

I can finally do this!

Posted by strivingforbetter - 25 Mar 2020 03:06

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Inspired by @realestatemogul, I have decided to start my own blog to help conquer my yetzer hara and finally move forward in my life. I'm currently on day 2, and I'm feeling really supported by everyone here on GYE.

One thing in particular that has really hit me is looking through the leaderboard on the 90-day chart, and seeing that many people who struggle with this are married. I'm single, and I've always told myself that I'll only struggle with this until I'm married and then the problem will go away, but that's evidently not true. I need to work on this NOW and not let my yetzer hara get the best of me.

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Re: I can finally do this!

Posted by DavidT - 05 May 2020 15:34

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[strivingforbetter wrote on 05 May 2020 04:44:](#)

Day 0,

I don't even know what to write anymore. In a really bad place and don't know how to get out.

**The first day** is more important then the rest of the 90

Day 1 is when you are actually **more brave** then any other time. It shows you're ready to give in and try. I know that everyday farther away from the dirty past is a good one, but it would not have happened without day 1. In a way, I try to see everyday as day 1. For that is the day I found my life and the many wonderful things that go with it.

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Re: I can finally do this!

Posted by Captain - 07 May 2020 01:28

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**The true measure of greatness is how much we have exerted ourselves to change**, not our current spiritual level. If a person is on a high level but did not improve to get there, what has he really accomplished? What does he have to be proud of? He has not grown and is not truly great, even if it looks like he is. What is there to be impressed with? He just followed his instincts and did what he was inclined to do. Of course he will be rewarded for what he has accomplished, but he has not reached true greatness. Only one who overcomes obstacles to change himself can be considered great. **Changing ourselves is the point of life!**

Source: The Battle of the Generation (Download  
here: <https://guardyoureyes.com/ebooks/item/the-battle-of-the-generation> )

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