

GYE - Guard Your Eyes

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A new beginning

Posted by TheFighter99 - 20 Apr 2020 11:02

Hi everyone!

I'm a married guy in my 30's who has been struggling with this for around 5 years. I've had some minor successes in this battle, but have not gotten the freedom I'm looking for as of yet. But today is a new beginning! I've signed up for GYE and am starting the 90 day chart today. Any tips and words of encouragement are appreciated, Thanks!

Kol Tuv,

TheFighter

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Re: A new beginning

Posted by sleepy - 14 May 2020 23:58

[TheFighter99 wrote on 13 May 2020 12:08:](#)

Still going strong, but I'm so so heartbroken that user @pickamoniker decided to drop the fight. It's obvious that he's in tremendous pain over his impending divorce and not headed to a good place, and I wish there was something I could do to help, but I'm still a rookie at this. Can one of you experienced guys email him to try to bring him back or something? He put his email in his last post.

@ pickamoniker don't leave us:sob:!! Praying for you bro!

i dont mean to make an issue out of a tissue but on your signature you quote something from Narcotics Anonymous, i once heard that quote

"Insanity is repeating the same mistakes and expecting different results."-

in the name of albert einstien , was he a member of NA?

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Re: A new beginning
Posted by Singularity - 15 May 2020 03:52

Is sleepy the new Trouble?

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Re: A new beginning
Posted by TheFighter99 - 15 May 2020 10:44

@sleepy, lol too many quotes are said in the name of Einstein and mark twain, so ppl should be suspicious and confirm before formal attribution to these two. I did some googling before adding the quote to my signature and found that the quote is found in material from NA, not Einstein. Kind of apropos, though, right?

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Re: A new beginning
Posted by TheFighter99 - 17 May 2020 16:14

Hi all, going strong BH. Had a nice victory on Friday. My wife had to temporarily disable the filter and she forgot to reenable it. I noticed that I had a clear path to bad stuff when I was using the computer but managed to stay well clear of trouble.

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Re: A new beginning
Posted by Hashem Help Me - 17 May 2020 16:41

One can only imagine the nachas Hashem has from such an incident! At the same time, let's plan on how to deal with that situation that to the best of our ability we should not have the nisayon. Can you be mekabel to tell your wife the filter was not turned back on?

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Re: A new beginning

Posted by TheFighter99 - 18 May 2020 10:54

Day 14 is in the books! level 4 reached, on to day 15. Thanks everyone so much for all of your comments in my Thread. Your encouragement and suggestions have been making a huge difference.

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Re: A new beginning
Posted by TheFighter99 - 19 May 2020 10:30

Slipped into the podcast trap yesterday. ("It's only a podcast and there's no pictures and it's not such a bad podcast anyway. Yada yada etc ") Apple restrictions filter out almost all bad podcasts on iPhone but a few ones that aren't so kosher slip through. Not the end of the world in the scope of things, but gotta steer back into the right lane. We all know where this ends if I don't. last night ended with a big binge....of junk food from the pantry. This time. But If you give a mouse a cookie...

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Re: A new beginning
Posted by BHYY - 19 May 2020 13:50

Wow, you got thrown for a loop and came out unscathed - you're a hero!

Definitely patch up that hole though.

Keep it up!!!

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Re: A new beginning
Posted by TheFighter99 - 20 May 2020 11:43

Is there somebody who can please explain the whole "needing a higher power" thing in recovery? I don't get it. Don't we have free will to make our own choices and kick the habit ourselves? there have been atheists who have quit porn, so I'm a little confused on this whole idea. Please share your thoughts many thanks

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Re: A new beginning
Posted by TheFighter99 - 21 May 2020 10:02

Had a fall yesterday, but still got a streak of sixteen days. Better than my first streak of 13. Major Bummer. Time to get back up and begin round 3

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Re: A new beginning
Posted by wilnevergiveup - 21 May 2020 11:41

Yeah, I feel you...

Ain't nothing fun about falling...

You did great! Hope to see you on the other side soon.

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Re: A new beginning
Posted by TheFighter99 - 10 Jun 2020 00:13

I've had some setbacks recently. Still out of work unfortunately, and spending lots of time on computer with lots of stress and anxiety isn't a good combo.

BUT, Got a new laptop and installed webchaver (with a friend, not with my wife, who doesn't

know about the whole parsha)+ filtering so hopefully God will see that I'm trying and he'll give me a boost. I gotta get some solid momentum here. Optimistic for the future. The fight continues.

now that I can post from a computer I'll try to post more often. Stay strong and thanks in advance for the continued chizuk and comments on my thread. They help a lot

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Re: A new beginning
Posted by Dave M - 11 Aug 2020 19:00

Just read your thread. You really are a fighter! How's it going?

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Re: A new beginning
Posted by TheFighter99 - 11 Aug 2020 21:45

Dave M. Doing good, thanks for asking. Had a close call today on Facebook so I blocked it with my filter. Still hoping for a job soon iyH

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