Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Mevakesh Hashem - 04 Mar 2009 02:21

I am proud to share with you that today, is my 1 year anniversary of rediscovering Hashem. I havent watched porn in a year. I havent masturbated in a year. I havent willingly gazed at women in a year. I havent listened to secular radio or TV in a year. I havent watched a secular movie in a year. I havent listened to non Jewish music in a year etc. etc.

I have spoken to Hashem more in the past year than in my entire life previously. I havent missed Tefilah B'Tzibur in a year! I havent missed a day of learning Torah in a year! etc. etc.

I dont write this to gloat or to be haughty Chas V'Shalom, rather to prove to all of you that IT CAN BE DONE!!

If i did it, and came back from the lowest depths of sin, ANYONE can do it! Trust me, I was not deserving of a second chance, but our Father in heaven, Melech Malchei Hamelochim gives EVERYONE the opportunity to do Teshuva, NO MATTER how in despair the situation may seem!

I thank Hashem from the bottom of my heart for giving me the strength to remain clean for an entire year. May Hashem give me, and all of you, the Koach to remain steadfast in our resolve to live correctly.

We all make mistakes and we all have Nisyonos. The key is to get up,admit your weakness, and keep going! It's not <u>being</u> right that matters, it's <u>living</u> right!

My dear brothers and sisters, I love you all and I admire you all. YOU all have a huge part in this milestone, no question about it.

I doubt I would be here today celebrating this huge victory over the Yetzer Hara if not for the constant inspiration of Guard, Elya, Jack, and the rest of you!

Yidden! Purim is around the corner, but we may all start drinking L'Chaim NOW!

Chazak V'Ematz to all of us!!!

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Momo - 04 Mar 2009 06:01

Yasher koach! A truly inspiring post. May you be zoche to continue on this path for the rest of your life.

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by the.guard - 04 Mar 2009 07:49

Dear Mevakesh, this just shows again how some of us here are truly soul-mates.

Is it a "coincidence" that the last day of Jack's half a year fell out on the day my son was born? and that I made the Bracha of *Hatov Ve'hameitiv* on that day?

Is it a "coincidence" that I merited to make a Bris for my son today, on the very anniversary of your Teshuvah?

Is it a "coincidence" that I merited to make the Bracha "SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh!" with such joy today?

Mazal Tov to you!! Mazal Tov to me!! Mazal Tov to Klal Yisrael!!

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Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by battleworn - 04 Mar 2009 14:05

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Mevakesh, I absolutely can't just go away from a post like that without replying. But I'm at a total loss for words. The Gemoroh in Megilah says, that if a word is worth a "selah" then silence is worth two. To you I stand in deafening silence and total awe!

Today, in addition to being the day of "the" bris and the day after your completing a year, is also a very crucial day for my son (as I posted elsewhere) please daven for him on this special day, please cry for his desperate neshomoh -bisoch shaar hadesperate neshomos biyisroel. **Your Tefilah can make the difference!** Thank you so very much!

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by jack - 04 Mar 2009 16:27

ok, i'll try again. something happened with my last post.mevakesh - mazel tov! a year needs a shehechiyanu! gue should play it up for all it's worth - and it's worth a lot! this purim let's have a little extra to honor mevakesh on completing one year! this shows that it can be done.

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Binyomin5766 - 04 Mar 2009 16:38

Yasher koach and Mazel Tov! A full year! Talk about a knock out punch to the Y"H!

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Someone - 04 Mar 2009 16:54 Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by gettinghelp - 04 Mar 2009 17:01

WOW what an BEAUTIFUL nais!!!!!!

Starting again Posted by BS D - 04 Mar 2009 21:15

Wow its absolutely amazing!

Massive mazel tov for managing to come so far. You are a true example for the rest of us, who are still battling it out with the y"h. It feels great knowing we have a true warrior at our side- your presence alone is a massive boost to our morale!

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by me - 05 Mar 2009 07:07

Mevakesh:

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You should be zocheh to be clean of sin your entire life, just like a 1 year old.

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Mevakesh Hashem - 11 Mar 2009 15:40

Thank you to all of you for your Brachos! May we all be zoch eto take the Jedusha Of Purim with us for the rest of the year and for the rest of our lives! Amalek is the Yetzer Hara! stay away from him and destroy him!!!!

Chazak V'Ematz!

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Phillip - 12 Mar 2009 00:01

Mazal tov. This message truly shows eveyone who sees it, how that it is possible to remain clean for a very long time.

This post really inspired me thank you. May this be the first anniversary for many more to come.

Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by yetzertov - 06 Apr 2009 04:05

Mevakesh, I just hope that you stay in the forum to give chizuk to all of us.

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Re: Baruch Ata Hashem...SheHechiyanu V'Kiyimanu V'Higiyanu Lazman Hazeh! Posted by Mevakesh Hashem - 06 Apr 2009 04:30

Yosefyakov,

first of all, welcome to the forum! May Hashem be with ou always.

As far as me, as long as Hashem gives me the Koach, I will be a part of this "Bais HaMikdash" and will try my best to help as many of our brothers and sisters as I can.

We must stick together, and be there for one another if we want Mashiach to finally come!

Chazak V'Ematz!
