

preparing my self for Rosh Hashana
Posted by tcrvo - 17 Jun 2020 19:58

Beezras Hashem Yisbarach

I hope to entre the new year clean!

please help me Hashem to be strong.

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Re: preparing my self for Rosh Hashana
Posted by Meyer M. - 17 Jun 2020 20:42

Wow! I wasn't even thinking of Rosh Hashanah yet...Kudos to you!

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Re: preparing my self for Rosh Hashana
Posted by tcrvo - 19 Jun 2020 03:15

I desided to slow down a bit, instead of focusing on the whole 90 days till Rosh Hashana. I'll
focus on one day at a time

Preparing my self for this weeks Shabbes to be clean.

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Re: preparing my self for Rosh Hashana
Posted by Meyer M. - 19 Jun 2020 03:19

Good for you! Let's go!

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Posted by tcrvo - 19 Jun 2020 14:18

i was just thinking about last weeks Parsha shlach (this week in Golus)

it starts and ends with something in common

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We find in Kohelt also the same word towards Chachma, i am not sure if it is as negative as this one.

I was wondering if $???$ can be also positive, and we have to choose the right one and not the wrong one.

any ideas?

Shabath Shalom

Posted by tcrvo - 20 Jun 2020 20:47

Shavuo tov

Gut voch

Shabbes was amaizing!

Now I hope with hashems help to reach Rosh Hodesh clean, one day to go.

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Re: preparing my self for Rosh Hashana

Posted by tcrvo - 21 Jun 2020 23:38

Boruch Hashem

one more day passed now I reached Rosh Chodesh clean

now help me Hashem to reach the first day of Tamuz clean

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Re: preparing my self for Rosh Hashana

Posted by Snowflake - 22 Jun 2020 14:49

Shkoiach!! One day at a time is the secret. Should you feel like you need help, do reach out.
Our addiction causes us to isolate, so the best medicine is to do the opposite.

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Re: preparing my self for Rosh Hashana

Posted by DavidT - 22 Jun 2020 15:54

[Snowflake wrote on 22 Jun 2020 14:49:](#)

Shkoiach!! One day at a time is the secret. Should you feel like you need help, do reach out. Our addiction causes us to isolate, so the best medicine is to do the opposite.

Keep us posted

Yes... Remember, addiction is a prison built on secrets, lies, shame, and isolation. Every time you open up to someone in honesty and love you are breaking down another chunk of those walls. Keep at it until you are free and there is nothing but a pile of rubble behind you.

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Re: preparing my self for Rosh Hashana
Posted by tcrvo - 22 Jun 2020 21:11

It starts to get difficult, day #5 is almost over.

Boruch Hashem i kept myself busy so its over

tomorrow is suppose to be a bumpy day on my schedule

Oiy Riboinoi Shel Oilem helf a yid

i hope i will have the strenght to overcome the difficulties.

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Re: preparing my self for Rosh Hashana
Posted by tcrvo - 23 Jun 2020 20:51

Oiy gevald

I want her

She is too tired

Its so tempting too look for other....

oiy Riboinoi shel oilem give me the koiches

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Re: preparing my self for Rosh Hashana
Posted by Singularity - 24 Jun 2020 04:01

Small posts, but they speak worlds! Keep coming back!!!

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Re: preparing my self for Rosh Hashana
Posted by tcrvo - 16 Jul 2020 21:48

SHALOM everybody

a month ago I came back after a few years

I restarted counting 90 days, long goal is to be clean for Rosh Hashana.

short goals, i took every day at a time.

The reason i wasent posting here every day i was too busy with getting my self on track

I must thank a few people one I cant remember his user name but D. from L. if you remever to privet chat we had about 3 weeks ago, thank you so much you made me relise that my problem is way deeper then most people around here.

which led to a phone call to Menachem from GYE thank you for your advice to speak to Dov.

Thanks Dov I hate you for telling me the truth in my face, but i guess it most of happen one way or another.

which led me to make an apointment with a psycologist to get some therapy.

in the meantime I started to go to SA.

The reason why I write you all this, because I relised I need help and I cant help my self alone so I did everything in my power to get help. The problem I have in a few words I am a happy married man that fall in love with another girl. Enough said for now

If there is a will there is a way.

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Re: preparing my self for Rosh Hashana
Posted by YeshivaGuy - 17 Dec 2020 12:37

Hows it going Reb Yid?

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