

Reaching 90 days of strictly no mz"l

Posted by Shtarkandemotional - 01 Jan 2021 17:59

Hey all! It's shtarkandemotional here! I'm now making the neder for mz"l and will be counting this as day number 1! I came fresh out of the mikvah and... not feeling so great... but I'm will trudge through these lonely hard difficult feelings... I'm making this new thread so that once in a while I'll update everyone how my journey is going regarding strictly mz"l I really hope this time it will work and by posting here it will bezH strengthen me to continue and not only stay 6

! As "captain" told me "It's a big thing that you are making this neder and it's a very exciting day in your life: the next step on your path so I'm gonna be saying the neder any minute and will daven for everyone after... this is a challenging moment but also a special moment! BezH with this things will only get better! And we should all continue to grow grow grow have an amazing shabbos everyone!

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Re: Reaching 90 days of strictly no mz"l

Posted by Shtarkandemotional - 01 Jan 2021 18:00

~~months clean (like last time) but maybe 100 years clean~~

Also I'm very excited it's the start of a brand new year! January 1st!!!! I hope this will be the

to greatness" thanks captain for all the support

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Re: Reaching 90 days of strictly no mz"l

Posted by Shtarkandemotional - 01 Jan 2021 18:01
together!!!

Also does anyone know how I can find the link to this thread? I want to post it on my new 90 day chart!

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Re: Reaching 90 days of strictly no mz"l

Posted by Shtarkandemotional - 01 Jan 2021 18:51

Update 1:46 firstly Mazel tov! To myself... I just made the neder! Didn't think this would happen but as I was davenning tears started spilling out... I guess everything came out! BezH all the

teffilos should be accepted ?????? These tears will always be remembered!!!

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Re: Reaching 90 days of strictly no mz”l
Posted by Shtarkandemotional - 03 Jan 2021 23:11

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Re: Reaching 90 days of strictly no mz”l
Posted by Shtarkandemotional - 06 Jan 2021 06:30

Day number 6!!!!!!!!!!!!!!!!!!!! No it's crazy!!!!!!!!!!!! This neder saved me so many times!!!! And I wanna talk about tonight's battle! So I fell to porn... but! Was something so unbelievable was so challenging was so hard! But I did it!!!! I didn't masturbate!!!! It was so so so difficult I can't even explain the rush and desire but my hands stayed stiff and I'm boy so proud of myself!!!
Day number 3 of mz”l going strong! Bh
I'm proud to announce I'm 5 days clean!!!!!! Heading into the 6th... and I can do this!!!!!!!!!!!!

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Re: Reaching 90 days of strictly no mz”l
Posted by Thistimeillwin - 06 Jan 2021 12:30

SAM,

That's HUGE! Every day is another world in Gan Eden.

Regarding your slip with p**n, you should try to remember that p**n can affect your relationship with your future spouse when you get married. Avoid it for HER sake!

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Re: Reaching 90 days of strictly no mz”l

Posted by Shtarkandemotional - 06 Jan 2021 14:06

Yes! I’m trying very hard! I’m just very happy I made it Bh!

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