## **GYE - Guard Your Eyes**

Generated: 16 August, 2025, 15:51

Slogging Through the Muck Posted by habaletaher - 16 Dec 2009 09:28

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Hello to everyone,

This is my first foray into the world of GYE, and I'm really hoping that it will become a real force in my life, as I've been battling the other forces for too long.

I'm happily married to a beautiful and loving woman, and together we are raising a bunch of wonderful children, yet there is a side of me that no one knows about, a side of me that has been eating away at me for almost as long as I can remember. That side of me is the Mr. Hyde to my Dr. Jekkyl, the crazed sicko who gets set loose at night and does horrific shameful things. Being a true ohaiv Ha-shem, who really loves the aibishter and his torah and mitzvos this creates an enormous amount of conflict in my life, leading me to feelings of isolation despite being surrounded by people who love me, and despair despite leading a relatively successful life.

To compound those feelings, I am involved in avodas hakodesh, so while people are looking to me for inspiration, I'm sometimes involved in things that if they had the slightest clue of, they would pillory me in the town square. This makes me feel even more like a fake and a fraud despite the fact that all I really want to do in my life is bring people closer to Avinu Shebashamayim. Many times, I have thought about quitting, recognizing that I'll never really be able to inspire others if there's no gas in my fuel tank, but I'm reminded of the fish's response to Rabbi Akiva, "If in the water, the place of our life, we need to fear, how much more so on dry land, the place of our death!" So I guess I will try to stay close to the water, (besides all the teaching I do, I personally learn for hours every day, sometimes immediately followed by a most inglorious session of shmutz!), and just keep trying to slog through the muck.

I hope you can give me the chizzuk I need to make it out of my living hell.

Habaletaher

PS I can't even say Day 1! Maybe tomorrow!

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==== Re: Slogging Through the Muck Posted by Steve - 10 Feb 2010 06:29 Hey, Haba, you mistappearing on us, Chaver? Yo, man 5 days without seeing you at home... Whassup? Where is you? Whatever & wherever, KOT and STAY HOLY!! Miss you tonz. ==== Re: Slogging Through the Muck Posted by the guard - 10 Feb 2010 06:41 haba letaher, ein manichim lo latzeis... Re: Slogging Through the Muck Posted by imtrying25 - 10 Feb 2010 07:32 Allo?? I know its hard after all the money you put down on the SB but please come back??

Re: Slogging Through the Muck
Posted by silentbattle - 10 Feb 2010 16:54

Hope you got some sleep...

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90 days is NOT the finished line - it's a huge victory, but you can, and will, continue past that - and you'll be smiling!
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Re: Slogging Through the Muck Posted by OneLife - 10 Feb 2010 18:41
HABA,
i wish you to be a super busy till 120 just with a good things! :D
OK, OK,
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Re: Slogging Through the Muck Posted by imtrying25 - 10 Feb 2010 21:13
Sleep?? I mean sleep?? Whats that?? Is that the thing all the old men do and make that funny noise with their nose, like their some type of under water creature?? :-\ :-\ :-\ :-\
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Re: Slogging Through the Muck Posted by habaletaher - 11 Feb 2010 10:34

Here we are, it is 5:30 and I just finished preparing what I hope will be a great shiur (it's all in the hands of the one above, no matter how hard you prepare anyway) that I have to give in a few Moursan taken have a ititle present go to bed.... oyssh I have to learn how to manage my time better...

i am really focused and in the zone when I'm preparing something that is due real soon, but

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somehow if I sit down a week in advance I can't think of anything, and I get total brain freeze!!!

And as far as 90 not being the finish line, I'm afraid for me right now it is. I will hopefully rely on you guys heavily to get me to commit to another 90, but I can only work on 90 at a time, no more!!!! Re: Slogging Through the Muck Posted by the guard - 11 Feb 2010 13:45 I wouldn't work on 90 either, if I was you. I'd work only on TODAY. May you work only on TODAY for the rest of your life, Tzadik! ==== Re: Slogging Through the Muck Posted by OneLife - 11 Feb 2010 15:44 GUE, i think its a little difficult to think of just today when you in your journey to the 90. you always see the target against your eyes. after the 90, i agree you don't have a definite target (besides 120 years..) so you can think of just for today.

Re: Slogging Through the Muck

Posted by imtrying25 - 11 Feb 2010 17:32
but I can only work on 90 at a time, no more!!!!
ONLY 90 days at a time?? Really?? Now thats alot more than what alot of others can do!!! :D :D :D :D
But seriously, we need to take it one day at a time!!! Literally! And then the 90 will just float on by!!
Hatzlacha to you my friend!! Wishing you all the best!!
Re: Slogging Through the Muck Posted by sci1977 - 12 Feb 2010 14:53
Good Shabbos!! ===================================
Re: Slogging Through the Muck Posted by silentbattle - 12 Feb 2010 19:31
Hope your shabbos is wonderful, as well as the rest of the week, and beyondone day at a time.
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Re: Slogging Through the Muck Posted by OneLife - 16 Feb 2010 08:07

## Generated: 16 August, 2025, 15:51 hey HABA, whats up man? you didn't update yourself in the WOH, is everything OK? gever, say something...

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