

with hashem's help ill reach 90 and keep going  
Posted by chabadchassid5779 - 11 Mar 2019 04:57

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i have been struggling with porn and masturbation since i got my smartphone over 3 years ago. at first not that often and later it was hard to stay a few days clean. i got rid on my smartphone about 5 months after the later part. but i fell many times since then when i had access to internet or without. in the past 2 years i was able to stay clean many times for a long time - a month or almost 2 - but i was not yet able to break free completely. i hope to post only good news from now on.

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Re: with hashem's help ill reach 90 and keep going  
Posted by Dave M - 11 Mar 2019 14:29

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Welcome. You should be with much Hatzlacha!

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Re: with hashem's help ill reach 90 and keep going  
Posted by chabadchassid5779 - 25 Mar 2019 21:53

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in the past 2 weeks, since my last post, i fell once by using a smartphone which i got a hold of at home, 6 days later by finding pictures - just of girls, not nude or porn that i found on a computer without internet, then 4 days later started without any pics, continued with a newspaper, then again today - 2 days later on the internet - computer for public use. hope to share good news in the future.

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Re: with hashem's help ill reach 90 and keep going  
Posted by Trouble - 26 Mar 2019 02:06

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[chabadchassid5779 wrote on 25 Mar 2019 21:53:](#)

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without internet, then 4 days later started without any pics, continued with a newspaper, then again today - 2 days later on the internet - computer for public use. hope to share good news in the future.

Hmmm.... Kinda boxes you out of most places. What's the plan sir?

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Re: with hashem's help ill reach 90 and keep going  
Posted by chabadchassid5779 - 29 Mar 2019 13:49

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I fell again Monday night without porn and then again Tuesday with porn.

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Re: with hashem's help ill reach 90 and keep going  
Posted by Shnitzel and kugel - 29 Mar 2019 16:04

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As trouble mentioned, what's your plan sir? What tools have you tried using?

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Re: with hashem's help ill reach 90 and keep going  
Posted by chabadchassid5779 - 03 Apr 2019 04:30

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I fell Monday night with a smartphone I got before I put a filter on it. I don't really know what I should try. I'm being honest on the forum, I try to stay away from internet as much as possible. I'll try the taphsic.

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