

Overcoming challenges

Posted by Zedj - 18 Oct 2020 06:22

I've been struggling with porn for more then a few years. Whenever I thought I could stop, somehow or another I found myself right back at square one.

I really hope with the help of hashem that I can overcome my challenge

I forget the source for what I'm about to say but I remember hearing that if someone sees that he has a challenge in fulfilling a certain mitzvah then he knows it's one of the missions he was brought into the world for and the fact he has this challenge shows he can overcome it.

It seems like this generation has been given a challenge like no other but the fact we have the challenge means we have the power to overcome it.

For that reason I am sharing my journey and hope I can overcome my own personal challenge and maybe help another.

I don't know how many times I will update my journey but I plan to make it more of a personal diary.

Feel free to comment

=====

Re: Overcoming challenges

Posted by Gevura Shebyesod - 03 Jan 2023 02:47

Refuah sheleima

=====

Re: Overcoming challenges

Posted by Human being - 03 Jan 2023 21:03

[Zedj wrote on 06 Dec 2022 03:06:](#)

Could it be i just like porn?

For sure. We all do. But if you cant *stop* watching porn, then you may want to dig a little deeper.

=====

=====

Re: Overcoming challenges

Posted by Zedj - 17 Jan 2023 02:12

1 day clean

Had a fall last night.

I feel numb about it.

My netspark subscription ended last week and I didn't have a chance to get it back up and running. (Not a great excuse)

tried to get in touch with mb smart about filtering option but didn't receive a response.

Today sent a message to tag hopefully they will respond sometime.

I don't really have a plan otherwise right now...

=====

=====

Re: Overcoming challenges

Posted by Geshmak! - 27 Jan 2023 06:05

What's up bro?? Any good news? Figured out a plan yet?

=====
=====

Re: Overcoming challenges

Posted by Zedj - 05 Feb 2023 02:11

[Geshmak! wrote on 27 Jan 2023 06:05:](#)

What's up bro?? Any good news? Figured out a plan yet?

Hey Geshmak! And all gye friends,

BH doing well.

18 days clean!

For some reason the filter didn't allow me to respond until now.

Started a new chavrusah in the mornings (mon-fri) hopefully that continues to work out.

Gut voch.

Wishing you'all well!

=====
=====

Re: Overcoming challenges

Posted by Geshmak! - 05 Feb 2023 03:56

18 days clean!

For some reason the filter didn't allow me to respond until now.

AH! ???!! Many many more clean days brother! Keep us posted... but don't remove your filter even if it doesn't let you keep us posted.

=====

Re: Overcoming challenges

Posted by Geshmak! - 12 Feb 2023 02:18

A gut vuch!! Waiting for the next update brother....

=====

Sho! I was getting nervous

Re: Overcoming challenges

Posted by Zedj - 19 Feb 2023 19:09

33 days clean!

BH doing well considering some recent stresses.

Looking forward to my next positive update.

Wishing yyou'all well!

=====

Re: Overcoming challenges

Posted by OivedElokim - 19 Mar 2023 21:03

Howzit going buddy?

=====

Re: Overcoming challenges

Posted by Zedj - 16 Jun 2023 05:59

Hey guys!

Its been awhile.

Coming on to a week clean now.

Looking forward to be more active here especially since summer is just around the corner.....

=====

Re: Overcoming challenges

Posted by Zedj - 09 Feb 2024 18:06

[Im Tevakshena Kakasef wrote on 21 Oct 2020 19:50:](#)

[Grant400 wrote on 21 Oct 2020 13:40:](#)

[Zedj wrote on 21 Oct 2020 04:40:](#)

Day 10

Still in the game.

My dear friend, you will always, always be in the game. There's absolutely no escaping the game. The question just is: Will you be winning or losing?

Grant

This. And look in the mirror. That's your competition.

Hatzlocha in your journey.

Hi,

I've had some ups and downs in the last few months.

The last couple weeks I've made a couple changes to my behaviors (mainly keeping my filter locked the way it's supposed to) and has been more or less smooth.

I often think (or would like to think) im still in the game.

Good shabbos and a good chodesh!

=====

Re: Overcoming challenges

Posted by zedj - 05 Aug 2024 07:00

Hi everyone, some may remember me...but it seems like most of the guys are newer.

I've have been lurking around over the last few months.

It seems i have never really kicked the habit of porn. It's detrimental to mental health and ultimately, my physical health.

also, it gets in the way of shidduchim that of which I'm not proud of.

I'm here to say, that Bli Neder, by tomorrow night il Will purchase

1 An apple phone and place proper restrictions on it

Or

2 there is a Jewish company (maxsippure.com) im told will have a sale on their kosher phone for about \$100 and then \$7.50 monthly (if your going to use your own service)

There are pros and cons for both of these options. I would love to hear if anyone found one to work better for them over the other.

I'll be back!

=====
=====

Re: Overcoming challenges

Posted by oivedelokim - 05 Aug 2024 11:42

testing

=====
=====

Re: Overcoming challenges

Posted by oivedelokim - 05 Aug 2024 11:46

Hey buddy!

Great to see you back at it on here, wishing you much success!

In my experience, putting Apple restrictions on are not always enough, as it's quite easy to have the person who made the code put it in and then be "matir" a bunch of questionable stuff without them realizing. You can solve this problem by having TAG set your code for you, but it's not foolproof. If you do decide to get an iPhone, you should definitely get an external filter or at least have TAG put it in.

I've never heard of Maxisppure so I cannot speak to that. I know that KosherCell is pretty good, though they're more expensive then \$100...

Looking forward to hearing more from you, both online and offline...

All the best!

OivedElokim

=====

=====