

Neil

Posted by Neil - 04 Feb 2019 22:03

hello. My name is Neil. I want to be porn free. I am starting over.

Day 0

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Re: Neil

Posted by Neil - 14 Feb 2019 23:35

Feeling a bit better today.

Day 10

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Re: Neil

Posted by Neil - 15 Feb 2019 15:53

Tired but ok.

Day 11

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Re: Neil

Posted by Neil - 16 Feb 2019 23:48

Ups and downs.

Day 12

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Re: Neil

Posted by Neil - 17 Feb 2019 23:12

Today was a good day.

Day 13

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Re: Neil

Posted by Neil - 19 Feb 2019 08:23

Today was a good day.

Day 14

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Re: Neil

Posted by Neil - 19 Feb 2019 22:13

Having some cravings for porn but I'm doing ok.

Day 15

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Re: Neil

Posted by Neil - 21 Feb 2019 09:05

Today was ok. Some small cravings.

Day 16

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Re: Neil

Posted by Tzvi5 - 21 Feb 2019 16:58

[Neil wrote on 21 Feb 2019 09:05:](#)

Today was ok. Some small cravings.

Day 16

If you're interested there is a way you can feel like a normal human being, without feeling empty without lust.

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Re: Neil

Posted by Neil - 21 Feb 2019 22:47

Major cravings today but bH got through it.

Day 17

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Re: Neil

Posted by Neil - 22 Feb 2019 15:40

Short Friday.

Day 18

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Re: Neil

Posted by Neil - 23 Feb 2019 21:44

Shabbos was good.

Day 19

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Re: Neil

Posted by Neil - 24 Feb 2019 22:21

Busy day today.

Day 20

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Re: Neil

Posted by Neil - 26 Feb 2019 23:10

Busy couple of days at work.

Days 21 and 22

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Re: Neil

Posted by Dave M - 26 Feb 2019 23:43

Staying busy is good. You're past 3 weeks! You are doing great brother.

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