Lets get this party started Posted by ????? - 09 Feb 2021 22:33

I just joined on GYE a few days ago and I'm so excited to be starting the 90 day journey! I'm clean since last Thursday when I signed up for gye b"h. I don't know how long I'll be able to last, but with the help of everyone here and I also installed the KBA webchaver filter on my phone so already I feel like I have the advantage over my yetzer hara. I know it's definitely possible bc in the last year my longest streak was ~105 days, but I was in a place rooming with 8 other people and no internet so even if I wanted to be nichshal, it was very hard. Anyways wish me luck my friends and of course a tremendous "Hatzlocha rabbah" to all of you as well!

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Re: Lets get this party started Posted by ?????? - 09 Apr 2021 05:28

Wassup heiligeh yidden?

BH doing so well. Gonna go on a rant now so now's your chance to turn around if you don't want to spend the next few minutes reading someone else's life lol.

Im actually on a road trip with my fam in Utah of all places. Now there's a couple big nisyonos that are unique to this trip for me.

- 1. Tourists are the most pritzusdike people ever! If only the goyishe olam could pick up some fashion tips from the amazing frum tzniusdike women. Halevai...
- 2. I'm staying in a hotel room by myself. L'maiseh I know it is basically assur to do this but it's just my parents and me on the trip. They're staying in one room and me in another. Maybe I could share with my father. I'll see how tonight goes.

Also, as I had predicted, the filter on my pc is not only a lifesaver in regards to shmiras einayim online but also with productivity.

Rabbosai, you wanna have true kavana every time you daven from now on? So think that every single tefilah you say could be your last. And don't just have it in the back of your mind- have in mind that you could literally get into a car crash c"v and be in shomayim in half an hour, or you could have a heart attack c"v, or if you live in NY with Cuomo (aka the malach hamavis) you're probably already dead... you get the picture. Think when you go into shacharis, "What if this is

the last shemoneh esrei I ever say in this world? If I am niftar today, do I wanna greet G-d in shomayim and regret I didnt daven to Him b'kavana this morning?" Just something I've been trying out and thought I could share this nice mussar with the chevra here. Lmk if anyone tries it out and how it works for you pls.

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Re: Lets get this party started Posted by EvedHashem1836 - 09 Apr 2021 20:21

Rabbosai, you wanna have true kavana every time you daven from now on? So think that every single tefilah you say could be your last. And don't just have it in the back of your mind- have in mind that you could literally get into a car crash c"v and be in shomayim in half an hour, or you could have a heart attack c"v, or if you live in NY with Cuomo (aka the malach hamavis) you're probably already dead... you get the picture. Think when you go into shacharis, "What if this is the last shemoneh esrei I ever say in this world? If I am niftar today, do I wanna greet G-d in shomayim and regret I didnt daven to Him b'kavana this morning?" Just something I've been trying out and thought I could share this nice mussar with the chevra here. Lmk if anyone tries it out and how it works for you pls.

Top notch mussar! Will do my best to implement this

Most concerning part about this rant is I'm not even drunk

LollIII

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Re: Lets get this party started Posted by Striving Avreich - 10 Apr 2021 18:39

?????? wrote on 09 Apr 2021 05:28:

Rabbosai, you wanna have true kavana every time you daven from now on? So think that every single tefilah you say could be your last. And don't just have it in the back of your mind- have in

mind that you could literally get into a car crash c"v and be in shomayim in half an hour, or you could have a heart attack c"v, or if you live in NY with Cuomo (aka the malach hamavis) you're probably already dead... you get the picture. Think when you go into shacharis, "What if this is the last shemoneh esrei I ever say in this world? If I am niftar today, do I wanna greet G-d in shomayim and regret I didnt daven to Him b'kavana this morning?" Just something I've been trying out and thought I could share this nice mussar with the chevra here. Lmk if anyone tries it out and how it works for you pls.

Please let us know if this works long term

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Re: Lets get this party started Posted by ????? - 11 Apr 2021 17:37

So I'm at 6 days clean now BH.

Had a weird night. Had another wet dream but I don't think I finished the orgasm bc when I woke up I was still extremely aroused to the point where it was almost painful. That was a big nisayon to deal with.

BH even me staying in a hotel room alone these past few nights (which is usually a colossal trigger for me to mb) has not rlly been a problem; I have not yet looked at shmutz or masturbated while in the hotel room. BezH it'll stay that way.

Also started reading The Battle of the Generation book over shabbos. So much chizuk to chap even from just the first 2 chapters. 10/10 would recommend

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Re: Lets get this party started Posted by Striving Avreich - 11 Apr 2021 20:48

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Re: Lets get this party started Posted by EvedHashem1836 - 12 Apr 2021 03:18

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Ya a huge battle of the generation fan read a chapter every night before bed (hard copy)

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Re: Lets get this party started Posted by ?????? - 14 Apr 2021 03:49

## Update on day 9

Overcame a huge test last night. C"v I don't want to trigger anyone but I feel it's an interesting point to share. So basically, I've been on a road trip for the past week and BH until last night I had not watched any TV in my hotel room. But last night, I was feeling a little bored and wanted to see if there was anything good on (wtvr that is nowadays) so decided to check out the TV. As soon as I turn it on, it comes up with a menu and one of the options was "adult movies". I was able to resist looking at that for a while but eventually I caved and decided to explore their shmutz selection. Was very tempted to watch, not gonna lie, and it even said whatever movie you choose will not be put on the room receipt. I honestly dont even know how I was able to overcome that urge (must've been some some divine neis). But it made me think that any child could turn on the TV, get curious when they see "adult movies", subsequently loose their innocence, and their parents wouldnt have a clue! Fortunately, there was no nudity on the movie covers. Also who would spend \$25 bucks on a movie that ruins their soul? As you can tell, I got some serious issues with that TV...

On a lighter note, I want to make a public Thank You Hashem. I've been having problems with my phone service as my carrier cut me off and screwed me over right after I upgraded my plan thru them- BUT somehow b'chasdei Hashem we were driving thru the middle of the desert and suddenly my service started working again! Thank You Hashem!

Anyways thats my diary entry for today lol, thanks for reading

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Re: Lets get this party started Posted by Markz - 14 Apr 2021 03:55

Benoni. WOW! Time for an upgrade to 'Zadik Gamur'

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Re: Lets get this party started Posted by Gevura Shebyesod - 14 Apr 2021 04:19

So you finally got away from the ???? ?????

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Re: Lets get this party started Posted by ????? - 14 Apr 2021 04:33

Gevura Shebyesod wrote on 14 Apr 2021 04:19:

So you finally got away from the ???? ?????

Haha yes BH made it out of moab, tho now i have to deal with the ???? ????? (Sedona, AZ). Different place, same pritzusdik tourists. But gonna try to look at this nisayon with a different mindset like I'm very excited to pass it and make Hashem proud.

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Re: Lets get this party started Posted by Zedj - 14 Apr 2021 04:37

Grand slam!

The crowd watching on high witnessed the #1 top play of the season.

You made history!

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Re: Lets get this party started

Posted by ????? - 14 Apr 2021 20:02

Almost fell this morning. I won't get into details here but it was *very* close. BH somehow I stopped myself.

Also, I noticed lately I've been thinking a lot about what I want in a future wife. I know if I just continue in my avodas Hashem, He will provide me my bashert but I am just so excited for marriage...

On a separate note, a good friend introduced me to the kochos of perek 51 in Tehillim:

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I love how it includes the greatest form of teshuva- helping others do teshuva and find their way back to derech Hashem.

7/9

Re: Lets get this party started Posted by ????? - 19 Apr 2021 01:43

I want hear from the chevra:

How would you celebrate overcoming the biggest nisayon of your life?

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Re: Lets get this party started Posted by HappyYid - 19 Apr 2021 03:00

## ?????? wrote on 19 Apr 2021 01:43:

I want hear from the chevra:

How would you celebrate overcoming the biggest nisayon of your life?

Hmm I have to think about it...

Putting aside the physical celebration; could you imagine how happy Hashem is!!??

He's looking down at you and just smiling!

That is what we are here in the world for; to fight nisyonos.

Wow you have such a huge zchus, I wish I could meet you and stand up for you!!

Could you share some details? Or is it going to be too triggering?

Keep it up,

HappyYid

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