you're not like them'. I told her that I'm here just to stay connected and I told her a bunch of ???? ????.

Bh it's easy for me to talk her out of things, she originally said she wanted to see everything I but I was able to switch the topic and just said that it's ok don't worry. Luckily she took that as an answer.

What bothered her most was that I kept a secret from her. Bh I was able to tell her that I'm doing ok.

<sup>wrote</sup>  
Imagine if she would've found out at day 2.

So I might not be here as often...

HappyYid

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Re: Keeping Accountability

Posted by bm263 - 10 May 2021 20:54

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[HappyYid wrote on 10 May 2021 13:37:](#)

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HappyYid

Welcome to my life.

How did she find out?

Personally, I hide it from her the same way I hid the porn.

Is this the best advice for an honest relationship? No.

Neither is watching porn and masturbating behind her back.

I'm trying for the lesser of the evils.

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Re: Keeping Accountability

Posted by HappyYid - 11 May 2021 02:01

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[bm263 wrote on 10 May 2021 20:54:](#)

[HappyYid wrote on 10 May 2021 13:37:](#)

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She saw a conversation I had on Google voice with a fellow from here.

She knew that I was once into gye but she thought that I was done with it...

What you wrote is exactly what I felt that nu nu, at least I'm hiding something 'good'.

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Re: Keeping Accountability

Posted by Lou - 11 May 2021 02:12

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[bm263 wrote on 10 May 2021 20:54:](#)

[HappyYid wrote on 10 May 2021 13:37:](#)

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I can identify with this very much!

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Re: Keeping Accountability  
Posted by HappyYid - 11 May 2021 02:23

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It's funny, she asked me 'is Rabbi \*\*\*\*\* (aka Hashem Help Me) also still on there? Like it's never over?'

I told her that he's on there but mainly to give Chizuk...

Lol

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Re: Keeping Accountability

Posted by Markz - 11 May 2021 02:28

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[HappyYid wrote on 11 May 2021 02:23:](#)

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Lol

"Rabbi Five Stars". I like the name!

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Re: Keeping Accountability

Posted by HappyYid - 11 May 2021 03:32

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[Markz wrote on 11 May 2021 02:28:](#)

[HappyYid wrote on 11 May 2021 02:23:](#)

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Lol

"Rabbi Five Stars". I like the name!

That was not on purpose, what a coincidence!

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Re: Keeping Accountability

Posted by Hashem Help Me - 11 May 2021 11:33

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You can suggest to your wife to give me a call. Very happy to put her at ease b'ezras Hashem.

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Re: Keeping Accountability

Posted by HappyYid - 11 May 2021 12:00

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[Hashem Help Me wrote on 11 May 2021 11:33:](#)

You can suggest to your wife to give me a call. Very happy to put her at ease b'ezras Hashem.

Thank you.

But she's really fine bh, I explained to her the whole thing and she got it (somewhat).

She was always machsiv me in general; and she still is.

If I feel she could use a call, I'll suggest it.

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Re: Keeping Accountability

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Posted by HappyYid - 12 May 2021 00:09

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100!

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Re: Keeping Accountability

Posted by HappyYid - 16 May 2021 17:13

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Three digits. Nice

104 bh

Was very busy the past few days...

Just a something from today's Daf (Yoma 35)

The gemara says:

??????, ?????????? ????: ?????????? ??? ??? ?????????? ?????????????? ??? ??????: ?????? ??????????,  
????????? ??????????????, (??????) ?????????? ????: ?????????? ?????? ?????????? ??????????

?In English:

And if a wicked man comes to judgment, the members of the court say to him: Why did you not engage in Torah? If he said: I was handsome and preoccupied with my evil inclination, as I had many temptations, they say to him: Were you any more handsome than Joseph, who did not neglect Torah despite his beauty?

While I was learning this I was thinking to myself oyy how many hours did I waste by looking at inappropriate stuff instead of learning torah...

Now is the time for a recommitment to learning more torah.

Everyone should have a beautiful Yom Tov!



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Re: Keeping Accountability

Posted by HappyYid - 23 May 2021 02:29

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Day 111 bh!

Still have urges, some days I have many.

I have to work on not touching **at all**.

Besides for it being assur by itself (plus the thoughts that come with it), I can't imagine it lasting for too much longer without finishing up...

I have to stay away fully. Period

This may sound weird (maybe grafic) but I'll say it either way;

Recently there has been a new style by the (frum) females that instead of having their skirts a little below their knees they have them longer like halfway down...

Honestly for me that really helps in regards to my sister in law because many times I would enjoy seeing her sitting which sometimes would reveal her knees and thereby making me

Imagine the person that started it, little does she know that it would help some guy that has these issues lol.

Gut voch

HappyYid

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Re: Keeping Accountability

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Posted by HappyYid - 27 May 2021 00:27

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115 bh

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Re: Keeping Accountability

Posted by HappyYid - 03 Jun 2021 00:54

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122!

Haven't posted in some time...

These are (some of) my thoughts.

I am doing very well bh with not masturbating. But I definitely need improvement in my shmiras enayim.

I am surprised I am withholding from masturbating for so long given how much I look and fantasize...

I really have to work harder on this, I don't think I give it all I got.

I still stare and think about my sister's in law, sometimes a little too much.

I was pretty good with not looking at a certain woman who I see often...but recently I started giving in to my yh there too.

So I really have to give myself a kick in the pants and get moving with this!

But on the other hand I definitely feel like I gained tons and that I really don't have to masturbate 3 times a day (like I was doing a few years ago) or even not once. I feel like I have somewhat control over it.

What's a good book to read to get me to really stop staring?

As much as I really enjoy looking, I'm waiting for the day that I will enjoy more to look away (does that happen?)

Anyway thanks for reading.

Your comments are welcome.

HappyYid

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