

Finally going for 90 days

Posted by MottehPoisansky - 18 Jul 2018 20:38

---

Hi guys. This is my first post here. I finally joined and want to aim for 90 days. I need to re-wire my brain that I don't need PMO whenever I have to deal with the slightest discomfort of life.

Hope that makes sense.

Thanks

=====  
=====

Re: Finally going for 90 days

Posted by Gevura Shebyesod - 05 Sep 2018 15:13

---

=====  
=====

Re: Finally going for 90 days

Posted by Gevura Shebyesod - 05 Sep 2018 15:14

---

[attachment:1]C:\fakepath\5Q17.gif[/attachment]

=====  
=====

Re: Finally going for 90 days

Posted by Gevura Shebyesod - 05 Sep 2018 15:18

---

=====  
=====

Re: Finally going for 90 days

Posted by i-man - 05 Sep 2018 15:55

---

[MottehPoisansky wrote on 18 Jul 2018 20:38:](#)

Hi guys. This is my first post here. I finally joined and want to aim for 90 days. I need to re-wire my brain that I don't need PMO whenever I have to deal with the slightest discomfort of life.

Hope that makes sense.

dont worry about fireworks the main thing is that you are making big changes

you should also keep focus of the goal - you didnt write about fireworks just some sparks from rewiring.

keep up the great work!

=====

Re: Finally going for 90 days

Posted by Hashem Help Me - 05 Sep 2018 20:51

---

Mazel tov and keep on going!

=====

Re: Finally going for 90 days

Posted by Gevura Shebyesod - 05 Sep 2018 21:10

---

[MottehPoisansky wrote on 05 Sep 2018 14:53:](#)

So I reached 50 days. Where's the confetti that comes flying down?

Thanks to all you guys here and in real life who've helped!

=====

=====

Re: Finally going for 90 days

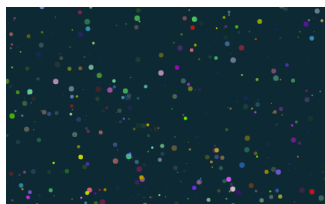
Posted by Gevura Shebyesod - 05 Sep 2018 21:11

---

[MottehPoisansky wrote on 05 Sep 2018 14:53:](#)

So I reached 50 days. Where's the confetti that comes flying down?

Thanks to all you guys here and in real life who've helped!



=====

Re: Finally going for 90 days

Posted by Markz - 05 Sep 2018 21:22

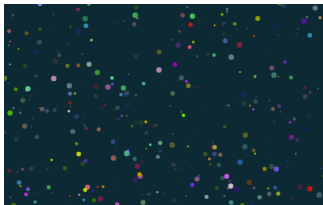
---

[Gevura Shebyesod wrote on 05 Sep 2018 21:11:](#)

[MottehPoisansky wrote on 05 Sep 2018 14:53:](#)

So I reached 50 days. Where's the confetti that comes flying down?

Thanks to all you guys here and in real life who've helped!



**Warning: Spoiler!**

=====

=====

Re: Finally going for 90 days  
Posted by gyehelp2017 - 05 Sep 2018 23:25

---

Wow wow wow! That's 50 times "one day at a time", wow! Now That's something to celebrate!  
Keep it up, you are doing geat!

=====

=====

Re: Finally going for 90 days  
Posted by MottehPoisansky - 07 Sep 2018 14:17

---

Thanks for all the good wishes. I was asking about the confetti half cynically since the 90-day chart puts you on a next level after 50. But really nothing changes

Just when I think I'm invincible, that I would never come to do this, I had a fall.

Hashem Help going forward...

=====

=====

Re: Finally going for 90 days

---

Posted by Markz - 07 Sep 2018 14:47

---

[MottehPoisansky wrote on 07 Sep 2018 14:17:](#)

Thanks for all the good wishes. I was asking about the confetti half cynically since the 90-day chart puts you on a next level after 50. But really nothing changes

Just when I think I'm **invincible**, that I would never come to do this, I had a fall.

Hashem Help going forward...

When I think I'm **invisible** I'm closer to slipping and falling (And Dov claims that the forum alone can keep many in hiding...)

Time for Poisansky to lock arms with another brother here, cos we are **indivisible**

=====  
=====

Re: Finally going for 90 days

Posted by gyehelp2017 - 09 Sep 2018 16:40

---

Markz is % 100 right, reaching out to live people is always the most effective may around here, feel free to reach out to me at [gyehelp2017@gmail.com](mailto:gyehelp2017@gmail.com)

meanwhile have a great and sweet new year!!!!!!

=====  
=====