MZL on the 90-day highway Posted by mzl - 17 Jun 2018 19:53 Day 9. I think I need to make myself at home in the 90-day topic. Today I'm really upset because my wife is shopping all day again and I'm watching the kids. I ate way too much, it's the only thing I could think about to do something nice for myself. Pathetic, I guess. Does G-d really deserve me living next to her and not even masturbate? The worst part is that I have annihilated most of my desires so the thought of masturbating is like watching paint dry. I guess tomorrow will be better. It's already 3:53 pm. ==== Re: MZL on the 90-day highway Posted by mzl - 14 Oct 2018 00:40 Day 6 ==== Re: MZL on the 90-day highway Posted by mzl - 14 Oct 2018 15:33

I think it's safe for me to return to the official definition of clean now because knowing that I can masturbate I will never choose to present my wife with a choice of s\*x or a miscarriage.

Posted by mzl - 18 Oct 2018 01:02

To illustrate, yesterday I told her I was in the mood. She wasn't, so I whined that she doesn't care about my feelings, so she acquiesced. Afterwards I held her for a couple of hours while sleeping, because it made her feel good.

These behaviors seem to within the realm of normal human relationships, so I'm no longer concerned about abusing her.	
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Re: MZL on the 90-day highway Posted by mzl - 15 Oct 2018 01:50	_
Day 7	
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Re: MZL on the 90-day highway Posted by mzl - 16 Oct 2018 02:33	_
Day 8	
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Re: MZL on the 90-day highway Posted by mzl - 17 Oct 2018 00:34	_
Day 9	
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Re: MZL on the 90-day highway	

Interesting thing to report. My wife's anatomy looks different now that she's expecting and I found myself looking at her. I made advances but she said no because it's uncomfortable for her. When she said that it was like a wall for me, I couldn't insist.

What followed is the interesting part. I just knew I had no choice but to continue thinking about it, get turned on and then act out. I also think it would have been an understandable thing to do because she is supposed to be available every now and then.

Because I didn't want to report on the forum that I acted out I used my tool for making the desire go poof. It took some effort and frankly I was terrified. Then I was pleasantly surprised.

But then I noticed that something else was bothering me and making me feel desire. Then B"H I figured out that it was the fact that she said that it would be uncomfortable. She said it with a resigned look, as if to say "I have no choice but to suffer in order for you to pleasure yourself." I think that is my strongest desire.

Once I put my finger on that I was able to use the tool again. It took a while to see that because I guess I still view sadists as being worth less than others (which is not strictly correct.)

After that I was telling myself that a wife really should be available sometimes (whereas since it hurts this seems to preclude it long-term.) And B"H the thought came into my head that Hashem hooked me up with her because since I don't value myself unless I'm engaged in something remarkable I would never have married an average woman. For me to work at it and have a family it had to be a momentous challenge. Hashem loves people according to their standards. Therefore it's not true that she should be available. Rather, she should not be available. Even worse, she should be available some of the time and then slam the door in my face part of the

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time (because that's a greater challenge) which is what happens. Once again, incredibly, reality should be the way it actually is ...

After thinking that I'm feeling a lot better.
Thank you GYE forum users for being here!
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Re: MZL on the 90-day highway Posted by mzl - 18 Oct 2018 15:35
I was thinking about what happened earlier, I feel like I was saved from a terrible disaster
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Re: MZL on the 90-day highway Posted by mzl - 18 Oct 2018 18:02
No matter how many times I verify that being engrossed in gemara can move mountains regarding my job, I am always surprised.
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Re: MZL on the 90-day highway Posted by i-man - 18 Oct 2018 18:16
sounds like a get rich quick scheme - please elaborate
Re: MZL on the 90-day highway

Posted by mzl - 18 Oct 2018 18:33

Then I was in pain so I made myself feel better ...

5/6

You'll probably disagree with this, somehow, tho. Oh, well.