Surrounding myself w/ good people
Posted by Eliezer Zev - 27 Mar 2020 00:51

_____

This week has been tough, and today especially. Just a few minutes ago in the chat, a wise gentleman told me that I needed a recovery plan. Sounds obvious, right? I thought a web-blocker and a therapist would do the trick, but I found out this week that it just wasn't so. The reason: there is no trick. I will be in this fight for a long time... maybe the rest of my life. But so be it. I am going to win. I am going to double down on the good effects GYE has had on me. I've already sought a partner, and I am going to track my each of my days (in my 90 day count), and I plan to write here at least weekly. If you have advice, I'm all ears. BH.

==
====

Re: Surrounding myself w/ good people
Posted by DavidT - 27 Mar 2020 01:14

_____

[Eliezer Zev wrote on 27 Mar 2020 00:51](#)**:**

This week has been tough, and today especially. Just a few minutes ago in the chat, a wise gentleman told me that I needed a recovery plan. Sounds obvious, right? I thought a web-blocker and a therapist would do the trick, but I found out this week that it just wasn't so. The reason: there is no trick. I will be in this fight for a long time... maybe the rest of my life. But so be it. I am going to win. I am going to double down on the good effects GYE has had on me. I've already sought a partner, and I am going to track my each of my days (in my 90 day count), and I plan to write here at least weekly. If you have advice, I'm all ears. BH.

You definitely have the right attitude to win the battle!

please rremember this "*If I am not for myself, who will be for me? But if I am only for myself, who am I? If not now, when?"?*

wishing you all the best !

==
====

Re: Surrounding myself w/ good people

_____

Posted by Eliezer Zev - 27 Mar 2020 03:04

_____

Thank you David for your words of encouragement and for sharing the wise words of Hillel, which is exactly what I needed to hear.

==