

Steve's Journal

Posted by Steve - 15 Dec 2009 18:46

So here I am, finally beginning my journey into my New Way of Living, thanx to Reb Guard, Duvid Chaim, the fearless crew on the Good Ship Lust-Will-Pop, and the GYE family.

I got here around 7/28/08 while searching for chizuk for shmiras eiynayim, signed up for the emails, then wasted over a year letting them collect in an inbox folder hoping to get to read them one day. The forum looked too intricate for me to navigate, so I didn't even try.

B"H for "falls" at the right time, cuz picking myself up from one led me to finally read one email. And THAT ONE, ladies and germs, is where I saw the advert for DC's new 12-Step Program Group Call, and thank G-D I followed the links to find out more. Again, Hashem was stretching out His hand to me, but THIS time, I TOOK IT!! I joined his group when it started in October.

I NEVER would have suspected I was a sexaholic, I just thought I was a guy with a very big yetzer hora for "girlwatching" that just got out of hand with the ease of internet access. But when I read the descriptions that an addict is ONE WHO KNOWS HE SHOULD STOP, BUT CAN NOT, or described as someone who loses time from work and family because of this uncontrollable drive, someone whose life is heading to ruination, it hit me. Those words described me to a tee. I was seeing myself and my uncontrollable life mirrored in the words of so many others, I couldn't believe it! I WAS NOT ALONE.

All the years of acting out; the guilt and the shame; the hours glued to bad sites while family time and parnose slipped away; the lying to my children who'd call me at work and ask "when are you coming home, Ta?" And I'd close my eyes to the screen to say "I have to work late", then open them up again after the call to keep watching for hours more... And the self hate, the loathing, the name calling and cursing of myself I did when I'd drive home at 3 am, the promises to Hashem, and then breaking them the very next morning. Days, months, YEARS lost, and I thought I could climb out of it on my own one day.

Duvid Chaim and the brave members of our crew have shown me the real way out of this decrepit existence, toward a life of freedom from this "lust addiction", and hopefully from my other shortcomings as well.

On the calls I found people whom I could talk to thru the blessed veil of anonymity, to discover who I really am and find how I could heal, and on the forum I found the rest of you, inspirational and needy both, and I've been blessed that I could help a little here and there. What I love best is that the time I would have spent on my computer pushing Hashem out of the world, I am now using to pull Him back in, into my life and the life of others.

Thanx to Duvid Chaim, I am on the road to recovery. It was hard to accept that "I'm a pickle, and will never be a cucumber again." He showed me logically the truth behind it. But I never really understood the depth of my emotional loss at that recognition until I read Letakein's amazing poem, Falling Leaves. She wrote that to help herself heal, but by sharing it, she MADE me heal. I wasn't afraid to take the next step, to Let Go and Let G-d, to trust His re-creating me into something new, even tho I do not know where it's heading.

So, my friends (and it means so much to me to be able to call y'all that), I will be using this journal to share with you my ups and downs (which I'm sure I'll have – we're only human), Please forgive me if it's not as dramatic, or filled with "near brink disasters" as so many of you brave people have to fight every day. I stand in awe of your strengths, your courage and your honesty. THIS is the place on earth for real Milchomas Hashem.

I will try my best to post everyday, and the next few days I'll add short installments of the BIG inspiration I had just before this Shabbos, on Erev Chanukah, that I'm still flying high from. The A & W's just kept rolling in, so stay tuned!!

Even tho I've been clean now since starting the calls 7 weeks ago, I'm gonna start my 90-day count as of Monday, the third day of Chanukah. Marked for my memory by my physical birthday, but in honor of my spiritual re-birth thru the 12-Steps and ALL of GYE.

Starting this Chanukah, may we all be blessed together to move far away from the Great Darkness that has owned us until now, and come into the GREAT LIGHT of Hashem's Love.

Kein Yehi Ratzon.

Steve.

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Re: Steve's Journal

Posted by desperate_teddybear - 28 Dec 2010 16:34

i thought the teddy bears came out, lichovod teddy roosevelt, because when he was hunting he refused to shoot a bear - hence this just highlights my point that AMERICANS ARE WIMPS

i think i got some grey goose somewhere in my igloo's refrigerator. but we're all having hot cocoa with too many marshmallows if you're in to that kind of thing. pull up a snowball and chill w/ us. literally.

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Re: Steve's Journal

Posted by Steve - 29 Dec 2010 01:09

The ol' Grey Goose, she ain't what she used to be,

Ain't what she used to be,

Ain't what she used to be,

The ol' Grey Goose, she ain't what she used to be,

Many a time, ago.....

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Re: Steve's Journal

Posted by Steve - 25 Jan 2011 05:04

Wowie.

long time now post. A whole month.

hmmm.....

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Re: Steve's Journal

Posted by bardichev - 25 Jan 2011 05:19

Steve !!!

Where do we begin?

The man of many words

The perpetual pickle

Steeev

Write us a loooOooooooooOooooong

Post

B

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Re: Steve's Journal

Posted by Steve - 28 Jan 2011 06:01

just want you all to know i just finished typing a nice long post for almost an hour. right before i hit submit, my fingers slipped and hit a few keys together and I lost the whole thing. Snap, right back out of post reply and back to the last post by Bardy.

So H' is showing me 1) no one needed to read what i had written, and 2) i should have gone to bed.

I got the message.

G'nite, my friends. Have a GREAT SHABBOS!!

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Re: Steve's Journal

Posted by Dov - 30 Jan 2011 07:36

[Steve wrote on 28 Jan 2011 06:01:](#)

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G'nite, my friends. Have a GREAT SHABBOS!!

Holy pickle! That has happened to me a few times and you see it just right, in my book! Good for you R' Shteve!!

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Re: Steve's Journal

Posted by bardichev - 30 Jan 2011 07:46

Shteeve and dov!!

Wow its like papa smurf and pacman wow its an 80's reunion

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Re: Steve's Journal

Posted by Eye.nonymous - 30 Jan 2011 12:18

[bardichev wrote on 30 Jan 2011 07:46:](#)

Shteeve and dov!!

Wow its like papa smurf and pacman wow its an 80's reunion

La La La La La La, La La La La La!

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Re: Steve's Journal

Posted by Steve - 30 Jan 2011 15:41

Welcome y'all to another heilige week, another new beginning.

May we all be zoche to not just accept what Hashem has scripted for us, but learn to LOVE Him and His outcomes.

And a shot or two of Woodford along the way couldn't hurt....

Hey DOV IN ISRAEL!! Mazal Tov on your upcoming New Launch. 12-Step Alums Alert - There's a NEW SHIP in the port, might be a sub, might be a banana boat, but it's fershure gonna be one heckofa ride!! **Full Speed Ahead, Cap'n Dov!!!**

CU

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Re: Steve's Journal

Posted by Yosef Hatzadik - 30 Jan 2011 16:39

Hhmmm.

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Re: Steve's Journal

Posted by bardichev - 30 Jan 2011 17:10

Thanks papa smurf (its your new nic name)

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Re: Steve's Journal

Posted by Steve - 30 Jan 2011 21:01

Yo Bards, you talking to the blue guy from the Spice Parade, or to ME, the green guy from the bottom of the barrel?

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Re: Steve's Journal

Posted by Me3 - 31 Jan 2011 00:42

I heard there was a recent Donkey kong sighting.

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Re: Steve's Journal

Posted by bardichev - 31 Jan 2011 01:00

Oy the challenger yoartzeit

Reagan is in style again

Plastic frame glasses

Yoy I think the eightys are back

Gimme my rubiks cube

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