

This is going to be the time I get to 90!

Posted by Realestatemogul - 22 Aug 2018 21:39

Hi everyone,

I have met a bunch of you already (Cordnoy, YBS, Chaim2009, Schnitzel and Kugel, etc.)

This past week has been the first time I really engaged on GYE.

I have seen how others have benefited from GYE and how it helped them FINALLY break free.

I am posting this thread of my 90 day journey because I don't want to leave this up to just my own abilities. My own abilities have always failed me and put me back into the never ending cycle.

My past history is full of sexual challenges that make acting out natural. I won't go into details but getting a laptop with unrestricted internet for my bar-mitzvah wasn't exactly the most beneficial present. I understand that on my own I will never be able to conquer this challenge. I may be able to go a week, a month, or even a few months without acting out or watching inappropriate things. But ultimately I haven't been able to stay clean.

I want to take this post to say that I will try to from now on surrender my challenges and realize that only Hashem can let me overcome these ever hard feelings. I can not and will not try to beat this on my own. The talmud talks about the yetzer hara showing even the greatest Tzadikim that they are no match for him. I certainly am no better. However, I do have Hashem. I truly believe any test Hashem gives us we can pass and that means he will let us pass. It may just be that he wants me to use the tool of GYE that he gave me.

I am now on my 9th day clean. I have been here before many times. This time WILL be different. This time I WILL make it to 90 days. This time I WILL stay strong. This time I WILL surrender to Hashem. This time I WILL break free!

BUT, I can only do it with all of you AMAZING poeple's help!

Please cheer me on, console me, and encourage me on my journey.

Looking forward to celebrating 90 soon!

Thank you!

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Re: This is going to be the time I get to 90!

Posted by Zedj - 14 Dec 2020 05:52

362! That is a great streak!

I fell at 36 days of my streak and I felt terrible.

Falling after 362 days would definitely hurt.

Thank you for coming back to show us pressing the restart button is possible and maybe even necessary.

Wishing you a happy Chanukah and much success!

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Re: This is going to be the time I get to 90!

Posted by YeshivaGuy - 14 Dec 2020 05:55

I can't imagine how hard it must be for you.

Amazing that you maintain an unrelenting resolve.

As you yourself mentioned, it's not about the streak. It's about becoming a person not enslaved to these taivos. And Baruch HaShem you have clearly made it and are continuing forward.

I hope to one day be free like yourself.

May you continue being matzliach and inspiring Klall Yisrael

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Re: This is going to be the time I get to 90!
Posted by Shnitzel and kugel - 14 Dec 2020 06:39

WOW! A year clean!! That's just beyond everything!!.

Intense strength shown over there! You thought your body good and well in not giving in to every good feeling!

Honestly WOW!! Gye 5 star!!!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 15 Dec 2020 01:26

Thank you Zedj, Yeshiva Guy, and S&K! An all the "thank you's!"

I really appreciate all the support and positivity I get on these Forums. I truly can only do this with all the help and assistance from everyone on GYE. Everyone should realize that not only do they help themselves by posting on these forums, but every single post on your own thread or someone else's helps us all overcome this nisayon! Together we are stronger!

As I write this, I wonder if there is maybe a special siyata dishmaya that Hashem gives to Klal Yisroel when we come together to become better people. Maybe, Hashem says you want to be better and you ALSO want to help your friend be better?! For that you deserve extra help to grow and succeed in Kedushah. Mitzvah Gorreres Mitzvah.

Thank you GYE for making all of this possible and thank you to everyone for continued support, clicking the thank you button, and posting on these forums!

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Re: This is going to be the time I get to 90!
Posted by ??? ????? ????? ??? - 15 Dec 2020 14:59

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 17 Dec 2020 22:29

V'kam, V'kam, V'KAM!

Day 0

V'kam V'kam V'kam....

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Re: This is going to be the time I get to 90!
Posted by Zedj - 17 Dec 2020 22:55

Has the BIG red reboot button been pressed?

Wishing you much success this time around

Afreilechen Chanukah!

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Re: This is going to be the time I get to 90!
Posted by YeshivaGuy - 17 Dec 2020 23:29

[Realestatemogul wrote on 17 Dec 2020 22:29:](#)

Day 0

V'kam V'kam V'kam....

Don't forget the previous word!!

Tzadik! Tzadik! Tzadik!!!!

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Re: This is going to be the time I get to 90!
Posted by Grant400 - 18 Dec 2020 02:56

[Realestatemogul wrote on 17 Dec 2020 22:29:](#)

Day 0

V'kam V'kam V'kam....

Mr. REM, you are a huge inspiration to all of us here always! Don't let a tiny speed bump turn into a giant pothole!

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Re: This is going to be the time I get to 90!
Posted by OivedElokim - 18 Dec 2020 04:30

[Realestatemogul wrote on 17 Dec 2020 22:29:](#)

Day 0

V'kam V'kam V'kam....

My friend I am in awe of you. Just reading the last to pages of this thread is making me tear up.

I don't recall ever falling after such a long streak. I don't think I've ever gotten nearly a year clean. And still every fall, particularly after a good streak (50-100 days) i would be paralyzed. I'm so moved by your resilience. KUTGW, and keep posting...

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Re: This is going to be the time I get to 90!
Posted by Shnitzel and kugel - 18 Dec 2020 06:23

Oy! Ye I remember those days after my biggest streak where I kept on falling, and it would get really frustrating.

Have you tried smart recovery?

Continue rocking!!! Your a big fighter!

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Re: This is going to be the time I get to 90!
Posted by Realestatemogul - 20 Dec 2020 16:29

Hey GYE!

BH I can say that I had 16 clean days after that first day I fell, and now I am back at 3 days!
Also, bh I haven't watched any p\$%n in my falls.

I am not going to think about my previous 362 day record, and instead continue to do what has
always worked. Smaller goals.

My next goal is to get to 40 days.

I am not giving up on you (or me)!

I am also going to try to do two things every day of these 40 days to help myself get back up.

1)Exercise or Stretch every day.

2)Learn a bit of Mesilas Yescharim.

I have (with this account) 859 cumulative clean days!! I am not giving up and I will continue to
do everything I can to break free!

Please continue to support me on my journey - it is extremely appreciated!

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Re: This is going to be the time I get to 90!

Posted by DeterminedtoWin - 20 Dec 2020 16:53

We are with you all the way!!

Keep up the optimism and the focus on the successes and never give up!! You're a chizuk to all of us!

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Re: This is going to be the time I get to 90!

Posted by Zedj - 20 Dec 2020 17:46

Your determination is amazing!

Keep posting!

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