**GYE - Guard Your Eyes** Generated: 16 August, 2025, 05:44 Slogging Through the Muck Posted by habaletaher - 16 Dec 2009 09:28 Hello to everyone, This is my first foray into the world of GYE, and I'm really hoping that it will become a real force in my life, as I've been battling the other forces for too long. I'm happily married to a beautiful and loving woman, and together we are raising a bunch of wonderful children, yet there is a side of me that no one knows about, a side of me that has been eating away at me for almost as long as I can remember. That side of me is the Mr. Hyde to my Dr. Jekkyl, the crazed sicko who gets set loose at night and does horrific shameful things. Being a true ohaiv Ha-shem, who really loves the aibishter and his torah and mitzvos this creates an enormous amount of conflict in my life, leading me to feelings of isolation despite being surrounded by people who love me, and despair despite leading a relatively successful life. To compound those feelings, I am involved in avodas hakodesh, so while people are looking to me for inspiration, I'm sometimes involved in things that if they had the slightest clue of, they

To compound those feelings, I am involved in avodas hakodesh, so while people are looking to me for inspiration, I'm sometimes involved in things that if they had the slightest clue of, they would pillory me in the town square. This makes me feel even more like a fake and a fraud despite the fact that all I really want to do in my life is bring people closer to Avinu Shebashamayim. Many times, I have thought about quitting, recognizing that I'll never really be able to inspire others if there's no gas in my fuel tank, but I'm reminded of the fish's response to Rabbi Akiva, "If in the water, the place of our life, we need to fear, how much more so on dry land, the place of our death!" So I guess I will try to stay close to the water, (besides all the teaching I do, I personally learn for hours every day, sometimes immediately followed by a most inglorious session of shmutz!), and just keep trying to slog through the muck.

I hope you can give me the chizzuk I need to make it out of my living hell.

Habaletaher

PS I can't even say Day 1! Maybe tomorrow!

## **GYE - Guard Your Eyes** Generated: 16 August, 2025, 05:44

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Re: Slogging Through the Muck Posted by bardichev - 29 Dec 2009 22:47
VEE IS ERRR??
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Re: Slogging Through the Muck Posted by habaletaher - 30 Dec 2009 05:59
Hi Everyone,
To all my friends on this site, thanks for reaching out and helping me through this. I thought I was gonna lose my mind!
Not only did I not fall, (maybe a slip, but definitely not a fall, no p**N, no msz), but B"H I'm proud to say that I am K9ed already. I just need Reb Guard to switch my password!!!
Thanks One Life, Momo, Reb Guard, IT25, and of course Reb Bardi!!!
This 90 days things is harder than I thought, or better yet, that was probably a lie. I knew it would be hard especially since I haven't had 90 free days in probably 3-4 years!!!
Thanks again,
HABA
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## **GYE - Guard Your Eyes** Generated: 16 August, 2025, 05:44 Re: Slogging Through the Muck Posted by habaletaher - 30 Dec 2009 06:14 Oh, and one more thing.... Why do we use words like p\*\*n on this forum? Is the word porn the equivalent of Voldemort? Are we trying to shield the youngsters from the reality they've been drinking since they're twelve? What is the deal? ==== Re: Slogging Through the Muck Posted by OneLife - 30 Dec 2009 07:58 habaletaher wrote on 30 Dec 2009 05:59: Not only did I not fall, (maybe a slip, but definitely not a fall, no p\*\*N, no msz), but B"H I'm proud to say that I am K9ed already. I just need Reb Guard to switch my password!!! **WOW!!!!!** You are really close to be or even big then yosef hazadik no K9 with no falls for 14 days, this is now you can take this big temptation and be "mkubal" :D:D you can bless peoples ....:D:D now i can say that i got a lot of chizuk to continue my journey. just from you HABA. you are really zaddik!! thank you HABA.

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Re: Slogging Through the Muck Posted by OneLife - 30 Dec 2009 08:05
HABA,
be careful not to put in your heart a little of ga'ava (pride) since we are still weak.
don't let the Y"H tells you that now you are strong. you are not!!
===== ====
Re: Slogging Through the Muck Posted by imtrying25 - 30 Dec 2009 11:23
Mazel tov haba. By me this was the first SERIOUS step, when i got k9 and had someone eles holding the password. Although this is not foolproof, its not meant to be. we have to make the fight as easy as possible for ourselves. its only fair. But hopefully with this step youll take it
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Re: Slogging Through the Muck Posted by habaletaher - 30 Dec 2009 21:19
OneLife wrote on 30 Dec 2009 08:05:
HABA,
be careful not to put in your heart a little of ga'ava (pride) since we are still weak.
don't let the Y"H tells you that now you are strong. you are not!!

**GYE - Guard Your Eyes** 

Hey One Life my brother,

Generated: 16 August, 2025, 05:44

I love you! First you give me a post saying that I'm like Yosef Hatzadik, then you tell me not to

Thanks for the chizzuk and don't worry, I totally don't think that I have this beat AT ALL. i got a long journey up ahead, but I'mana KEEP ON TRUKKIN!!

Now thats the attitude!! :D :D

be a ba'al ga'ava..

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Re: Slogging Through the Muck Posted by habaletaher - 30 Dec 2009 21:29

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imtrying25 wrote on 30 Dec 2009 11:23:

Mazel tov haba. By me this was the first SERIOUS step, when i got k9 and had someone eles holding the password. Although this is not foolproof, its not meant to be. we have to make the fight as easy as possible for ourselves. its only fair. But hopefully with this step youll take it

Thanks IM25, I totally agree with you that the filter is not the last step. Everything can be beaten somehow, this is just our way of lessening the nisayon.

We see this by Yosef, the MAN OF THE MILLENIUM for people on this site... When Eshes potiphar tries to get him to sin, he says this whole shpiel, "How can I do this to your husband, he gave me control of the whole house and only asked that I don't touch you....." and then finally at the end of his reason's for not sinning he says "vichatasi I'Elokim?"

But the Baalei mussar say that Yosef was lessening the nisayon by reminding himself how wrong it would be due to the fact that his master trusted in him etc... and only after that with the

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habaletaher wrote on 30 Dec 2009 21:29:

lessened nisayon could he beat the rest of the nisayon by saying "Vichatasi L'Elokim?"
The filter lessens the nisayon, we need our yiras shamayim, our "Vichatasi L'Elokim?" to beat the rest!
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Re: Slogging Through the Muck Posted by sci1977 - 30 Dec 2009 21:31
KUTGW!!!! It is a long journey, however if we simplify it to short periods of time it helps.
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Re: Slogging Through the Muck Posted by habaletaher - 30 Dec 2009 21:38
sci1977 wrote on 30 Dec 2009 21:31:
KUTGW!!!! It is a long journey, however if we simplify it to short periods of time it helps.
Agree with that, right now, I should probably be working on 7 minute increments!!!
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Re: Slogging Through the Muck Posted by Kedusha - 30 Dec 2009 22:41

**GYE - Guard Your Eyes** 

## **GYE - Guard Your Eyes**

Generated: 16 August, 2025, 05:44

Day 14!!!!

And I just made full member! Double Mazal tov to me!! (Yes, it's pathetic someone else should be telling me this, but hey, if no one else does, why not?)

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