

## GYE - Guard Your Eyes

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Restart or continue?

Posted by NeverQuit - 13 Oct 2020 22:08

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Hey all! I wanna ask your opinion. 3 days ago I hit 90 days clean (yay!) On a kabalah not to watch porn. Unfortunately today I went in a site for a minute or 2 and saw pictures I should not have looked at. Does that reset my clean days? Or since it wasn't actually watching porn I can continue my clean streak?

i was gonna keep my streak with a warning that if it happens as again then I restart, but I decided to ask over here what everyone thinks.

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Re: Restart or continue?

Posted by wilnevergiveup - 14 Oct 2020 04:51

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I don't have an answer to your question, you will have to wait for the official GYE beis din for

I do have a question though. What the heck is the difference?

What is going to happen if you restart and what will happen if you don't (I mean at this point, it doesn't sound like you are rolling around in the mud).

If the count is just for your ego then yo probably should leave it, but if you re trying to break free, you may want to think about how "taking a peak" really helped you moving forwards.

Hatzlachah

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