

This is going to be the time I get to 90!

Posted by Realestatemogul - 22 Aug 2018 21:39

Hi everyone,

I have met a bunch of you already (Cordnoy, YBS, Chaim2009, Schnitzel and Kugel, etc.)

This past week has been the first time I really engaged on GYE.

I have seen how others have benefited from GYE and how it helped them FINALLY break free.

I am posting this thread of my 90 day journey because I don't want to leave this up to just my own abilities. My own abilities have always failed me and put me back into the never ending cycle.

My past history is full of sexual challenges that make acting out natural. I won't go into details but getting a laptop with unrestricted internet for my bar-mitzvah wasn't exactly the most beneficial present. I understand that on my own I will never be able to conquer this challenge. I may be able to go a week, a month, or even a few months without acting out or watching inappropriate things. But ultimately I haven't been able to stay clean.

I want to take this post to say that I will try to from now on surrender my challenges and realize that only Hashem can let me overcome these ever hard feelings. I can not and will not try to beat this on my own. The talmud talks about the yetzer hara showing even the greatest Tzadikim that they are no match for him. I certainly am no better. However, I do have Hashem. I truly believe any test Hashem gives us we can pass and that means he will let us pass. It may just be that he wants me to use the tool of GYE that he gave me.

I am now on my 9th day clean. I have been here before many times. This time WILL be different. This time I WILL make it to 90 days. This time I WILL stay strong. This time I WILL surrender to Hashem. This time I WILL break free!

BUT, I can only do it with all of you AMAZING poeple's help!

Please cheer me on, console me, and encourage me on my journey.

Looking forward to celebrating 90 soon!

Thank you!

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Re: This is going to be the time I get to 90!
Posted by Hashem Help Me - 25 Jan 2021 10:37

[Realestatemogul wrote on 25 Jan 2021 03:51:](#)

39 days. One more day until my 40 day goal.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 26 Jan 2021 03:55

40 days....

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Re: This is going to be the time I get to 90!
Posted by Zedj - 26 Jan 2021 04:57

Congratulations on reaching your goal!

To many more clean days!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 12 Feb 2021 04:43

57 days

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Re: This is going to be the time I get to 90!
Posted by Boeing747 - 12 Feb 2021 14:45

Hello everyone, I have started 90 days around Kislev 20 , but this week I have relapsed. I had about 35-40 days left. I would appreciate some tips on how you motivate yourself. I had the yetzer hara overcome me, fogging my brain completely, I was weak and I broke. This time I'm going the full 90. Glad to be here.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 14 Feb 2021 19:42

What are tools are you using to get to 90 days? Having a set of "tools" can help you stay focused and keep you from lapsing when it gets tough.

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Re: This is going to be the time I get to 90!
Posted by DavidT - 14 Feb 2021 21:19

[Boeing747 wrote on 12 Feb 2021 14:45:](#)

Hello everyone, I have started 90 days around Kislev 20 , but this week I have relapsed. I had about 35-40 days left. I would appreciate some tips on how you motivate yourself. I had the yetzer hara overcome me, fogging my brain completely, I was weak and I broke. This time I'm going the full 90. Glad to be here.

When feeling weak we can tell ourselves, "just for today, I will stay clean." "Just for this moment, I will stay clean." The past and the future are out of our hands and belong only to Hashem. When we feel that we are about to fall, we may even tell ourselves that we reserve the right to act out tomorrow. We are not making a decision now for life. However, just for today we will do whatever we can to stay clean.

Your goal is not to conquer a life-long yetzer hora in one day! Simply putting up a fight is a tremendous accomplishment, and skipping this time, or even delaying it a little bit, is still worthwhile. Even if you ultimately do it, there is still value and tremendous sechar for every second you are able to be omeid b'nisayon.

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 23 Mar 2021 04:36

96

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 13 Apr 2021 04:55

117

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Re: This is going to be the time I get to 90!
Posted by Hashem Help Me - 13 Apr 2021 11:31

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Re: This is going to be the time I get to 90!
Posted by Striving Avreich - 11 Jun 2021 08:09

How's it going?
Hey, there is life after 120 too iyh.....

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 08 Jul 2021 05:00

Bh! Going good at 203...

Every day is still a challenge, but BH I have put alot of "junk" behind me so I am fighting a much

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 23 Feb 2022 21:05

Never forget to check back in...

GYE - Guard Your Eyes

Generated: 11 April, 2025, 06:38

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Re: This is going to be the time I get to 90!
Posted by ??? ???? ???? ??? - 28 Feb 2022 02:44

Wow! Great to see you checking back in, Realestatemogul!

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